



SWAMI VIVEKANAND HEALTH MISSION SOCIETY UTTARAKHAND

DECEMBER 2021

To commemorate Swami Vivekanand Jayanti, SVHM society conducted a door-to-door "Community Interaction Drive" (Jan Sampark Abhiyan)

10th Dec. Udasinacharya Shrichandra Charitable Hospital of Sadhana Kendra Ashram, Dumet becomes 11th Hospital of SVHM Society

HIGHLIGHTS OF THE MONTH

Sadhana Kendra Ashram is a spiritual centre founded by Shrichandra Swami Udasin ji for sincere and dedicated seekers of truth to practice meditation and spirituality. It is run by Seekers Trust, a spiritual and charitable organization founded by Swamiji in 1970. Along with its spiritual activities, the ashram has been serving the poor and the needy in many ways, especially in the areas of education and medical care. Ashram is running a charitable school, as well as a charitable hospital and in addition, does numerous charitable activities like free medical camps, aid and relief during natural calamities, repair and construction of houses for the poor, public utility works, financial support to needy students, distributing essential commodities and rations to the poor and destitute, running free vocational training programmes in sewing and computer education, coaching classes, etc. Noteworthy the ashram has been regularly helping our Society in various health programmes and initiatives.

As per Swamiji's kind wish, SVHM Society took over the functioning of the Udasinacharya Shrichandra Charitable Hospital of Sadhana Kendra Ashram, Dumet, Vikasnagar, Dehradun from 10th December 2021. The charitable hospital has a general OPD, a Dental wing, a well equipped laboratory and free pharmacy.



Haridwar : 9th Dec. Visit at VYASA & AIIMS, Delhi

Haridwar hospital team visited VYASA- Delhi (A branch of S-VYASA Yoga Deemed University) & Centre for Integrative Medicine & Research (CIMR) of AIIMS, New Delhi to understand the principles & protocols of integrated medicine so as to enable us to start a research based pilot project for integrating traditional & modern medicine. This will be of help in managing our patients with evidence based protocols and in formulating a preventive health strategy for our beneficiaries.



Haridwar hospital members with team of VYASA, Delhi



Haridwar : 9th Dec. Full time Ortho and Eye dept. started functioning from December month

Petshal: A noble gesture by Soban Singh Jeena Govt. Medical College, Almora



Dr. Sulabh Goel joined as a full time Sr. Eye Surgeon

Dr. Chirag R Vadera joined as a full time Sr. Orthopaedic Surgeon.



Govt Medical College, Almora extended their helping hand by deputing two of their doctors Dr. Himani Jaiikhani, Eye Specialist and Dr. Priyank Goyal, Chest Specialist for once in a week (Saturday) consultation at our Petshal hospital. The Society is thankful to the institute for their kind ministration.

A total of 12 Cataract and 5 Ortho surgeries were conducted at Haridwar hospital.

Pipalkoti : 19th Dec. Spreading Warmth: Winter Clothing Donation Drive



A clothes donation camp for winter preparedness was organized at Pipalkoti hospital with the initiative of Dr. Ilango, our Senior Consultant at Pipalkoti and facilitated by Rishikesh branch of Ramakrishna Mission. A total of 300 woolen blankets and 200 warm jackets were distributed to the underprivileged and poor people living in and around Pipalkoti hospital .

Dharmawala : 22nd Dec. Session on TB

HIGHLIGHTS OF THE MONTH



Dr. Manoj Verma (District Tuberculosis Officer, Dehradun) delivering session on TB

An orientation session on "National Tuberculosis Elimination Programme" was taken by Dr. Manoj Verma (District Tuberculosis Officer, Dehradun). The highly informative session was attended by all the doctors and staff of Dharmawala hospital.



Dr. Manoj Verma being felicitated by Dr. Anuj Singhal (Secretary, SVHM Society)

Petshal : 26th Dec. Surgery Camp



As part of their monthly routine visit for past two years, a total of **five surgeries** were performed by team of Dr. Ajay Aggarwal and Dr. Manoranjan Pant in December month. The duo continued their voluntary services gesture at Petshal thus benefitting the rural folk.



