



SWAMI VIVEKANAND HEALTH MISSION SOCIETY

QUARTERLY NEWSLETTER

OCT - DEC 2022



Hon'ble Governor of Uttarakhand, Lt-Gen. (Retd.) Gurmit Singh
visited Society's Shri Badrinath Dham Hospital



Editorial

The 3rd quarter yet again brought acclaims and accomplishments for the Society as well as a huge proud moment when Honorable Governor of Uttarakhand, Lt Gen (Retd) Shri Gurmit Singh appreciated and heaped praises for the work being done by the Society. The Honorable Governor shared this while on a visit to Society's Shri Badrinath Dham hospital and showed keen interest in our hospital facilities and services.

Char Dham Yatra culminated in this quarter and our Dham hospitals worked relentlessly and tirelessly to provide health as well as other facilities with utmost dedication and care till the end of season successfully and saved many precious lives. To top it, all three hospitals had the highest patient inflow since their inception, what an achievement!

With Society's charitable work continuously getting noticed and acknowledged, companies reached out to us for contributions through their CSR head, prominent among those were Wagh Bakri Foundation of Wagh Bakri Tea Group and PTC India foundation.

The Society also had moments to boast off when two paper presentations were done at large forums by their Doctors. Dr. Anuj Singhal, Secretary of the Society presented a paper under Tele-health in Himalayan Mountains at the 18th International Conference of the Telemedicine Society of India (TSI), TELEMEDICON-2022 held at Cochin, Kerala and Dr. Sanjay Shah, Medical Director, Haridwar hospital shared his experience on the topic "Old is Gold: Still stands true in Medicine" and showcased the principles and practices in the 7th Annual Meeting of American College of Physicians (ACP) – India Chapter 2022 held at Visakhapatnam, Andhra Pradesh.

Meanwhile, to keep our staff updated, the Society's hospitals continued capacity building programs for their staff cadre wise on topics of physiotherapy, ECG, waste disposal, maintenance of equipment etc.

The Society hospitals list of dignitaries apart from the Honorable Governor of Uttarakhand also included Shri Parag Desai, Executive Director, Wagh Bakri Tea Group and his team, team from HCL foundation and many other eminent personalities.

The fun and frolic side of the Society was another highlight of this quarter with staff indulging in festivities of Dussehra and Deepawali. Also, "The Hans Foundation" yet again showered their Deepawali greetings and blessings from Pujya Mata Shri Mangla Ji and Pujya Bhole Ji Maharaj in the form of gifts and sweets for the entire SVHM Society family.

In another development, after putting their hearts and souls for the Society's journey for a decade, the existing committee paved the way for a new committee in November. The entire SVHM Society family is grateful to the outgoing team for their unwavering support in making the SVHM Society a recognizable name among philanthropic organizations.

The quarter ended on a highly prestigious note when its Secretary Dr. Anuj Singhal was nominated by the Ministry of Health & Family Welfare, Government of India in the National Assisted Reproductive Technology & Surrogacy Board as one of the nine National level experts.

The Society will always remain at the helm of charitable work and needs blessings and bankrolls from their well-wishers unabated.



03 OUR FOOTPRINTS

04-09 HIGHLIGHTS

10 SUNDAY'S SUPER SPECIALTY CAMPS & SPECIALTY CAMPS

11 COMMUNITY MEDICAL CAMPS

12 COMMUNITY HEALTH PROGRAMS

13 SUCCESS STORIES

14-15 STATISTICS

Editorial and Designing Team
 Dr Tarashree Singhal
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OUR FOOTPRINTS

“Do not lower your goals to the level of your abilities. Instead, raise your abilities to the height of your goals.”

Swami Vivekanand

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Founded in the year 2012 by a group of young Doctors and some philanthropists, Swami Vivekanand Health Mission Society is continuing its mission of providing high quality charitable health care to mankind. The Society started its journey by establishing their first charitable project in the form of a small dispensary at Dharmawala, a tribal dominated village, situated 40 km from Dehradun, Uttarakhand and bordering the states of Himachal Pradesh and Uttar Pradesh.

