



Swami Vivekanand Health Mission Society Uttarakhand

AUGUST 2021 NEWSLETTER

HIGHLIGHTS OF THIS MONTH

1 SVHM Tele Chikitsa Helpline Launched

2 Helping Hands - Plant Donation

07-08-2021 (Haridwar): Shri Padam Ji (Kshetriya Prachar Pramukh, RSS) donated 51 Shyam Tulsi saplings and 50 other medicinal plants to our Haridwar hospital.

06-08-2021: Telechikitsa helpline was launched for providing free consultation by experienced and senior doctors of SVHM Society to the patients who are unable to visit and access quality health services and are at home.



स्वामी विवेकानन्द हेल्थ मिशन सोसाइटी
उत्तराखण्ड

टेली चिकित्सा 01206824491 निःशुल्क

क्या आप घर पर बीमार/ अस्वस्थ महसूस कर रहे हैं ?
हम बस एक कॉल की दूरी पर आपके लिए उपलब्ध हैं
घर पर रह कर हमारे अनुभवी एवं बरिष्ठ विशेषज्ञों से निःशुल्क सलाह लें.

1 कोविड/ कोविड सम्बंधित बीमारियों
2 किसी भी अन्य बीमारी के लिए

सोमवार से शनिवार 5:00 p.m. से 9:00 p.m. तक

हमारे संस्कार करुणायुक्त व्यवहार के साथ हो उपचार

3 Independence Day celebrations

4 Biomedical Waste Management Training

17-08-2021 (Haridwar): A biomedical waste management training to all the staff of Haridwar Hospital was imparted by Nursing Superintendent Ms. Alpana Rawat.

15-08-2021 : 75th Independence day celebrated at all SVHM hospitals



Installed on 30-08-2021 (Dharmawala)

- Can process 128 samples per hour.
- 100 % accuracy.
- Different investigation like LFT, KFT, lipid profile etc. can be processed simultaneously.

5 Guru Dakshina Program celebrations

6 FUJI FILM DRI - HEM NX 600 lab machine

20-08-2021 : Observed at Dharmawala, Narayankoti, Maneri, Pipalkoti, Petshal



MULTI AND SUPER SPECIALTY CAMPS

Total 12 Multi and Super Specialty Camps conducted at Dharmawala (5), Haridwar (4) and Petshal (3) with 2272 beneficiaries



OPD waiting area, Haridwar

Haridwar - Camps held on 1st, 8th, 15th and 29th of August



Dr. Sunil Baliyan,
Pulmonologist,
Yatharth Hospital,
Noida



Dr. Pawan Kumar,
Dermatologist,
Roorkee.



Dr. Manoj Poswal,
Orthopedic
Surgeon, Faridabad



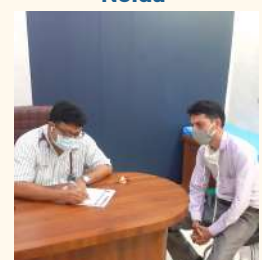
Dr. Rajeev Kurele,
Ayurvedic Consultant,
Haridwar



Dr. Aadesh Poswal,
Dentist,
Faridabad



Dr. Sandeep Kumar,
Physician, Max
Hospital, Delhi



Dr. Anil Bhatt,
Nephrologist, J P
Hospital, Delhi



Dr. Vijay Sharma,
Cardiologist,
Haridwar



Dr. L Gupta,
Physician,
Haridwar



Dr. Pukhraj Gaur.
Orthopaedician,
Gwalior



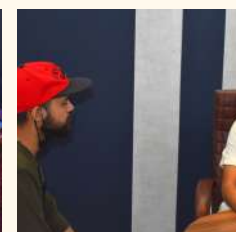
Dr. Priyanka Pukhraj
Gynaecologist,
Gwalior



Dr. Rahul Chandola. Heart &
Lung Transplant Surgeon,
Max Hospital, Delhi



Dr. Naveen Agrohi.
Orthopaedician,
Roorkee



Dr. Harish Chauhan,
Ayurvedic Skin Specialist,
Haridwar



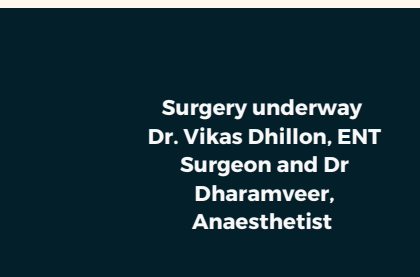
Dr. Gaurav Rathore,
Orthopaedician, Noida