Dr. Ajay Agarwal, Sr. General & Laparoscopic Surgeon and Dr. Manoranjan Pant, Sr. Anaesthetist from Rudrapur

Petshal : 4th & 24th Dec. Visits of RSS Functionaries



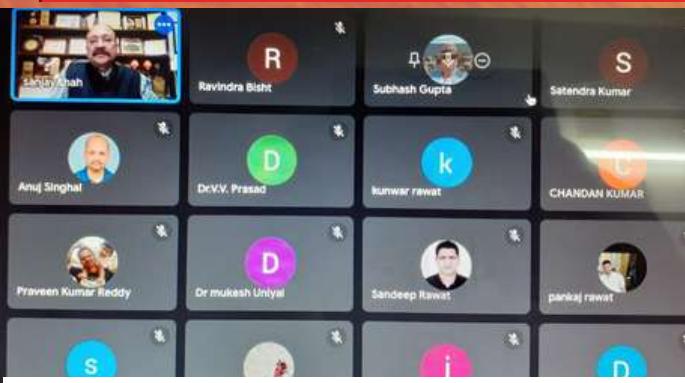
RSS functionaries: Shri Mahendra Ji, Kshetriya Pracharak; Shri Yudhveer Ji, Prant Pracharak & Shri Devendra Ji, Seh Prant Pracharak interacting with the staff.



RSS functionaries: Shri Parag Abhyankar Ji, Akhil Bhartiya Sewa Pramukh; Shri Dhaniram Ji, Kshetriya Sewa Pramukh; Shri Pawan Ji, Prant Sewa Pramukh & Shri Indramohan Ji, Vibhag Pracharak interacting with the staff.

The honorable guests gave their valuable inputs and lauded the facilities and services being offered by the hospital to the rural, underprivileged and needy population residing in such remote, hilly and difficult to reach areas.

Dharmawala : 22nd & 27th Dec. Webinar Sessions



Webinar Session Snapshot

Dr. Sanjay Shah, Senior Physician at Swami Ramprakash Charitable Hospital, Haridwar undertook two erudite Webinar sessions on topic "Rational use of Antimicrobials". The session was attended by the doctors of all the SVHM hospitals.

HIGHLIGHTS OF THE MONTH

Dharmawala : 28th - 31st Dec. "Community Interaction Drive" (जन संपर्क अभियान)

To commemorate Swami Vivekanand Jayanti falling on 12th of January 2022, SVHM Society decided to conduct a door to door "Community Interaction Drive" across all their hospitals with the aim to apprise the community about Society's vision and mission along with its hospital services and their facilities. The drive in the catchment areas and villages near our hospitals is also a honest attempt to collect feedback from the community about our facilities and to use the same for further strengthening / improving our existing healthcare. The drive included distribution of pamphlets and placing of banners at prominent sites depicting our facilities and services.

The four day activity began in Dharmawala hospital from 28th of December. Rest of the Society hospitals began this drive from 1st Jan 2022. During the drive at Dharmawala, community overwhelmingly welcomed our staff and praised the facilities and services offered by our hospital. All felt very thankful and privileged towards the efforts made by our hospital team in reaching to their doorstep . To show their gratitude, the community including from lower socio-economic strata willingly and happily donated money as well as other miscellaneous items.

Success story: Patient's feedback



One of our patients in the village became emotional and began crying while sharing her experience of an unfortunate incident in which her husband had met with an accident and how he was treated with utmost care in our hospital.

To listen the complete podcast:

[Click here https://youtube.com/watch?v=4Rk63pTg01s](https://youtube.com/watch?v=4Rk63pTg01s)

29th Dec.: Vyasnehari Village



28th Dec.: Kunja Village



28th Dec.: Sabhawala Village



28th Dec.: Badripur Village



28th Dec.: Katapathar Village



28th Dec.: Badwala Village



28th Dec.: Katapathar Village



28th Dec.: Badripur Village

सर्व भवन्तु सुखिनः सर्वे सन्तु निरामयाः

स्वामी विवेकानन्द जी की 158वीं जयंती (12 जनवरी) की शुभकामनाएं

स्वामी विवेकानन्द धर्मार्थ चिकित्सालय, धर्मावाला
(संचालन : स्वामी विवेकानन्द हेल्थ मिशन सोसाइटी, उत्तराखण्ड)