The self-belief of the Society to provide quality health care to the deprived, tribes, pilgrims and needy along with strong willed approach led to establishment of more hospitals in phases as well as the up gradation of the small dispensary of Dharmawala to a full-fledged multi-specialty hospital. The Society with its vision and mission as the guiding principles also established charitable hospitals in three of the Char Dhams of the state of Uttarakhand and presently the Society is running 11 charitable hospitals in the state of

Uttarakhand and the latest 12th hospital has become operational at Delhi.

The Society apart from its charitable hospitals is also involved in other philanthropic activities like conducting community medical camps in remote, hilly and difficult to reach areas (during COVID wave also), education activities, making community self-reliant via Swavalamban Abhiyaan and community health programmes which encompass five programs in itself (Anaemia Prevention and Control Programme, Breast and Cervical Cancer Awareness and Screening Programme, Menstrual Hygiene Programme, Community Mental Health Programme and Oral, Head and Neck Cancer Awareness, Screening and Treatment Programme).

The 'Nar Sewa Narayan Sewa' motto of the Society has been and will always be the essence of all our endeavours to serve humanity.



UTTARAKHAND GOVERNOR VISIT SHRI BADRINATH DHAM HOSPITAL

“This is indeed an example of selflessness, sewa and excellence in Medical Professionalism” were few of the inspiring words mentioned in the visitors book by the Hon’ble Governor of Uttarakhand Lt. Gen. Gurmit Singh, PVSM, UYSM, AVSM, VSM (Retd.) who was on a visit to Shri Badrinath Dham hospital on 4th October. The Hon’ble Governor took keen interest in the facilities and appreciated the work being done by the staff and the SVHM Society whole heartedly.

← Tweet

LT GENERAL GURMIT SINGH (Retd) @LtGenGurmit

#Badrinath में स्वामी विवेकानंद धर्मार्थ चिकित्सालय का भ्रमण किया। कठिन परिस्थितियों के बावजूद चिकित्सा टीम समर्पित भाव से कार्य कर रही है। यात्रा के दौरान 36 हजार से अधिक श्रद्धालुओं को चिकित्सकीय सहायता दी गई इसके लिए पूरी चिकित्सा टीम बधाई की पात्र है।
#Uttarakhand #Medical

8:42 PM · Oct 4, 2022 · Twitter for Android

95 Retweets 148 Likes

Visitor Book			
S. No.	Date	Name & Address	Contact No.
	04 October 2022	Exceedingly happy to visit Swami Vivekanand Health Mission Society's Hospital at Badrinath Ji. This is indeed an example of selflessness, sewa and excellence in Medical professionalism. Composite and so complete a Health system here. My Compliments, appreciation and gratitude for looking after Patients for Bhaiji Vihar Ji's visit. With Best wishes Jai Hind	

Hon'ble Governor encouraging remarks in the hospital's visitor's book.





CHAR DHAM HOSPITALS

AN OVERVIEW OF 2022 YATRA

The year too, Society continued serving the devotees by attending to their health needs through the three fully free critical care hospitals equipped with staff skilled in treating high altitude related illnesses and disorders.

The Char Dham Yatra of this season ended in this quarter with our hospitals also pulling down the curtains only to return next year with renewed vigour, agility, and commitment to serve the pilgrims unabated.

Highlights of this year

- All three hospitals surpassed the number of patients attended since their inception.
- Apart from medical services, the hospitals also provided free tea and biscuits as well as free slippers and raincoats to the needy pilgrims who, being unaware of the harsh weather conditions and terrain had to bear the hardships.

