

नर सेवा

नारायण सेवा



Swami Vivekanand Health Mission Society



International Yog Day Celebration



Formal Inauguration of Society's 10th Hospital at Gangotri Dham

Free Surgical Camp at Dharmawala



Conducted by ASI (The Association of Surgeons of India)



Collaboration with The Spine Foundation, Mumbai

Quarterly Newsletter

April - June'2022

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From editor's desk:

The first quarter of the year saw the restart of sacred Hindu pilgrimage "Char Dham Yatra" of Uttarakhand after a gap of two years when because of COVID, the Yatra remained suspended. The quarter events unfolded with the Society formally inaugurating its 10th hospital at Gangotri Dham as well as reopening the hospitals of Shri Kedarnath Dham and Shri Badrinath Dham with traditional rituals and ceremonies. Gangotri Dham hospital thus became the third hospital of the Society to become operational at the Char Dhams of Uttarakhand.

Anticipating a huge turnout of devotees, the Society hospitals were fully geared up for the same. Our prevision regarding the pilgrim's footfall at Society's hospitals especially at Shri Kedarnath Dham exceeded much more with the patient load reaching to an astounding figure ranging from 900 to 1600 per day. The high turnout of patients at all our three Dham Hospitals further strengthened our commitment to serve the pilgrims and help in making their pilgrimage safe.

Shri Kedarnath Dham hospital was visited by Dr. Saroj Naithani, Director, MH & FW, NHM, Govt of Uttarakhand who was full of praise and appreciation after reviewing the facilities and our selfless work. The Society hospitals at Shri Kedarnath Dham, Shri Badrinath Dham & Gangotri Dham also started serving free tea and biscuits to all the devotees and their relatives.

The quarter had a major development as the Society entered into a collaboration with "The Spine Foundation" Mumbai to provide affordable and accessible spine care to the underprivileged and needy patients at Dharmawala and around.

The quarter had a proud moment for the Society when it was felicitated by Bhao Rao Deoras Sewa Nyas, Lucknow with an "Abhinandan Patr" for its notable contribution in the field of health and unwavering commitment for the upliftment of weaker sections of the community by providing them with quality medical care, education and self-reliance initiatives.

OUR FOOTPRINTS



“ Do not lower your goals to the level of your abilities. Instead, raise your abilities to the height of your goals.”

Swami Vivekanand



Founded in the year 2012 by a group of young Doctors and some philanthropists, Swami Vivekanand Health Mission Society is continuing its mission of providing high quality charitable health care to mankind. The Society started its journey by establishing their first charitable project in the form of a small dispensary at Dharmawala, a tribal dominated village, situated 40 km from Dehradun, Uttarakhand and bordering the states of Himachal Pradesh and Uttar Pradesh.

The self-belief of the Society to provide quality health care to the deprived, tribal, pilgrims and needy along with strong willed approach led to establishment of more hospitals in phases as well as the up gradation of the small dispensary of Dharmawala to a full-fledged multi-specialty hospital. The Society with its vision and mission as the guiding principles also established charitable hospitals in three of the Char Dham's of the state of Uttarakhand and presently the Society is running 11 charitable hospitals in the state of Uttarakhand.

The Society apart from its charitable hospitals is also involved in other philanthropic activities like conducting community medical camps in remote, hilly and difficult to reach areas (during COVID wave also), education activities, making community self-reliant via Swavalamban Abhiyaan and community health programs which encompasses three programs in itself (Anaemia Prevention and Control Programme, Breast and Cervical Cancer Awareness and Screening Programme and Menstrual Hygiene Programme).

The 'Nar Sewa Narayan Sewa' motto of the Society has been and will always be the essence of all our endeavours to serve humanity.

Highlights Of The Quarter

Formal Inauguration of Society's 10th Hospital at Gangotri Dham

4th May



The occasion was graced by Pujniye Shri Mata Mangla Ji and Shri Bhole Ji Maharaj and Dr Krishna Gopal Ji, Sah Sarkaryavah of RSS as chief guests. Other dignitaries who graced the inauguration included Shri Mahendra Ji (Kshetriya Pracharak, Western UP & UK, RSS), Shri Yudhveer Ji (Prant Pracharak, RSS), Smt. Vijayalakshmi Ji (Daughter of Shri Aadi Narayan Raju Ji), Dr S K Verma (President, SVHM Society), Shri Harish Semwal Ji (President, Shri Panch Mandir Samiti, Gangotri) and Shri Suresh Semwal Ji (Secretary, Shri Panch Mandir Samiti, Gangotri).



Shri Aadi Narayan Raju Ji, 93 years old renowned Advocate & Social worker) from Bhagyanagar, Telangana is the main sponsor of the hospital.



Hawan in progress

The 24x 7, ICU equipped hospital has 12 Oxygen beds for IPD. Also the hospital is offering regular OPD, Pharmacy as well as diagnostics like Digital X-Ray, ECG and Lab investigations.

The entire spectrum of services are totally free as in our other hospitals of Shri Badrinath Dham and Shri Kedarnath Dham



Swami Bodhanand Ji, Dandi Kshetra, Uttarkashi



Shri Abhishek Ruhela Ji (District Magistrate, Uttarkashi), Shri Suresh Singh Chauhan Ji (MLA, Gangotri Vidhan Sabha)



Gangotri Hospital Staff



12 family members of Shri Aadi Narayan Raju Ji came all over from Telangana, Andhra Pradesh and US to attend the event.