उपलब्ध जांचें

- फूल बाँधी चैकअप
- लैब की सभी जांचें
- डिजिटल एक्स रे
- CT स्कैन
- एडोस्कोपी
- इको कार्डियोग्राफी
- सन एवं प्रीवा कैसर की जांच
- अल्ट्रासाउंड एवं डॉपलर
- सेवन - II स्कैन (परमैश्वर शिशु में जन्मजात विकृतियों की जांच)
- टी.बी. जांच एवं उपचार केंद्र

24x7 इमरजेंसी एवं एम्बुलेंस सेवाएँ

40 ऑक्सीजन युक्त बेड (ऑक्सीजन प्लांट)

प्रत्येक माह के अतिथि रजिस्टर को मन्दी एवं सुपर स्पेशलिटी विधिर का आयोजन

प्रतिदिन उपलब्ध विशेषज्ञ डॉक्टर

- मेडिसिन
- नेत्र रोग
- दन्त रोग
- सर्जरी
- महिला रोग
- होम्योपैथी
- हड्डी व जोड़ू रोग
- फिजियोथेरेपी
- आयुर्वेद एवं पंचकर्म केंद्र
- नाक कान व गला रोग
- हृदय रोग (प्रत्येक रजिस्टर)
- मानसिक रोग एवं काउंसलिंग

संपर्क सूत्र : 9389919940, 9675520784 | svhmuk@gmail.com | https://svhmuk.in

सर्व भवन्तु सुखिनः सर्वे सन्तु निरामयाः

स्वामी विवेकानन्द धर्मार्थ चिकित्सालय, धर्मावाला
विवेकानन्द नगर, शिमला बाईपास रोड, धर्मावाला, देहरादून

संपर्क सूत्र : 9389919940, 9675520784 | svhmuk@gmail.com | https://svhmuk.in

उपलब्ध सुविधाएँ

OPD का समय

सोमवार - बुधवार : प्रातः 9 से रात 5 बजे तक
शनिवार - रविवार : प्रातः 9 से दोपहर 1 बजे तक

प्रतिदिन उपलब्ध विशेषज्ञ डॉक्टर

- मेडिसिन
- नेत्र रोग
- दन्त रोग
- सर्जरी
- महिला रोग
- होम्योपैथी
- हड्डी व जोड़ू रोग
- फिजियोथेरेपी
- आयुर्वेद एवं पंचकर्म केंद्र
- नाक कान व गला रोग
- हृदय रोग (प्रत्येक रजिस्टर)
- मानसिक रोग एवं काउंसलिंग

उपलब्ध जांचें

- फूल बाँधी चैकअप
- लैब की सभी जांचें
- डिजिटल एक्स रे
- CT स्कैन
- एडोस्कोपी
- इको कार्डियोग्राफी
- सन एवं प्रीवा कैसर की जांच
- अल्ट्रासाउंड एवं डॉपलर
- सेवन - II स्कैन (परमैश्वर शिशु में जन्मजात विकृतियों की जांच)

उपलब्ध इमरजेंसी (दूरबीन) की सुविधाएँ

- फूल बाँधी चैकअप
- लैब की सभी जांचें
- डिजिटल एक्स रे
- CT स्कैन
- एडोस्कोपी
- इको कार्डियोग्राफी
- सन एवं प्रीवा कैसर की जांच
- अल्ट्रासाउंड एवं डॉपलर
- सेवन - II स्कैन (परमैश्वर शिशु में जन्मजात विकृतियों की जांच)

सामुदायिक स्वास्थ्य कार्यक्रम

- एकीकृत विभिन्न एवं सेवाकार्य कार्यक्रम
- सन एवं प्रीवा कैसर की जांच/स्कैन, जांच एवं चिकित्सा कार्यक्रम
- मार्च पैड (एडोस्कोपी) स्तनका कर्करोग
- मासिक स्वास्थ्य कार्यक्रम

प्रत्येक माह के अतिथि रजिस्टर को मन्दी एवं सुपर स्पेशलिटी विधिर का आयोजन

स्वामी विवेकानन्द हेल्थ मिशन सोसाइटी, उत्तराखण्ड

For Donation
Account details:
Swami Vivekanand Health Mission Society
A/C No: 3284491256
IFSC Code: SBIN000626
Branch Name: CST Herbertpur, Dehradun