• **Shri Kedarnath Dham hospital had the unique distinction of having catered to approximately 10% of total devotees who visited the pious shrine.**

- Govt. of India acknowledged our selfless work, reached out to us, and nominated Society’s Secretary Dr Anuj Singhal as a member in the Char Dham committee under PMO for overlooking and devising ways so that the devotees have a plain sailing during the Yatra.
- The hospitals had visits from a plethora of eminent personalities and dignitaries ranging from Hon’ble Governor of Uttarakhand, Director Health and Family Welfare, Govt of Uttarakhand to Shri Mukesh Ambani etc.
- There was a moment to be proud of when Society’s Dham hospitals were entrusted with the responsibility of providing health and medical cover to Shri Mukesh Ambani who was on a visit to the holy shrines of Shri Badrinath Dham and Shri Kedarnath Dham.

The Road Ahead

- Society with the support from Govt of Uttarakhand was fortunate enough to purchase a bigger land for the extension of the Shri Kedarnath Dham hospital.
- The Society is also going ahead with expansion of the Shri Badrinath Dham hospital.

NAME OF HOSPITAL	NUMBER OF DAYS OPERATIONAL	TOTAL REGISTRATIONS	DAILY PATIENT AVERAGE	TOTAL EMERGENCIES	LAB TEST	FREE TEA & BISCUITS
SHRI KEDARNATH DHAM (2nd May – 21st Oct)	173	113643	657	13680	3006	10029
GANGOTRI DHAM (4th May – 20th Oct)	170	16304	96	1250	1625	7200
SHRI BADRINATH DHAM (7th May – 18th Nov)	196	39662	202	2522	7496	18213
TOTAL DHAM STATS	539	169609	955	15308	12127	35442



A GLIMPSE OF OUR HOSPITAL SERVICES AT CHAR DHAM



Provided Health Coverage to Shri Mukesh Ambani Ji at Shri Badrinath Dham & Shri Kedarnath Dham



Patient under emergency care at Gangotri Dham Hospital



Devotees given Free Slippers and Raincoats at Shri Kedarnath Dham Hospital



Free Tea & Biscuits being served to the pilgrims at Shri Kedarnath Dham Hospital



Our First Aid post in Shri Badrinath Temple premises



Shri Kedarnath Dham Hospital staff treating a patient at Helipad



Patients Under Critical Care at Shri Kedarnath Dham Hospital



HIGHLIGHTS

4th Oct.: Vikasnagar



Dr Anuj Singhal, was felicitated on the occasion of 25th anniversary celebrations of Hanumat Dham for his tireless and selfless service towards humanity.

5th Nov.: Shri Badrinath Dham



Society's core group under the overall guidance of Dr Krishan Gopal Ji, Sah Sarkarywah, RSS gathered to review and evaluate this year's functioning of all the three char dham hospitals.

18th - 20th Nov.: Visakhapatnam



7th Annual Meeting
American College of Physicians
(ACP)

Dr Sanjay Shah, Medical Director, Haridwar hospital presented a paper on "Old is Gold: Still stands true in Medicine".

10th - 12th Nov.: Cochin



18th International Conference
Telemedicine Society of India (TSI)
TELEMEDICON-2022

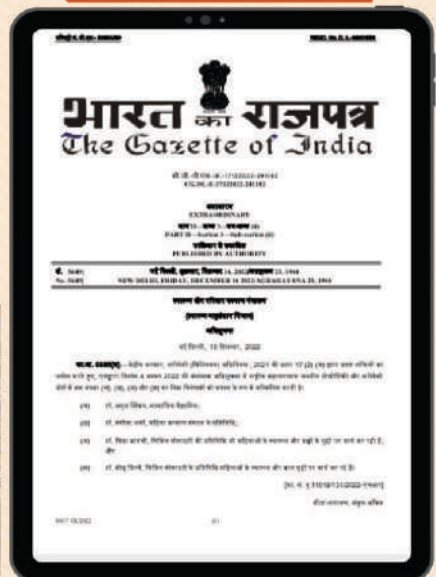
Dr Anuj Singhal presented a paper on "Telehealth in Himalayas"

12th - 13th Nov.: Haridwar



A self defence training session was imparted by Dr Renu D Singh, President Samadhaan NGO in presence of Shrimati Madhuri Marathe (Rashtriya Sevika Samiti).