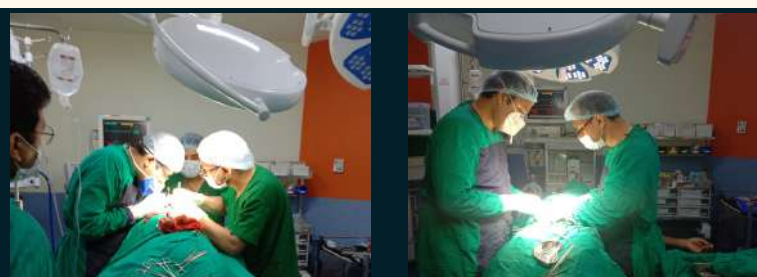
Dr. Atul Khandelwal,
Urologist, Sonipat



Dr. Vikas Dhillon
ENT Surgeon, Karnal



Surgery underway
Dr. Vikas Dhillon, ENT
Surgeon and Dr
Dharamveer,
Anaesthetist



Surgery underway
Dr. Sandeep Kumar
Bansal, General and
Laparoscopic Surgeon,
Faridabad

MULTI AND SUPER SPECIALTY CAMPS



OPD waiting area, Dharmawala



OPD waiting area, Petshal

Dharmawala - Camps held on 1st, 8th, 15th, 22nd and 29th August



**Prof. Dr. Prashant Lavania, Urologist,
S N Medical College, Agra**



**Dr. Vikas Bansal,
Urologist, Delhi**



**Dr. Deepak Dubey, Urologist,
AIIMS Rishikesh**



**Prof. Dr. Sagar Lavania, Psychiatrist,
F H Medical College, Agra**



**Prof. Dr. U N Gupta, Physician,
S N Medical College, Agra**



**Dr. N S Khatri,
Paediatrician, Dehradun**



**Dr. Anjali Pathak,
Gynecologist, AIIMS Rishikesh**

Petshal - Camps held on 1st, 8th and 29th August



**Dr. Ajay Arya,
Paediatrician, Almora**



**Dr. Anil Pandey,
Dentist, Almora**



**Dr. Nilamber Bhatt,
Senior Diabetologist and General Physician,
Haldwani**

**Surgery Underway
Dr. M Hamidi, Sr.
Laparoscopic and Gen
Surgeon,
Yatharth Hospital
Noida**



**Ortho Surgery
Underway
Dr. Kapil Tyagi, Sr.
Orthopaedician and
Dr. Rahul Singh, Sr.
Anaesthetist Yatharth
Hospital, Noida**

COMMUNITY MEDICAL CAMPS

PETSHAL

TOTAL 5 COMMUNITY MEDICAL CAMPS CATERING TO 5 VILLAGES AND 12 SMALL CLUSTERS & HAMLETS WERE CONDUCTED BENEFITTING 315 PERSONS



**03-08-2021 : Andauli village,
Doctor examining the patient**



**03-08-2021 : Andauli village,
Patients waiting for
consultation**



**13-08-2021 : Kheti village,
Health education session for
beneficiaries**

Petshal hospital organized 5 community medical camps in Andoli, Kanarichena, Kheti, Kana Jhakarsen and Melkande villages of block Dhaula Devi, Almora District. These villages are situated at a minimum distance of approximately 30 km to a maximum of 50 km from our hospital. These camps were held on 3rd, 5th, 13th, 14th and 17th of August .

The services offered in the camp consisted of general health check-up including Blood Pressure, temperature and oxygen saturation (SpO2) measurement and blood sugar estimation.

This camp was a huge relief to the villagers reeling under the seasonal health problems and illness. As always, all the facilities including medicines prescribed were given totally free of cost.