Highlights Of The Quarter

23rd & 24th April

Spine Surgery Camp Conducted by The Spine Foundation, Mumbai

Dharmawala



The Spine Foundation team with the Dharmawala Doctors



Spine Surgery Underway

Dr Tejasvi Agarwal of the foundation had already started spine surgery and OPD at our Dharmawala hospital from Feb 2022 onwards and was instrumental in formulating this collaboration. The Mumbai team paid us a visit on 23rd April and were impressed with our Society's charitable work. The Founder and Trustee, Dr Shekhar Y. Bhojraj while addressing the staff of Dharmawala hospital gave an overview of The Spine Foundation journey followed by a presentation with success stories. Other members of the visiting team were: Dr Premik Nagad, Dr Hari Krishnan, Dr Shiva Kumar, Dr Deependra Tomar, Dr Dimple and Mr. Mahesh Palan.

26th June Free Surgical Camp conducted by ASI (The Association of Surgeons of India) Dharmawala



Lamps lighting by Dr Sudha Lavania along with her two sons Dr Prashant Lavania and Dr Sagar Lavania

The Lavania family's pledge to serve the mankind

Dharmawala hospital has had the privilege of having witnessed regular non stop services on the last Sunday of every month since 2016 by the dynamic brother duo of Dr Prashant, a Urologist and Dr Sagar, a Psychiatrist. The hospital had a memorable moment when on 26th June their Mother Dr Sudha, a Senior Gynaecologist, Agra also graced the camp through her wide experience and knowledge thus benefiting the patients and winning hearts from all quarters.



Dr Sudha Lavania being felicitated by SVHM Society

An unforgettable day in the history of Dharmawala hospital to see all three stalwarts of the medical fraternity from one family coming together to be a part of our "Nar Sewa Narayan Sewa" mission and nurture it with their rich expertise and proficiency. The Society salutes Dr Sudha for inculcating the virtues of sincerity, probity and philanthropy among her children.



The visiting luminaries were also felicitated in a small program held later in the day and presented with bouquets and mementos. All the members were very much pleased and promised to come on regular basis.

A special surgical camp was organized at Swami Vivekanand Charitable Hospital, Dharmawala in collaboration with the ASI "The Association of Surgeons of India" & UPASI "Uttar Pradesh Association of Surgeons of India" on Sunday, 26th of June 2022.

A total of 21 complex surgeries were conducted successfully.



Surgeries done by: Dr Siddesh G. (President, ASI); Dr D. Maruthu Pandian (Director, ASI), Madurai, Dr Srinivasan, Madurai, Dr Kartikeyan, Madurai, Dr Nikhil Singh

The dignitaries who graced the occasion included Dr Siddesh G. (President, ASI), Dr D. Maruthu Pandian (Director, Social Welfare Council, ASI), Dr J. P. Sharma (President, UPASI) among host of other renowned and eminent Surgeons. Other eminent Surgeons included Dr Nikhil Singh (Secretary, UPASI), Dr Prashant Lavania (Director Social Service, UPASI), Dr Sameer Kumar (Executive Council Member, UPASI), Dr Amit Srivastava, Dr Ankur Bansal and Dr Amit Goyal (Executive Council Member, UPASI).

Highlights Of The Quarter

2nd and 16th June

Resumption of Eye Camp and Cataract Surgeries

Dumet



Dr N.S. Jangpangi, Eye Surgeon examining the patient



Camp team in action

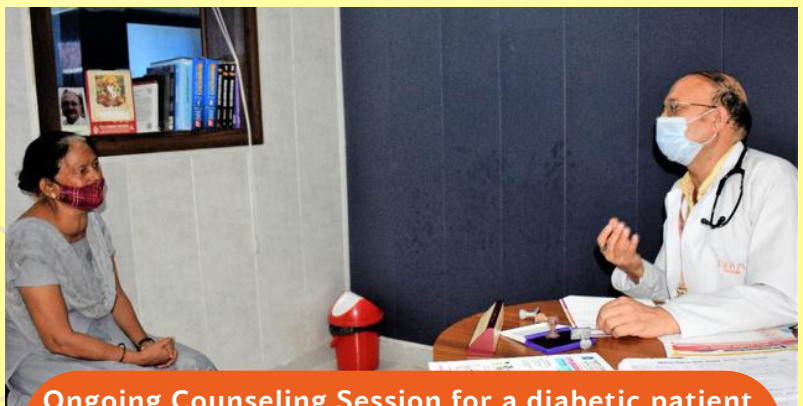
A team of voluntary doctors from Amritsar Eye Clinic, Dehradun conducted two eye camps at Udasinacharya Shrichandra Charitable Health Centre, Dumet. A total of **131 beneficiaries** were screened out of which **15 cataract surgeries** were done free of cost at their Amritsar Eye Clinic with free conveyance, food and accommodation provided for the patients.

Yog Therapy and Lifestyle Disease Counseling Sessions

Dharmawala & Haridwar



Ongoing Yog Therapy Session - Dharmawala



Ongoing Counseling Session for a diabetic patient by Dr Sanjay Shah, Sr Physician and Medical Director of Haridwar hospital

To expand the horizon of health care by incorporating a comprehensive approach of services inclusive of promotive, preventive, curative and rehabilitative health care for all ages, Yog therapy sessions and counseling for lifestyle diseases was started at Dharmawala and Haridwar hospitals. The intervention has received excellent response with a lot of the patients opting for these sessions of Yog and lifestyle diseases counselling and they are getting benefits of the same too.