Banner and pamphlet used during the drive

HIGHLIGHTS OF THE MONTH

Dharmawala : 28th - 31st Dec. "Community Interaction Drive" (जन संपर्क अभियान)



28th Dec.: Badripur Village



30th Dec.: Dumet Village



31st Dec.: Sorna Village



29th Dec.: Haripur Village

Community Interaction Drive data of Dharmawala (28th-31st Dec.):



31st Dec.: Sorna Village



29th Dec.: Vyasnehri Village

**Villages covered: 16
Families contacted: 1999**



31st Dec.: Tiparpur Village



29th Dec.: Kunja Village

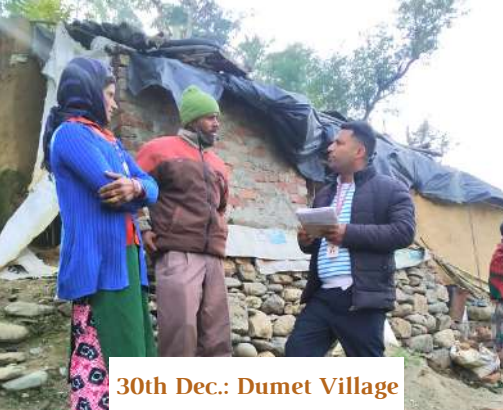
Feedback about the hospital facilities:
Very Good: 336 (17 %)
Good: 1147 (57 %)
Average: 150 (7.5 %)
Not Satisfied: 84 (4 %)
No View: 282 (14 %)



31st Dec.: Hadowala Village



30th Dec.: Mehuwala Village



30th Dec.: Dumet Village



31st Dec.: Dandipur Village

Knew about the hospital: 1880 (94 %)

MULTIDISCIPLINARY AND SUPER SPECIALTY CAMPS ON SUNDAY'S

HARIDWAR

Camps: 4

Beneficiaries: 1141

Surgeries done: 4



5th Dec.

Dr. Sharad Pandey,
Sr. Neuro Surgeon, New Delhi



5th Dec.

Dr. Motilal Negi,
Sr. Physician, New Delhi



5th Dec.

Dr. Abhay Kumar,
Laparoscopic Surgeon, Dehradun



5th Dec.

Dr. Anil Prasad Bhatt,
Nephrologist, New Delhi



5th Dec.

Dr. Ajeet Kumar Kushwaha,
ENT Surgeon, New Delhi



5th Dec.

Dr. Priyank Aggarwal,
Orthopaedic Surgeon, Meerut



5th Dec.

Dr. Himanshu Garkoti,
Eye Surgeon, New Delhi



5th Dec.

Dr. Sonal Aggarwal,
Eye Surgeon, Meerut
(Sitting 3rd from right)



5th, 19th & 26th Dec.

Dr. Rajeev Kurele,
Ayurvedic Physician, Haridwar



12th Dec.

Dr. Sunil Baliyan,
Pulmonologist, Noida



12th Dec.

Dr. Ashish Bhushan,
ENT Surgeon, Noida



12th Dec.

Dr. Vipin Sisodia,
Urologist, Noida

MULTIDISCIPLINARY AND SUPER SPECIALTY CAMPS ON SUNDAY'S HARIDWAR

Camps: 4

Beneficiaries: 1141



12th Dec.

Voluntary Doctors team with Haridwar hospital staff



19th Dec.

Dr. Ram Subhag Singh Saini, ENT Surgeon, Roorkee



19th & 26th Dec.

Dr. Naveen Agrohi, Orthopaedic Surgeon, Roorkee



19th & 26th Dec.

Dr. Nitin Kumar, Physician, Dehradun



26th Dec.

Dr. Atul Khandelwal, Urologist, Sonipat



26th Dec.

Dr. Arushi Dhillon, Gynaecologist, Karnal



26th Dec.

Dr. Vikas Dhillon, ENT Surgeon, Karnal

MULTIDISCIPLINARY AND SUPER SPECIALTY CAMPS ON SUNDAY'S DHARMAWALA

Camps: 4

Beneficiaries: 1060



Surgeries done: 12

Urology Camp on 26th Dec.

OT Team of Dharmawala with visiting team of Urologists : Prof. & HOD of Super Specialty Surgical Branch: Dr. Prashant Lavania, S.N Medical College Agra and Dr. Prashant Jain, Dr. Devpriya & Dr. Vikas Bansal from Delhi.