COMMON DISEASES/ILLNESSES DIAGNOSED AND TREATED IN THE CAMP INCLUDED:

- OSTEOPOROSIS (56)
- HYPERTENSION (45)
- BODYACHE AND GENERALIZED WEAKNESS (39)
- FEVER /COLD/COUGH (31)
- COPD (ASTHMA) (28)
- DIABETES (20)
- SCABIES (19)
- ABDOMINAL PAIN (19)
- PID & GYNAE PROBLEMS (16)
- CATARACT (08)
- ANAEMIA (6)
- EYE RELATED ISSUES (5)
- VARICOSE VEINS (3)
- INFECTED WOUNDS (2)



**17-08-2021 : Melkande village,
Dispensing of medicines**



**05-08-2021 : Kanarichena village,
Dispensing of medicines**



**05-08-2021 : Kanarichena village,
Doctor examining the patient**

COMMUNITY MULTI SPECIALTY CAMPS HARIDWAR

TOTAL 2 COMMUNITY MULTI SPECIALTY CAMPS CATERING TO 2 VILLAGES WERE CONDUCTED BENEFITTING 350 PERSONS



08-08-2021: Vasochandpur village
Camp was inaugurated by Mahamandaleshwar Shri Swami Ishwar Das Ji Maharaj (President - Shree Krishnayan Gaushala)



19-08-2021: Teliwala village,
Registration and Vitals monitoring



19-08-2021: Teliwala village
Dr. Yatinder Nangyan, Skin Specialist : Patient consultation underway

Haridwar hospital organized 2 community medical camps in Vasochandpur and Teliwala villages of block Gaindikhata and Bahadarabad, Haridwar District. These villages are situated at distance of approximately 21 km and 35 km respectively.

The services offered in the camp consisted of general health check-up including Blood Pressure, temperature and oxygen saturation (SpO2) measurement and blood sugar estimation. Multi specialties such as : Skin, Eye, Pathology, Dental and Ayurved were also available in these camps. All the facilities including medicines prescribed were given totally free of cost.



19-08-2021: Teliwala village,
General Physician : Examining the patient

COMMON DISEASES/ILLNESSES DIAGNOSED AND TREATED IN THE CAMP INCLUDED:

- 5 CATARACT PATIENTS WERE IDENTIFIED AND REGISTERED FOR SURGERY AT SVHM HARIDWAR TO BE DONE AT FREE OF COST.
- EYE (67)
- SKIN (46)
- DENTAL (56)
- THYROID DISORDERS (12)
- MEDICINE (95)



19-08-2021: Teliwala village
Dr. Anurag Tripathi, Dentist : Patient consultation underway



19-08-2021: Teliwala village
Blood sugar estimation

SUCCESS STORY

- A 22 years female, presented in community camp OPD with swelling in the neck. Diagnosed with thyroglossal cyst in the year 2005 and was advised surgery.
- Hailing from a farming family and lower socio economic background, she was facing financial constraints and hence couldn't get herself operated.
- Dr. Vikas Dhillon, ENT surgeon, after evaluating the problem operated her within next 2 hours. Patient's Post op period was uneventful and she was relieved of her long standing ailment.
- Her 16 yrs of pain and suffering was cured within a span of 2 hrs.