1st June - 31st July

Srijan Social Internship Program "School for Life"

Dharmawala



Community Medical Camp Registration and Vitals Monitoring



Interaction with the patients and facilitating their consultations



Patient Feedback form being filled in the ward



Community Mobilization & filling up the Survey form

UPES (University of Petroleum and Energy Studies), Dehradun is considered as one of the foremost private universities in India and is ranked 65 among top 100 universities by NIRF 2022. UPES which is recognized by the UGC and is accredited with grade 'A' by the NAAC entered into a collaboration with the Swami Vivekanand Charitable Hospital, Dharmawala as a part of their "Srijan" Social Internship Program where four of their interns were sent to our hospital. The aim of this internship was to create socially responsible students who can take up social causes and learn empathy through their ground work and interaction with people by being part of any such institution.

Highlights Of The Quarter

Free Tea and Biscuits Served for the Devotees at Shri Kedarnath Dham, Shri Badrinath Dham and Gangotri Dham Hospitals



Shri Badrinath Dham Hospital



Shri Kedarnath Dham Hospital

To View
To listen to the feedback

<https://youtu.be/8G96J3x4aLk>
<https://youtu.be/PTHVhHON09s>

To View

<https://youtu.be/s79qORSkNpU>

Bhao Rao Deoras Smriti Sewa Samman Samaroh 2021-22

3rd April

New Delhi



The quarter had a proud moment for the Society when it was felicitated by Bhao Rao Deoras Sewa Nyas, Lucknow with an "Abhinandan Patr" for its notable contribution in the field of health and unwavering commitment for the upliftment of weaker sections of the community by providing them with quality medical care, education and self-reliance initiatives.

Women Health Education Session

24th May

Dumet



An orientation session on Menstrual Hygiene and Breast and Cervical Cancer awareness was taken by Dr Tarashree Singhal (Dharmawala Hospital) for the teachers of Baba Bhumanshah Vidya Mandir, Sadhna Kendra Ashram, Dumet, Vikasnagar. The session had an active participation from the teachers with a lot of queries which were nicely addressed and clarified.

High Altitude/Trauma Emergency Training of the Society's doctors at AIIMS, Rishikesh

29th & 30th April

Rishikesh



To equip and prepare our doctors proceeding for duty at Society's Char Dham hospitals, a training session on the latest modalities of treatment on high altitude health problems, was organized in AIIMS Rishikesh. The crucial training was conducted jointly by the Departments of Physiology & Trauma Surgery & Critical Care. 12 doctors of the Society participated in the training.

Health Education Session 40th Battalion PAC

29th & 30th April

Haridwar



Dr Sanjay Shah and Dr Praveen Reddy of Haridwar hospital were invited for a two day session on high altitude sickness and adopting healthy lifestyle for prevention of diabetes and heart ailments organised by 40th battalion of PAC for their staff and personnel. The program also had the participation of Commandant, PAC 40th battalion Shri Daddan Pal Ji and other officers.

Highlights Of The Quarter

Hindu Samrajya Diwas

This day Chhatrapati Shivaji Maharaj was crowned as Chhatrapati and he had called it the day of the establishment of Hindu Swarajya.

11th June



Dharmawala

The program was started by lighting of lamps in front of the portrait of Chhatrapati Shivaji Maharaj by chief guest Shri Rajendra Pant ji (Prant Samajik Samrasta Sanyojak, Uttarakhand, RSS), Dr Anuj Singhal (Secretary, SVHM Society) and Dr Tarashree Singhal (Society's Executive Committee Member and Sr Sonologist)

Beseeching our revered deities for blessings at the reopening ceremony of Shri Kedarnath Dham and Shri Badrinath Dham Hospitals

Shri Kedarnath Dham Hospital

2nd May



Shri Badrinath Dham Hospital

7th May

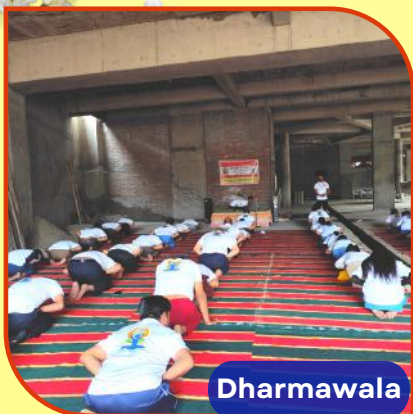


Hawan in progress



Emergency Care

International Yog Day



Dharmawala



Haridwar



Pipalkoti



Narayankoti



Petshal



Gangotri Dham

Highlights Of The Quarter

Special Visits

28th May

Shri Badrinath Dham



Shri Parag Desai, Executive Director, Wagh Bakri Tea Group visited Shri Badrinath and Shri Kedarnath Dham hospitals and donated readymade teabags for the devotees.

13th June

Shri Badrinath Dham



Shrimati Khrisha Shah Ambani, daughter-in-law of Anil Ambani and an entrepreneur and social worker by profession visited our hospital along with two of her company's senior officials.