16th Dec.: New Delhi



Society's Secretary Dr Anuj Singhal nominated as a Social Scientist in the National Assisted Reproductive Technology and Surrogacy Board.

22nd Dec.: Barkot



In another first, Intravenous Pyelogram (an X ray which visualizes anomalies of urinary tract) facility was started at Barkot hospital

17th Oct. - 2nd Nov.: Pipalkoti



Hospital staff participated in a 7 day skill development program, conducted by Dr Harish Reddy, Physician, Haridwar Hospital.



HIGHLIGHTS

24th - 25th Dec.: Dharmawala



Doctors and Managers of all the Society hospitals participated in the quarterly review meeting.

23rd Dec.: Dharmawala



Dental Surgeons of the Society hospitals attended a one day review and orientation meeting.

SPECIAL VISITS

23rd - 25th Dec.: Haridwar



Shri Rajeev Chawla IAS and Advisor to the Centre on Agricultural reforms visited Haridwar hospital.

14th Nov.: Dharmawala



Wagh Bakri Tea Group Executive Director, Shri Parag Desai Ji extended his company's CSR philanthropic arm to the Society by agreeing to bear the equipment cost of Rs 45 lakh for one new modular OT of Dharmawala hospital.

26th Nov.: Dharmawala



8 members of the Vyavsayi Shakha of RSS, Vikasnagar were on a visit.

3rd Dec.: Dharmawala



His holiness Pujya Swami Amrit Dass Ji of Sadhana Kendra Ashram branch of Srinagar, J & K graced hospital staff with his spirituality and divine blessings.

18th Dec.: Haridwar



AIIMS Delhi faculty and 130 MBBS 1st year students were on an orientation visit to Haridwar hospital.

27th Dec.: Dharmawala



Shri Suresh Rao Kulkarni Ji, Akhil Bharatiye Karyakarni Sadasya along with other senior functionaries of Vanvasi Kalyan Ashram visited hospital.



DEEPAWALI CELEBRATIONS

Deepawali was celebrated across all the Society's hospitals with traditional fervour and gaiety. All the hospitals were decorated with colourful lights and beautiful flowers. The festivities included ritualistic pooja followed by lamp lighting and Aarti. The other jollities included, fun filled games, bursting of crackers, distribution of gifts sent by Pujya Mata Mangla Ji and Pujya Bhole Ji Maharaj of Hans foundation for the entire SVHM Society family and delectable meals for all.



Dharmawala



Haridwar



Delhi



Shri Badrinath Dham



Maneri



Narayankoti



Pipalkoti



Barkot



Petsal



Community Health Project

DHARMAWALA



Dr Tarashree Singhal taking an awareness session

Breast and Cervical Cancer Awareness and Screening Program

- Survey form filled : 697
- Awareness Sessions: 3 (Participants: 136)
- Screened: 56



Door to door awareness session and mobilization



Door to door awareness session

My Pad (Menstrual Hygiene Program)

- Houses Visited: 2021
- Females Contacted: 2099
- Survey form filled : 249
- Beneficiaries: 1285
- Distributed: 2784



Door to door Sanitary Pad packets distribution



Follow up Hb

Anaemia Prevention and Control Program

- Houses Visited: 1140
- Females Contacted: 1991
- Currently Under Treatment : 178
- Followed Up: 1670



Regular Follow Up Visit



Home Screening

Oral, Head and Neck Cancer Awareness, Screening and Treatment Program

- Houses Visited: 379
- Person Contacted: 1144
- Found with addiction : 439
- Awareness Sessions and Screening Camps: 5 (Participants: 151)
- Positive Findings: 33