26th Dec.

Dr. Mayank Aggarwal, Neuro Surgeon, Agra



26th Dec.

Dr. Mahesh Khaitan, Eye Surgeon, Dehradun



26th Dec.

Prof. Dr. S. K. Bakshi, Sr. Physician, Muzaffarnagar



26th Dec.

Prof. Dr. U. N. Gupta, Sr. Physician, Agra



26th Dec.

Dr. Yatinder Nagyan, Sr. Skin Specialist, Haridwar

COMMUNITY MEDICAL CAMPS

Haridwar and Narayankoti

Camps: **8**
Beneficiaries: **503**

Haridwar

Newly diagnosed patients:
- **Hypertension: 19**
- **Diabetes: 8**



1st Dec.: Panjanheri Village



2nd Dec.: Aurangabad Village



4th Dec.: Garh Meerpur Village



6th Dec.: Teliwala Village



11th Dec.: Jaswawala Village



13th Dec.: Dhanauri Village



15th Dec.: Jagjeetpur Village



18th Dec.: Gaindikhata Village

Camps: **4**
Beneficiaries: **355**

Narayankoti

Newly diagnosed patients:
- **Hypertension: 2**



20th Dec.: Tulanga Village



22nd Dec.: Mastura Village



24th Dec.: Khonu Kotma Village



28th Dec.: Guptkashi Village



COMMUNITY MENTAL HEALTH PROJECT

31st Dec.: A group counselling session was conducted on topic "Self confidence, learning abilities, hygiene, concentration, moral values and good habits" at Govt. Primary School, Shahpur

- **Number of participants: 78**
- **Session duration: 1 hour**
- **Personal Interaction: 30 minutes**
 - 8/78 children were identified as suffering from Dyslexia, Dysgraphia and habit disorders.

MONTHLY OVERALL SUMMARY

COMMUNITY WOMEN HEALTH

- **House Visits: 307**
- **Person contacted: 473**
- **Total enrolled beneficiaries: 880**

COMMUNITY MENTAL HEALTH

- **House Visits: 117**
- **Person contacted: 551**
- **Suspected Patients: 49 (M: 19; F: 30)**
- **Confirmed Patients : 4 (M: 3 ; F: 1)**

Anaemia prevention and control program

Note: This month only follow up was done, no new beneficiaries were contacted

Regular Follow Up

- **Number of persons contacted : 463**
- **Taking medicines**
 - **Regular: 332 (71.7 %)**
 - **Not Regular: 125 (27 %)**
 - **Drop Out: 6 (1.29 %)**

Follow Up after 4 months of treatment

- **Number of beneficiaries contacted : 31**
- **Blood Hb Test done: 31**
- **Hb: Reached Normal level: 19;**
- **Same as before: 7;**
- **Decreased: 5 (Referred)**



Blood Hb test underway

My Pad (Menstrual Hygiene Program)

- **Total number of females contacted: 87**
- **Number of females undergone repeat counselling sessions: 82**
- **Number of beneficiaries: 11**
- **Pads distributed: 20**

Breast and Cervical Cancer awareness and screening program

- **Contacted: 53 (Old: 46; New: 7)**
- **Old: 46**
 - **Reports given: 12**
 - **Follow up regarding regular intake of medicines and their health status: 34**
 - **Females visited hospital for screening : 5**
 - **Females visited hospital for follow up: 8**