25th June

Gangotri Dham



Popular Garhwali Folk Singer Shri Rajnikant Semwal Ji and Dr Anil Prasad Bhatt, Nephrologist, Noida (one of the patrons of the Society) also came to visit our hospital.

Feedback Provided

I visited this facility on the 18th June. I interacted with various staff members working here. I was very satisfied with the quality of the care provided. The staff are friendly and the state of the ward is clean. I will be happy to come back again. Many are happy. Sincerely, Dr Saroj Naithani, Director, MH & FW, National Health Mission, UK.

18th May & 11th June

Shree Kedarnath Dham



Dr Saroj Naithani (Director, MH & FW, National Health Mission, UK), Dr Anurag Aggarwal, Prof. & HOD TB and Chest Dept., Dr Amarnath Upadhyya, Asst. Prof. Cardiology Dept., Doon Medical College, Dr Naveen Rajput, Asst. Prof. Medicine Dept., Himalayan Medical College.

Feedback Provided

I had the privilege to visit "Swami Vivekanand Charitable Hospital" at Shri Kedarnath Ji Dham at Base Camp at altitude of 11,000 feet. I salute the Team for the dedication "Spirit with which they are serving before self" "My Brothers & Sisters" selflessly. Very technically arranged 1 CW (2 bed) & 4 Beds for all the other Emergency, fully furnished Pathology, Pharmacy with apparatus, etc. varieties including a list of 30 approx life saving drugs, 1 ECG Machine. What could we Ask God Bless all. 18th May 2022 3:57 pm. Dr Saroj Naithani, Director, MH & FW, NMM.

Overwhelmed by the services and facilities provided at Society's Shri Kedarnath Dham hospital during her first visit, Dr Saroj Naithani, visited again and was accompanied with other senior Govt Doctors also who were also highly appreciative of the hospital efforts.



18th June

Dharmawala



A group of teachers and trainee students of 1st year of Sangh Shiksha Varg, UK were on a visit to Dharmawala hospital as part of their field visit curriculum. They were given a tour of the hospital and were detailed about the facilities and services being provided. The entire group was amazed to know about the hospital facilities and praised the staff for their selfless attitude and dedication.

Sunday's Multidisciplinary and Super Specialty Camps

Haridwar

Camps: 12
Beneficiaries: 2006



Dr Sanjay Agarwal,
Urologist & Kidney Transplant
Surgeon, New Delhi



Dr Atul Khandelwal,
Urologist,
Sonipat



Dr Devendra,
Urologist,
Noida



Dr Venkatesh,
Urologist,
Noida



Dr Mahendra Sharma,
Urologist,
Noida



Dr Anil Bhatt,
Nephrologist,
Noida



Dr Mukesh Kumar Jha,
Neurologist,
New Delhi



Dr Sharad Pandey,
Neurologist,
New Delhi



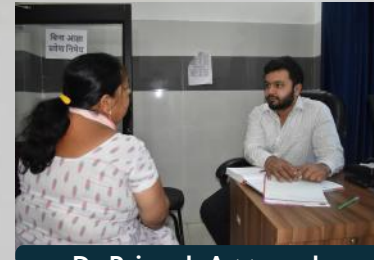
Dr Om Prakash Sinha,
Cardiologist,
New Delhi



Dr Rakesh Gupta,
Cardiologist,
Roorkee



Dr Yogesh Sathe,
Paediatric Cardiologist,
Palwal



Dr Priyank Aggarwal,
Orthopaedic Surgeon,
Noida



Dr Abhisar Katiyar,
Orthopaedic Surgeon,
Noida



**Dr Deepak Kumar and
Dr Saurabh,**
Orthopaedic Surgeons, Delhi



Dr Naveen Agrohi,
Orthopaedic Surgeon,
Roorkee



Dr Ashish Sharma,
Orthopaedic Surgeon,
New Delhi



Dr Anil Guliyi,
Orthopaedic Surgeon,
Sonipat



Dr Sandeep Tripathi,
Orthopaedic Surgeon,
Noida



Dr Sarvesh Pandey,
Orthopaedic Surgeon,
New Delhi



Dr Sunil Baliyan,
Pulmonologist,
Noida

Sunday's Multidisciplinary and Super Specialty Camps

Haridwar



Dr Sandeep Supehia,
Endocrinologist,
New Delhi



Dr Saurabh S Agarwal,
Endocrinologist,
Noida



Dr Nitin Verma,
Gastroenterologist,
Haridwar



Dr P K Singh,
Skin Specialist,
Roorkee



Dr Alok Kumar,
Skin Specialist,
Roorkee



Dr Yatinder Nagyan,
Skin Specialist,
Haridwar



Dr Hemant Katariya,
Psychiatrist,
Haridwar



Dr Vinay Kumar,
Critical Care & Pain Specialist,
Delhi



Dr Ashish Bhushan,
ENT Surgeon,
Noida



Dr S P Singh,
ENT Surgeon,
Haridwar



Dr Sanjeet Goit,
ENT Surgeon,
New Delhi



Dr Subodh,
ENT Surgeon,
Noida



Dr Gaurang Singhal,
ENT Surgeon,
New Delhi



Dr Ashok Kumar,
ENT Surgeon,
Karnal



Dr Vikram Bhardwaj,
ENT Surgeon,
Noida



Dr Nitin Kumar,
Physician,
Dehradun



Dr Motilal Negi,
General Physician,
New Delhi



Dr Babita Ahlawat,
Dentist,
Karnal



Dr Rajeew Kurele,
Ayurvedic Physician,
Haridwar



Dr Anurag Vats,
Ayurvedic Physician,
Haridwar



Dr Sandeep Kumar Bansal, General & Laparoscopic Surgeon, Faridabad & Dr Vijay Tyagi, Anaesthetist, Dehradun