Dr Nimish Gupta and Dr Shreya Agarwal conducting Primary Screening during camp



Door to door survey

Mental Health Program

- Houses Visited: 137
- Females Contacted: 173
- Suspected/Survey form filled : 35



Door to door awareness session



COMMUNITY MEDICAL CAMPS

CAMPS: 53

BENEFICIARIES: 4351



Dharmawala - Community Dental Camp & awareness session



Dharmawala 20th Oct - Makhti Pokhri Village



Dharmawala 5th Nov - Juddo Village



Dharmawala 7th Dec - Nagthat Village



Haridwar 2nd Oct - Rani Majra Village



Haridwar 4th Nov - Ferupur Village



Barkot 18th Oct - Gangnadi Village



Petshal 29th Oct - Kheti Village



Petshal 27th Nov - Jageshwar Village



Pipalkoti 24th Nov - Subhai Village



Narayankoti 26th Nov - Guptkashi



Delhi 27th Nov - Matkewali Basti



Delhi 11th Dec - Sewa Basti



Delhi 22nd Dec - Ranjeet Nagar



Sundays Super Specialty Camps

Dharmawala

Camps 5

Beneficiaries 2132



Dr A K Pathak, Orthopaedic & Joint Replacement Surgeon



Dr Arvinder Pal Singh Aulakh, Psychiatrist, Jolly Grant



Surgery Underway

Surgeries 58 (Uro)



Multispecialty Camp Doctors

Haridwar

Camps 9

Beneficiaries 1772



Dr Devendra Kumar Babbar, Urologist, Noida



Dr Venkatesh, Urologist, Noida



Dr Sandeep Tripathi, Orthopaedic Surgeon, Noida



Dr Deepak Semwal, Orthopaedic Surgeon Noida



Dr Sandeep Dalal, ENT Surgeon Noida



Dr Rahul Ahar, Skin Specialist Haridwar



Dr Ankit Tandon, Physician, Delhi

Petshal

Camps: 3

Beneficiaries: 124

Surgeries: 6



Dr Nilamber Bhatt, General Physician & Diabetologist, Haldwani



Dr Ajay Agarwal, General & Laparoscopic Surgeon and Dr Manoranjan Pant, Anaesthetist, Rudrapur



Success Stories

Dharmawala

Reached landmark of 50 Spine Surgeries

- Spine surgery department was started in Feb 2022 under Dr Tejasvi Agarwal and first spinal surgery was done on 26th Feb 2022.
- Further, with support of Dr Tejasvi and overall guidance of Dr Shekhar Y Bhojraj of The Spine Foundation, Mumbai the SVHM Society entered into a partnership with the Foundation with the aim to provide high quality spinal care facility at Dharmawala hospital.
- The Spine Foundation is a pioneer in providing rural spine care throughout India, which makes our hospital also a Rural Spine Care Center.
- Dharmawala has successfully conducted more than 50 spine surgeries with no major post-surgery complications and treated more than 1500 patients with spinal disorders on OPD basis.
- Additionally to ensure that patients from weaker sections and from tribal, hilly and inaccessible areas of the community reach us and avail this facility, our staff were also apprised about all the “red flags” related to spinal ailments.



1st Oct.: Spine Surgery Camp



Spine Surgery Underway



Hip Spica Surgery Underway

Barkot

- A one and half year old male child presented in our OPD on 16th Nov with complaint of injury over left leg due to fall leading to fracture of his left thigh bone (femur).
- The child was given a hip Spica one leg cast after closed reduction under the guidance of an Orthopaedician.
- On follow up, the fracture had healed and fused completely.
- What makes this case special was availability of such a facility at a remote and hilly place!