FOLLOW UP VISIT AND COUNSELLING



FOLLOW UP VISIT AND COUNSELLING



ANAEMIA BENEFICIARY



MY PAD BENEFICIARY



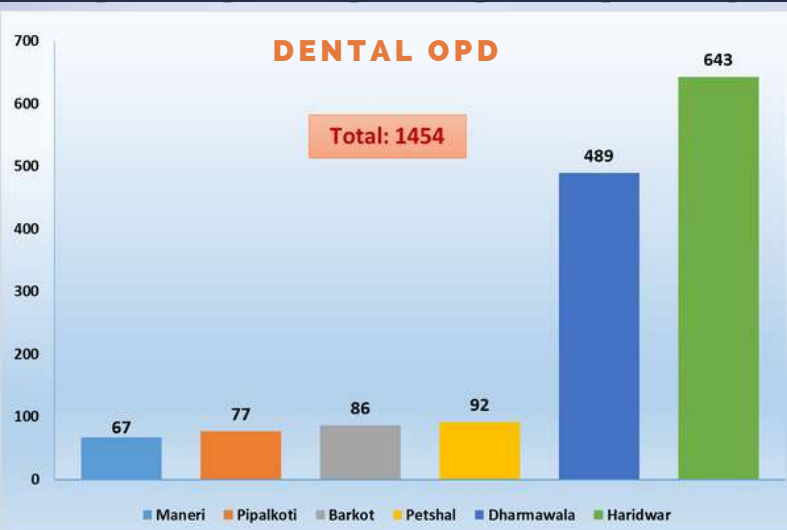
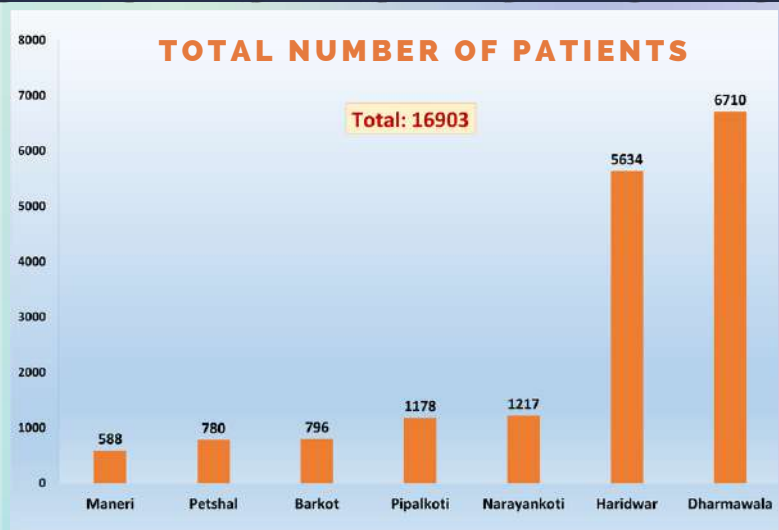
FOLLOW UP VISIT

Anaemia Program

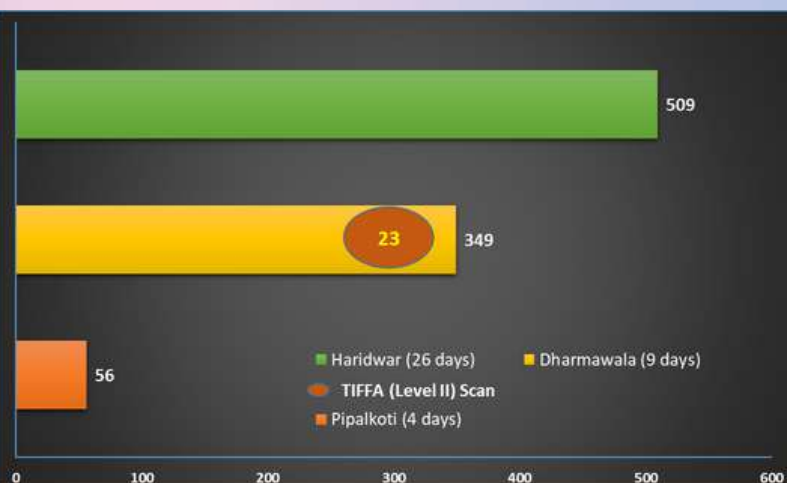
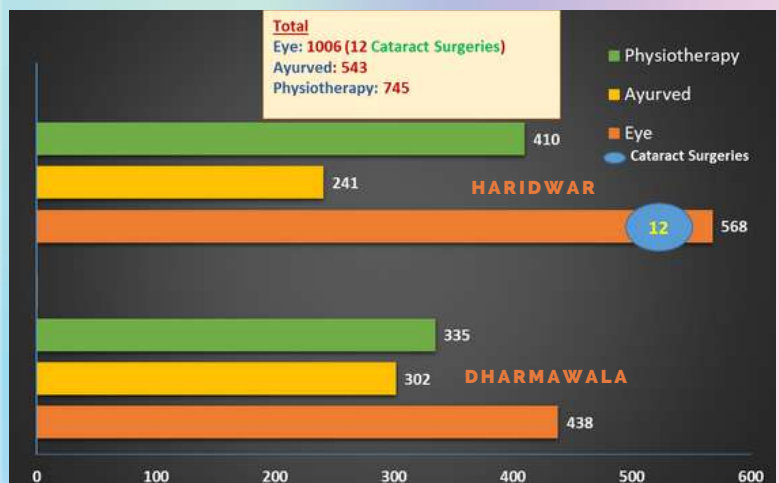
My Pad Program