Dr Anil Sharma,
Eye Surgeon,
Ambala

Sunday's Multidisciplinary and Super Specialty Camps

Dharmawala

Camp Surgeries
68

Camps: 13
Beneficiaries: 4818



Team of Urologists: Dr Prashant Lavania, Agra; Dr Prashant Jain, Dr Vikas Bansal & Dr Devpriya, Delhi



Dr Shailendra Goyal,
Urologist, Noida



Team of General Surgeon: Dr D. Maruthu Pandian, Dr Srinivasan, Dr Kartikeyan, Dr Siddesh G., Dr Nikhil Singh



Dr Anil Bhatt,
Nephrologist,
Noida



Dr Tejasvi Agarwal,
Spine Surgeon,
Dehradun



Dr Vipul Agarwal,
Orthopaedic Surgeon,
Agra



Dr Varun Kumar Agarwal,
Surgical Oncologist,
Agra



Dr Gaurav Dhakre,
Neuro Surgeon,
Agra



Dr Ram Anugrah,
Skin Specialist,
Basti



Dr Sagar Lavania,
Psychiatrist,
Agra



Dr Veena Tejan,
Psychiatrist,
Dehradun



Dr S. K. Bakshi,
General Physician,
Muzaffarnagar



Dr Neeraj Saraswat
Eye Surgeon,
Dehradun



Dr Mahesh Khaitan,
Eye Surgeon,
Dehradun

Surgery Camp: 3
Surgeries: 12

Specialty Camps Petshal

Other Specialty Camps: 4
Beneficiaries: 139



Dr Ajay Agarwal, General & Laparoscopic Surgeon and Dr Manoranjan Pant, Anaesthetist, Rudrapur



Dr Pankaj Solanki, General & Laparoscopic Surgeon & Dr Vinay Dharamveer, Anaesthetist, Delhi



Dr Richa Chaudhary, Skin Specialist, Delhi



Dr Deepak Bhatt, Orthopaedic Surgeon, Rudrapur



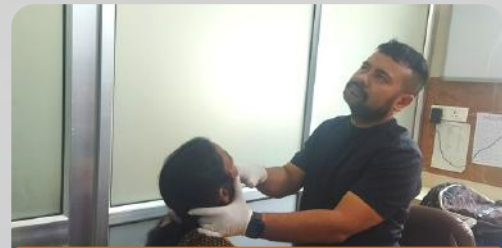
Dr Sharad Pandey, Neuro Surgeon, New Delhi



Dr Nilamber Bhatt, General Physician & Diabetologist, Haldwani



Dr Budhvilas Singh, Eye Surgeon, Almora



Dr Sankalp Singh, Oncologist, Delhi



Dr Ratnesh Gupta, General Physician, Delhi

Community Women Health Project

Anaemia Prevention and Control Program

Dharmawala

My Pad (Menstrual Hygiene Program)



Breast and Cervical Cancer Awareness and Screening Program



- Follow Up after 6 months of treatment
- Number of beneficiaries contacted : 731
- Blood Hb Test done: 731
- Hb: Reached normal level: 506 (69%)
- Same as before: 146 (20%)
- Decreased: 79 (11% - Referred)

- House Visits: 1625
- Follow Up Visits: 2055 [Regular: 1734 (84%); Irregular: 318 (15%); Drop Out: 3 (0.01%)]
- Presently under treatment: 341 (New: 72; Old: 269)

- Number of females undergone counselling sessions: 293

- Number of My Pad beneficiaries: 108
- Number of adolescent girls and menstruating females attended group and individual counselling session: 747

Community Medical Camps Haridwar, Petshal, Dharmawala, Narayankoti & Pipalkoti

Haridwar

Camps: 95
Beneficiaries: 7648



1st April
Bahadurpur Jatt Village



16th April
Dhaluwala Village



18th April
Ranimajra Village



4th May
Bheemgoda Village



16th May
Haddipur Village



20th May
Ferupur Village



6th June
Lal Dong Village



7th June
Ravidas Dham



10th June
Tulsi Manas Temple

Petshal



29th April
Chalnicheena Village



31st May
Harada Village



10th June
Bhetabadiya Village

Community Medical Camps Haridwar, Petshal, Dharmawala, Narayankoti & Pipalkoti

Dharmawala



11th May
Juddo Village

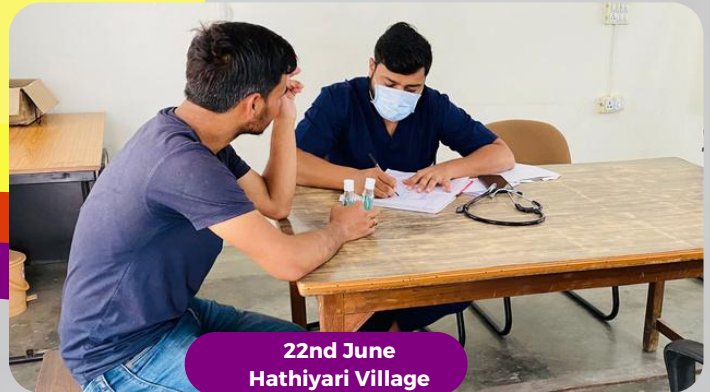


25th May
Hathiyari Village

Uttarakhand Jal Vidyut Nigam Limited (UJVNL) entered into a collaboration with Swami Vivekanand Health Mission Society with the aim of providing health care facilities to the inhabitants residing near their Lakhwar Vyasi hydroelectric project, Kalsi, Dehradun. As a part of this MoU, Dharmawala hospital is running medical camps twice in a month at their village sites of Hathiyari and Juddo and providing valuable services.