29-08-2021: Patient after surgery



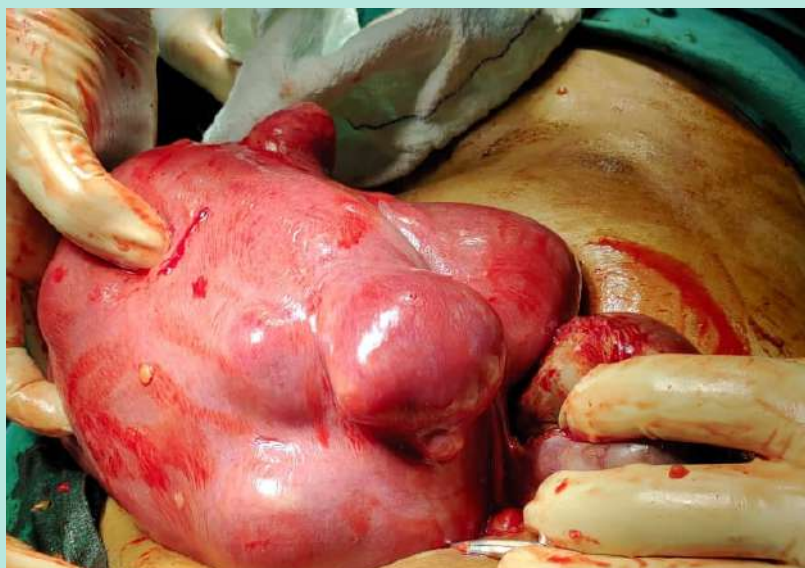
Patient under post-op care

SUCCESS STORIES

DHARMAWALA

07-08-2021: MULTIPLE UTERINE FIBROIDS

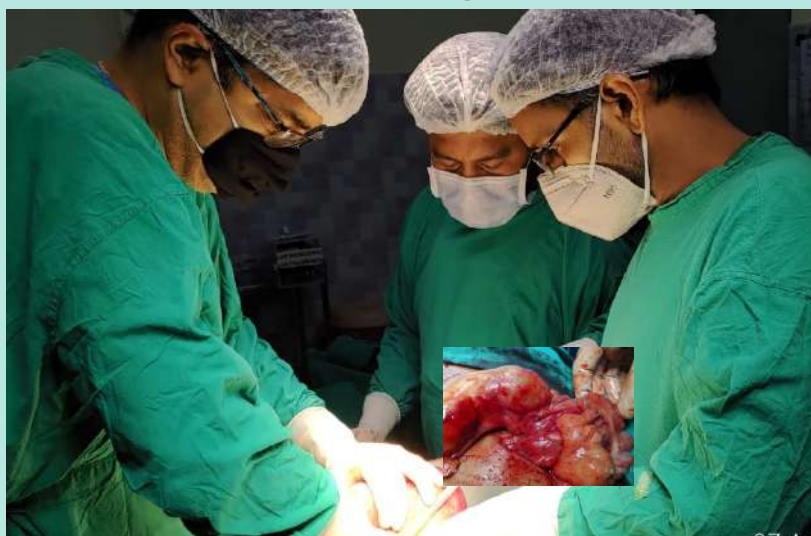
- A 38 yrs old female presented in the OPD with complaints of pain and heavy bleeding both in amount as well as in duration since last 5 yrs.
- She tried alternative medicine therapies and had taken multiple consultations but did not get relief, so she came to us.
- Her Hemoglobin was also 7 gm%. USG done which revealed multiple uterine fibroids for which Surgery was advised and then done successfully at a minimal cost.



Uterine Fibroid removed by Dr. N.S Chauhan, General Surgeon

07-08-2021: UNUSUAL MUCOID APPENDIX

- A 45 yrs old male was suffering from abdominal pain since last 3 years and was diagnosed as an unusual mucoid appendix.
- Coming from a poor socio economic background, the cost of treatment was beyond his reach which kept him running from one hospital to another.
- The patient was successfully operated and relieved of his ailment at a negligible expenditure.



Mucoid Appendix Removed by Dr. N.S Chauhan, General Surgeon

27-08-2021: PAROTIDECTOMY

Pre-Operation



- A female aged 75 years presented with complaints of swelling in left cheek since last 15 years.
- Patient required surgery which was successfully done on 27-08-2021. Further the biopsy report indicated it as Warthin's tumor.
- The low socio - economic condition of the patient had forced her to ignore and delay treatment. She was operated with minimal cost and was relieved of the suffering.



Tumourous growth removed by team of Dr. Shreya, ENT Surgeon and Dr. Nimish Gupta, Maxillofacial Surgeon

SUCCESS STORIES

PETSHAL

29-08-2021: ORTHO SURGERY DONE WITHOUT C-ARM MACHINE

- A 14 yrs old female was brought to the emergency on 28.08.2021 with fracture in both upper limbs and which needed advanced ortho surgery requiring C-Arm Machine which was not available.
- This did not deter vastly experienced Dr. Kapil and his team from conducting the surgery who was there as a part of his camp visit.
- By the grace of God, the surgery went successful and fractured bones of both the upper limbs of the patient were aligned.
- The quality and cost effective treatment provided so near to their home saved them from the agony and difficulty of travelling to a distance of 110 km to Haldwani for getting any treatment.



Surgery done by Dr. Kapil Tyagi, Sr. Orthopedic Surgeon and Dr. Rahul Singh, Sr. Anaesthetist Yatharth Hospital, Noida



29-08-2021: CHOLECYSTECTOMY OF AN OBESE PATIENT

- A 49 yrs old female arrived at our hospital OPD with complaints of intermittent pain. Her reports revealed that she was suffering from Cholelithiasis.
- The patient was grossly obese with a body weight of 104 kg and was in pain since last 18 months. Her being overweight was becoming a hindrance and no Surgeon was willing to operate.
- Dr. Hamidi using his enormous experience operated on the patient successfully and removed his gall bladder.