Dharmawala

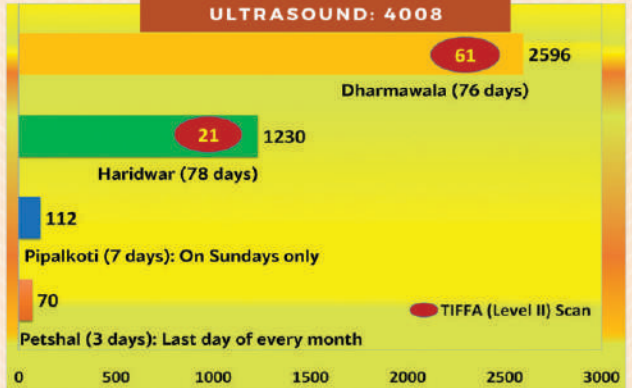
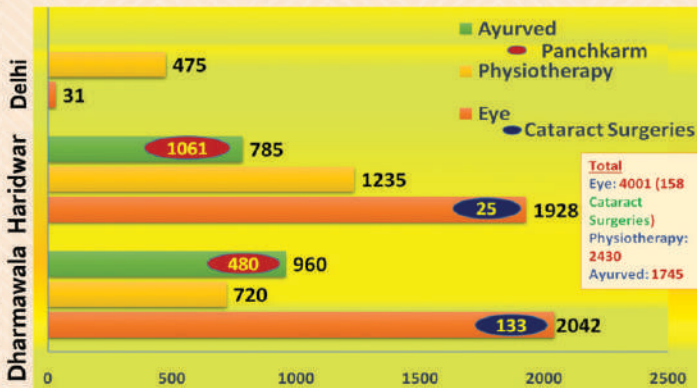
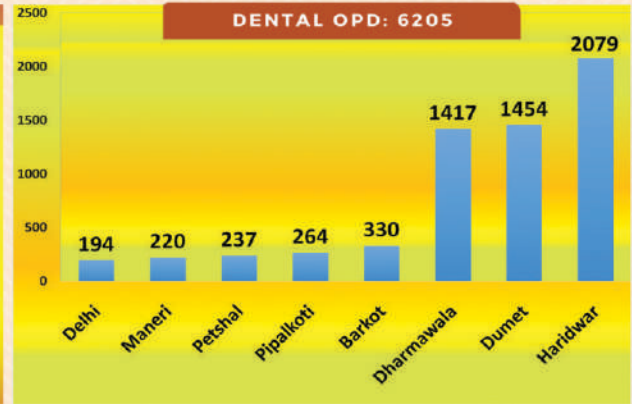
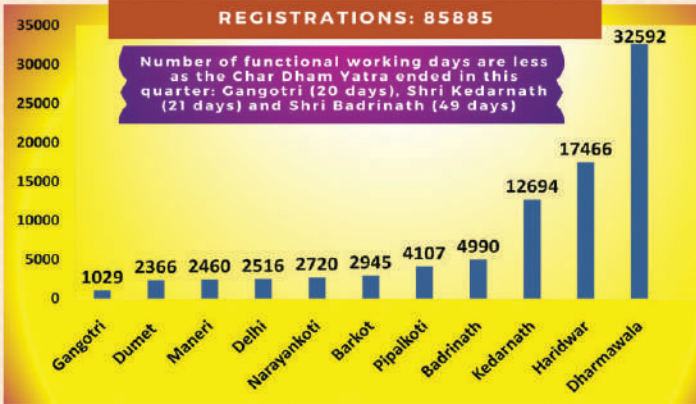
- A 28 years old male patient presented in ENT OPD on 17th July with complaints of recurrent discharge and ringing/buzzing sound from his right ear for the last 4 months and despite having taken treatment at several other clinics was not cured.
- Not responding to routine treatment, the patient’s ear pus sample was sent for microbiological examination for tuberculosis which was then confirmed.
- Patient was put on DOTS therapy for TB and after 3 months, right cortical Mastoidectomy with type 3 tympanoplasty surgeries were done successfully on 17th October.
- On follow up the patient was cured of his ailments and thanked the Society and hospital for the same.
- What makes this case special was correct diagnosis which was missed by previous clinics he consulted!