8th June
Juddo Village



22nd June
Hathiyari Village

Narayankoti



8th April
Jal Talla Village



Pipalkoti



23rd June
Pakhi Village



23rd June
Lunha Digoli Village

Success Stories

Dharmawala

- A 82 year male patient from Chakrata presented in the eye OPD with complaints of progressive loss of vision in his right eye affecting his daily routine activities.
- He was diagnosed as suffering from retinal detachment in his right eye and because of his poor socio-economic status was unable to get a proper consultation and treatment.
- His eye problem required complex surgery costing approximately Rs 40000 which was out of his reach.
- Sensing his condition, our Optometrist Avantika coordinated with the Vivekananda Netralaya, Dehradun and his retinal surgery was done totally free of cost.
- The patient is now better and has started recovering vision of his right eye.



Dharmawala

- A 30 year male patient and mason by profession was having right lower limb pain since 2 years because of which he was having difficulty in walking. Having undergone multiple consultations without any relief, he finally presented in our Spine OPD.
- He was diagnosed as suffering from lumbar stenosis L4-S1 and Prolapse disc right side at L5-S1.
- Spine Surgical procedure of L4-S1, lumbar decompression was done and immediately after the surgery patient had relief in symptoms.
- Patient was found walking normally in the subsequent follow up visits and he had marked relief in the pain.



Dharmawala

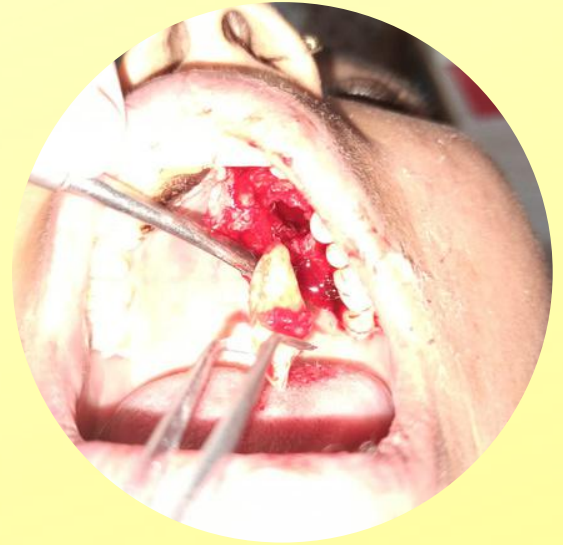
- A 70 year retired Subedar from armed forces and a 40 year female patient, both hailing from remote tribal villages presented with a common complaint of severe backache radiating to both the lower limbs and difficulty in walking which they had been suffering since the last few years and were barely able to perform their daily routine activities.
- Both of them had taken multiple consultations and medications at various hospitals and clinics without any relief until they were referred by some patients to our spine OPD.
- Both were diagnosed as suffering from lumbar canal stenosis L3-S1 with instability which required complex spinal surgery.
- Anticipating a high cost of the treatment, they were surprised to learn about the miniscule charges and happily agreed to undergo the procedure.
- Both underwent spinal decompression & spinal fusion surgery successfully and had marked improvement in the signs and symptoms as well the difficulty in walking also lessened.
- Both the patients were highly grateful as well as happy and satisfied with their surgery done with such precision and low cost.



Success Stories

Pipalkoti

- A 32 year female presented in the dental OPD with an impacted canine tooth in the upper jaw, which was causing recurrent abscess leading to pain and discomfort since last 3 to 4 years.
- She had already consulted few of the private dental clinics and because of the exorbitant fee and hailing from a lower middle class family was unable to afford the treatment expenditure.
- Having faced disappointment at the govt centers also, finally she came to our hospital with hope and expectation.
- She became highly emotional while narrating her problem and seemed dejected and in despair.
- She was treated accordingly, her impacted canine tooth removed at a very minimal price and thus was cured of her malady finally.
- The patient was extremely grateful and thanked everyone for relieving her of the dental problem.



Shri Kedarnath Dham

- A 40 year male pilgrim from Bengaluru presented in the hospital with shivering, weakness and exhaustion.
- He was immediately attended to and found to be suffering from Hypothermia and acute mountain sickness.
- He was shifted to a warm environment as well as given other necessary medications and treatment including i/v fluids, Oxygen support etc.
- He stabilized within 4 to 5 hours and was discharged.

To listen to
the patient's
feedback

<https://youtu.be/t2dcmm9dNJ4>

- A 42 year male pilgrim from West Bengal presented with c/o of shortness of breath, weakness and fatigue.
- His oxygen saturation level was found to be below 60%
- He was immediately given O2 support, necessary medications and gradually warmed.
- He improved with oxygen saturation reaching more than 95% and was very happy and relieved to come out of his health emergency.