Surgery underway by Dr. M Hamidi, Sr. Laparoscopic and Gen Surgeon, Yatharth Hospital Noida

NARAYANKOTI

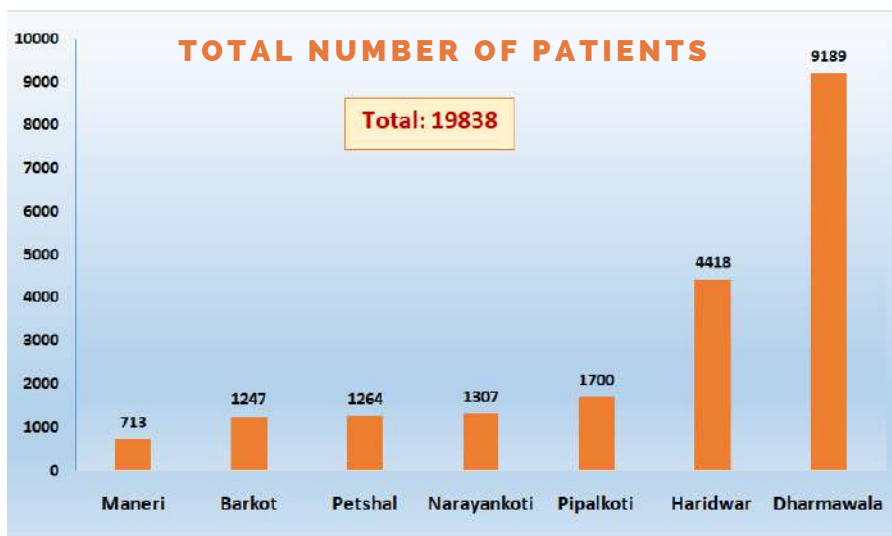
05-08-2021: SHOULDER DISLOCATION-REDUCTION DONE

- A 64 yrs old female came to the hospital with a complaint of extreme pain in right shoulder. The patient had suffered a fall from a height 1 week before.
- After 5 days of agonizing wait owing to her poor financial condition, she was finally referred to us by one of her relatives. Her X-ray revealed dislocation of a right shoulder.
- Successful closed reduction procedure for dislocation was done and her joint was aligned.
- Hailing from a financially poor background, entire treatment was done at free of cost by the hospital administration.



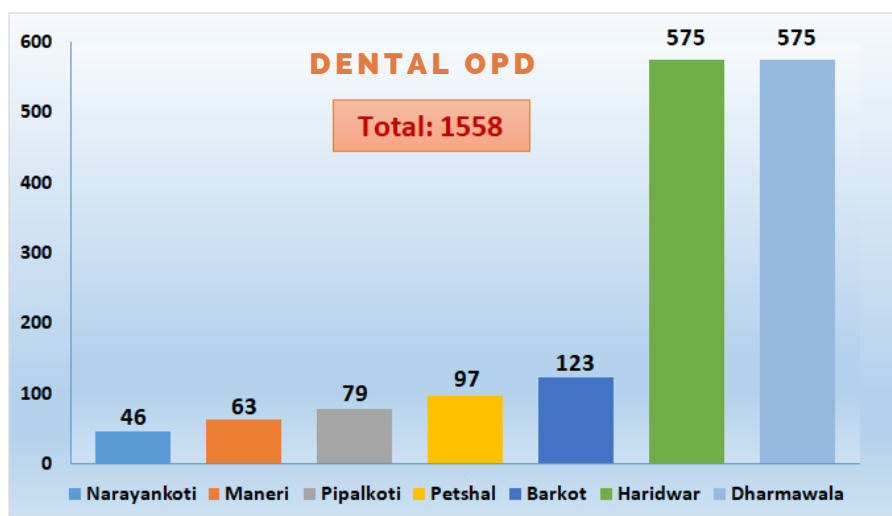
Dr. Chandan along with SVHM Narayankoti team performing closed reduction procedure