Breast and Cervical Cancer Program

STATISTICS



NOTE: THREE OF OUR HOSPITALS (GANGOTRI, BADRINATH AND KEDARNATH) WHICH FUNCTION IN SYNC WITH THE CHAR DHAM YATRA SEASON WERE NOT FUNCTIONAL AS THE YATRA REMAINED SUSPENDED FOR THE SEASON



FACILITIES AVAILABLE ONLY AT DHARMAWALA AND HARIDWAR

Hospital	Surgeries (137)	
	Major	Minor
Dharmawala	71	14
Narayankoti	0	8
Barkot	0	13
Petshal	3	3
Haridwar	6	19
Total	80	57

SURGERIES INCLUDE: GENERAL, URO, ENT, ORTHO, MAXILLO-FACIAL AND EYE

Panchkarm (Ayurved)	60
CT Scan	244
Endoscopy	19
ECHO	19
Uroflowmetry	32
Audiometry	15
Psychological Counselling	526
Lifestyle diseases	333
Mental Health (Screening, Counselling & Psychotherapeutic sessions)	115
Pre & Post Operative	78

USG FACILITY IS AVAILABLE AT DHARMAWALA, HARIDWAR AND PIPALKOTI HOSPITALS ONLY. TIFFA (LEVEL II) SCAN AVAILABLE ONLY AT DHARMAWALA HOSPITAL.

Hospital	Lab Test	Emergency	X Ray	ECG	Plaster
Dharmawala	6016	129	923	368	41
Maneri	68	2	16	2	2
Narayankoti	1058	83	237	111	23
Barkot	537	7	227	18	36
Pipalkoti	676	21	39	59	5
Petshal	536	32	145	8	28
Haridwar	3878	59	427	230	17
Total	12769	333	2014	796	152



Psychiatry OPD (Tele consultation)

To complement our community mental health program, Dharmawala Hospital began Psychiatry Tele-consultation OPD on a daily basis with the kind support from Dr. Sagar Lavania (Prof and HOD, F.H. Medical College, Agra). Our Psychologist Dr. Shalini facilitates the consultation and also regularly does follow up of the patients.

Psychiatry patients seen in daily OPD (Video consultation): 33

NOTE: THE ABOVE MENTIONED FACILITIES AVAILABLE ONLY AT DHARMAWALA HOSPITAL



SWAMI VIVEKANAND HEALTH MISSION SOCIETY, UTTARAKHAND

For Domestic Donations

Account details:

Swami Vivekanand Health Mission Society

A/C No: 32584491256

IFSC Code: SBIN0010626

Branch Name: CST Herbertpur, Dehradun



to serve more

For International Donations

Account details:

Swami Vivekanand Health Mission Society

Annapoorna

A/c No. - 00000040181017724

IFSC - SBIN000691

Micr - 110002087

Swift Code- SBININBB104

Branch- New Delhi Main Branch



All donations are tax-exempted under section 80G of the Income Tax Act, 1961.

NRI's willing to transfer funds from their Indian account, please transfer into SVHM Society's domestic donation account, details of which are mentioned above.

Visit us :

-  svhmuk@gmail.com
-  svhmuk.in
-  twitter.com/svhmuk/
-  facebook.com/svhmuk/
-  instagram.com/svhmuk/

Dharmawala, Dehradun



Maneri, Gangotri Marg



Narayankoti, Kedarnath Marg



Barkot, Yamunotri Marg



Pipalkoti, Badrinath Marg



Badrinath Dham, Chamoli



Petshal, Jageshwar Dham Marg



Kedarnath Dham, Rudraprayag



Haridwar



Gangotri Dham, Uttarkashi



Sadhana Kendra Dumet, Dehradun