To listen to
the patient's
feedback

<https://youtu.be/4hdtWQgwAhw>

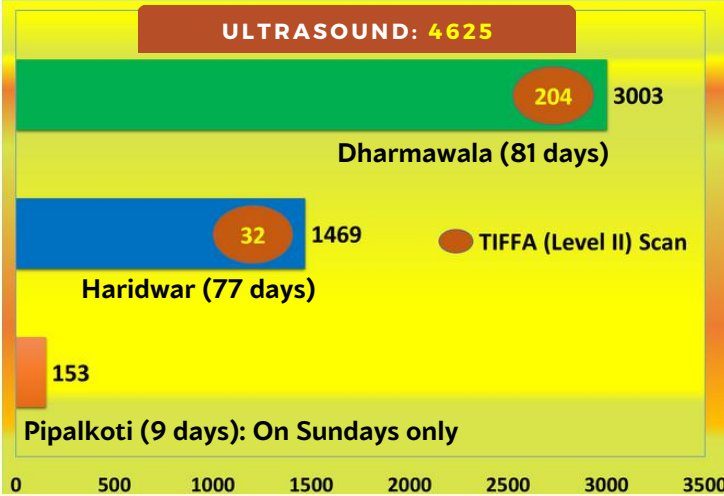
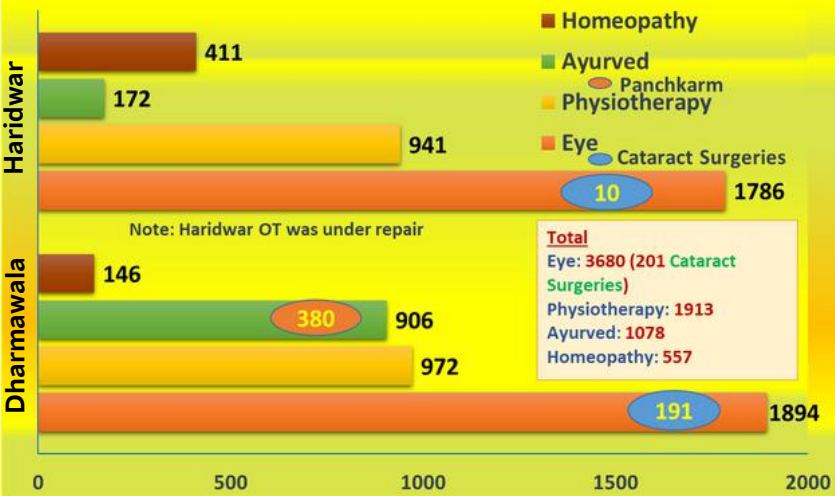
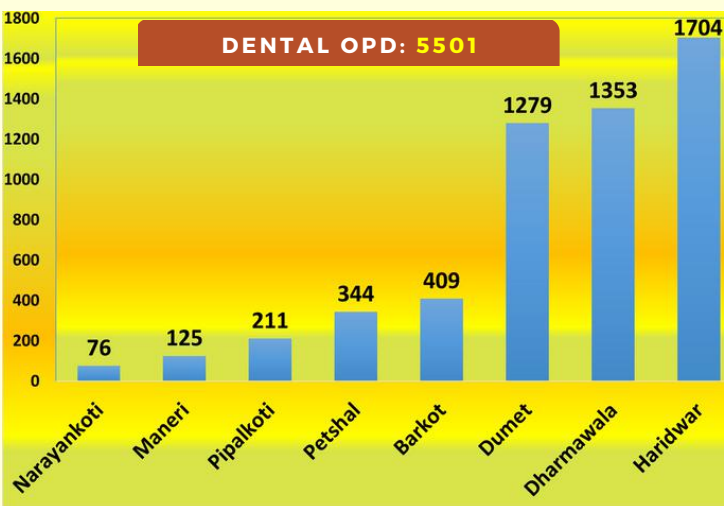
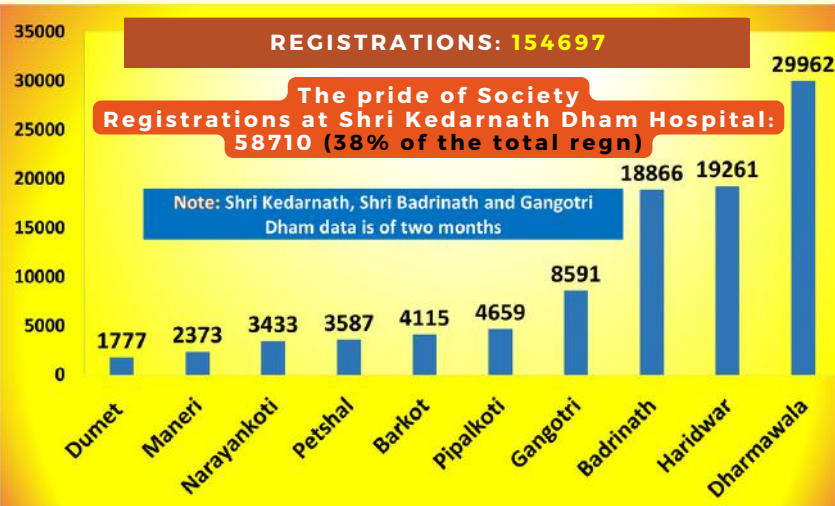
- A 72 year male patient from Agra presented with c/o shortness of breath, low oxygen saturation (< 60%), dizziness and vomiting.
- He was immediately given O2 support, necessary medications and gradually warmed.
- The patient stabilized within 2 to 3 hours and was full of gratitude with his emotions running high and was literally crying while giving his feedback.