Patient being followed up



Statistics (Oct - Dec 2022)



FACILITIES AVAILABLE ONLY AT DHARMAWALA, HARIDWAR AND DELHI HOSPITALS

USG FACILITY IS AVAILABLE AT DHARMAWALA, HARIDWAR, PIPALKOTI AND PETSHAL HOSPITALS ONLY. TIFFA (LEVEL II) SCAN AVAILABLE AT DHARMAWALA & HARIDWAR HOSPITALS ONLY.

Hospital	Surgeries (559)	
	Major	Minor
Dharmawala	320	93
Narayankoti	-	19
Pipalkoti	-	19
Barkot	-	51
Petshal	13	4
Haridwar	33	7
Total	366	193

Hospital	Lab Test	Emergency	X Ray	ECG	Plaster
Dharmawala	27737	681	3409	884	183
Maneri	410	11	89	4	22
Narayankoti	1949	148	553	178	75
Barkot	2160	60	907	59	176
Pipalkoti	1954	214	392	128	25
Badrinath	630	316	155	203	9
Petshal	2088	95	312	52	63
Kedarnath	348	2239	52	95	131
Haridwar	9580	371	1142	720	69
Gangotri	29	53	28	6	1
Dumet	291	NA	NA	NA	NA
Delhi	243	NA	NA	NA	NA
Total	47419	4188	7039	2329	754

SURGERIES INCLUDE: GENERAL, GYNAE, URO, SPINE, ENT, ORTHO AND MAXILLO-FACIAL

CT Scan	864
Uroflowmetry	152
Endoscopy	74
Audiometry	56
ECHO	49

NOTE: THE ABOVE MENTIONED FACILITIES ARE AVAILABLE ONLY AT DHARMAWALA HOSPITAL

85885 Registrations **559 Surgeries** **4188 Emergencies** **7039 X Ray** **4008 Ultrasound** **47419 Lab Test**



STATISTICS

YOG THERAPY AND LIFESTYLE DISEASES COUNSELING DHARMAWALA & HARIDWAR



Dharmawala



Haridwar

AYURVED & PANCHKARM		
	Dharmawala	Haridwar
Ayurved	960	785
Panchkarm Procedures	480	1061



Nasya, Dharmawala



Sarvang Sweden , Dharmawala

YOG THERAPY SESSIONS	
DHARMAWALA : 102	HARIDWAR : 210
LIFESTYLE COUNSELING SESSIONS	
HARIDWAR : 1541	



Shirodhara, Haridwar

STATISTICS OF OUR CHAR DHAM HOSPITALS

REGISTRATION: 18713

SHRI BADRINATH
DHAM HOSPITAL



SHRI KEDARNATH
DHAM HOSPITAL



GANGOTRI
DHAM HOSPITAL



TOTAL NUMBER OF EMERGENCIES : 464

316

2239

53



नर सेवा

नारायण सेवा

For Domestic Donations

Account Details:

Swami Vivekanand Health Mission Society

A/C No.: 32584491256

IFSC Code: SBIN0010626

Branch Name: CST Herbertpur, Dehradun

All donations are tax-exempted under section 80G of the Income Tax Act, 1961.

Dharmawala Dehradun

Maneri Gangotri Marg

Narayankoti Kedarnath Marg

Barkot Yamunotri Marg

Pipalkoti Badrinath Marg

Shri Badrinath Dham Chamoli

Petshal Jageshwar Dham Marg

Shri Kedarnath Dham Rudraprayag

Haridwar

Gangotri Dham Uttarkashi

Dumet Dehradun

Karol Bagh Delhi

SWAMI VIVEKANAND HEALTH MISSION SOCIETY

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