STATISTICS



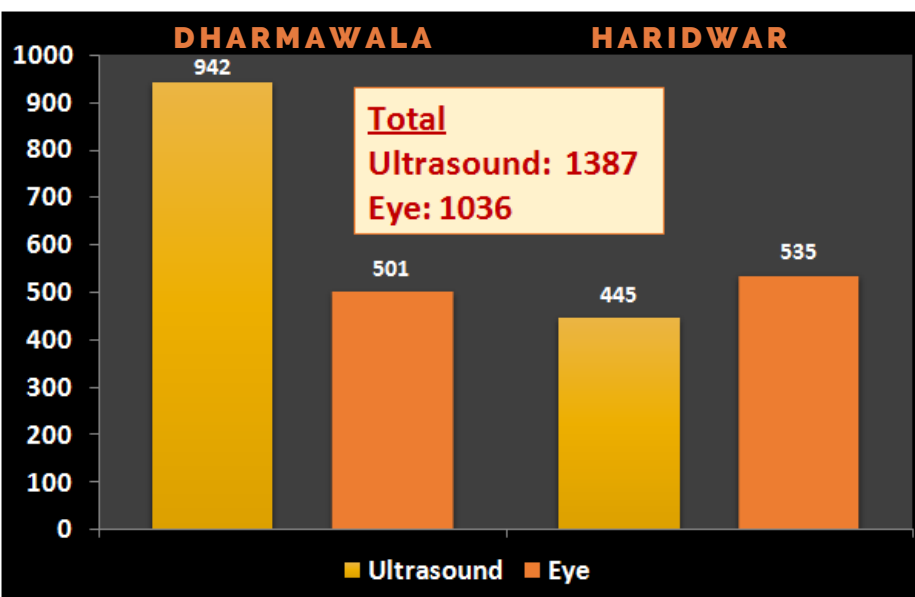
SVHM Hospital	Laboratory Test	Emergency	X Ray	ECG	Plaster
Dharmawala	9846	217	1054	369	46
Maneri	87	02	34	00	02
Narayankoti	2325	77	354	135	37
Barkot	1061	13	325	20	70
Pipalkoti	720	52	130	96	15
Petshal	1487	45	154	21	21
Haridwar	4554	66	402	218	06
TOTAL	20080	472	2453	859	197

SURGERIES INCLUDE: GENERAL, ENT, ORTHO, MAXILLO-FACIAL, DENTAL AND EYE



SVHM Hospital	Surgeries
Dharmawala	116
Narayankoti	02
Barkot	31
Petshal	11
Haridwar	13
Total	173

FACILITIES AVAILABLE ONLY AT DHARMAWALA AND HARIDWAR HOSPITALS



FACILITIES AVAILABLE ONLY AT DHARMAWALA HOSPITAL

Ayurved	370
Panchkarm	50
Physiotherapy	410
CT Scan	319
Endoscopy	53
Uroflowmetry	24

19838 **173** **472** **2453** **1387** **20080**

Registrations Surgeries Emergencies X Ray Ultrasound Lab Tests



SWAMI VIVEKANAND HEALTH MISSION SOCIETY UTTARAKHAND

MONTHLY NEWSLETTER AUGUST 2021

Donate us to serve more:
Swami Vivekanand Health
Mission Society

A/C No: 32584491256

IFSC Code: SBIN0010626

Branch Name: CST Herbertpur, Dehradun

<https://svhmuk.in>

<https://twitter.com/svhmuk>

<https://www.instagram.com/svhmuk/>

svhmuk@gmail.com; anujdrs@gmail.com

All donations are tax-exempted under section 80G of the Income Tax Act, 1961.

Dharmawala, Dehradun



Maneri, Gangotri Marg



**Narayankoti,
Kedarnath Marg**



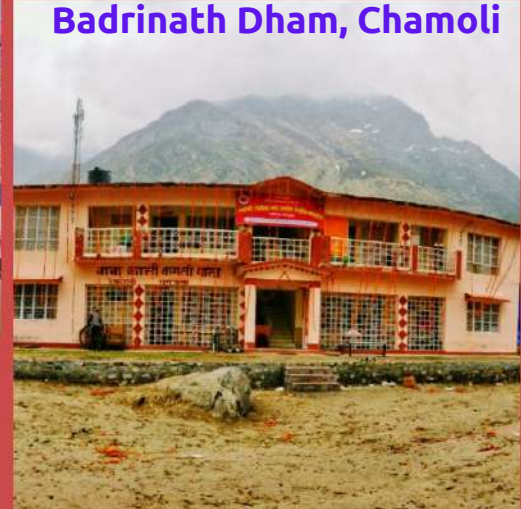
Barkot, Yamunotri Marg



Pipalkoti, Badrinath Marg



Badrinath Dham, Chamoli



**Petshal, Jageshwar
Dham Marg**



**Kedarnath Dham,
Rudraprayag**



Haridwar