To listen to
the patient's
feedback

<https://youtu.be/5hdyEd9YGQw>



Statistics (April - June 2022)



FACILITIES AVAILABLE ONLY AT DHARMAWALA AND HARIDWAR HOSPITALS

USG FACILITY IS AVAILABLE AT DHARMAWALA, HARIDWAR AND PIPALKOTI HOSPITALS ONLY. TIFFA (LEVEL II) SCAN AVAILABLE AT DHARMAWALA & HARIDWAR HOSPITALS ONLY.

Hospital	Surgeries (449)	
	Major	Minor
Dharmawala	211	81
Narayankoti	9	19
Barkot	1	86
Petshal	11	7
Haridwar	20	4
Total	252	197

Hospital	Lab Test	Emergency	X Ray	ECG	Plaster
Dharmawala	23602	675	3478	800	170
Maneri	329	7	104	7	8
Narayankoti	2074	160	580	131	73
Barkot	2117	30	1021	73	171
Pipalkoti	2664	326	389	152	29
Badrinath	2930	1250	621	389	29
Petshal	1109	138	411	47	62
Kedarnath	712	5397	167	99	206
Haridwar	9334	423	1264	626	60
Gangotri	1015	702	143	72	25
Dumet	169	NA	NA	NA	NA
Total	46055	9108	8178	2396	833

SURGERIES INCLUDE: GENERAL, GYNAE, URO, SPINE, ENT, ORTHO AND MAXILLO-FACIAL

CT Scan	822
Uroflowmetry	138
Endoscopy	92
ECHO	29
Audiometry	42
Psychological Counselling	633
Mental Health (Screening, Counselling & Psychotherapeutic sessions)	195
Psychiatry Consultation (Tele + In Person)	216
Pre & Post Operative	222

NOTE: THE ABOVE MENTIONED FACILITIES ARE AVAILABLE ONLY AT DHARMAWALA HOSPITAL

Statistics (April - June 2022)

YOG THERAPY AND LIFESTYLE DISEASES COUNSELING DHARMAWALA & HARIDWAR



Dharmawala

YOG THERAPY SESSIONS
96 (DHARMAWALA)
24th April-June
113 (HARIDWAR)
June



Haridwar



Haridwar



Dharmawala

LIFESTYLE DISEASES COUNSELING SESSIONS
770 (DHARMAWALA)
April-June
561 (HARIDWAR)
26th May-30th June

STATISTICS OF OUR CHAR DHAM HOSPITALS

REGISTRATIONS: 86167 (IN JUST 173 DAYS)

Shri Badrinath Dham Hospital

Working Days
55

18866

343
patients/day

Shri Kedarnath Dham Hospital

Working Days
60

58710

978
patients/day

Gangotri Dham Hospital

Working Days
58

8591

148
patients/day

TOTAL NUMBER OF EMERGENCIES: 7349

1250

5397

702



SWAMI VIVEKANAND HEALTH MISSION SOCIETY, UTTARAKHAND

For Domestic Donations

Account details:

Swami Vivekanand Health Mission Society

A/C No: 32584491256

IFSC Code: SBIN0010626

Branch Name: CST Herbertpur, Dehradun



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svhmuk@gmail.com

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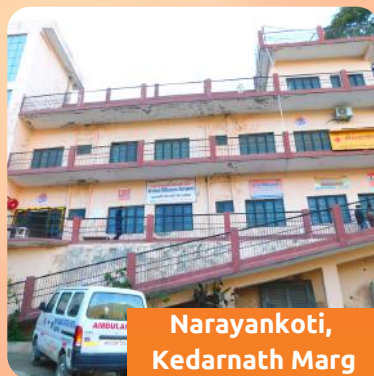
All donations are tax-exempted under section 80G of the Income Tax Act, 1961.



Dharmawala, Dehradun



Maneri, Gangotri Marg



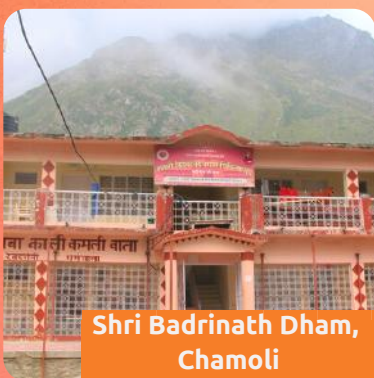
Narayankoti, Kedarnath Marg



Barkot, Yamunotri Marg



Pipalkoti, Badrinath Marg



Shri Badrinath Dham, Chamoli



Petshal, Jageshwar Dham Marg



Shri Kedarnath Dham, Rudraprayag



Haridwar



Gangotri Dham, Uttarkashi



Sadhana Kendra Ashram, Dumet, Dehradun

“Great work requires great and persistent effort for a long time. Character has to be established through a thousand stumbles” - Swami Vivekanand.