

Swami
Vivekanand Health
Mission Society,
Uttarakhand

JULY 2021

NEWSLETTER

MULTI AND SUPER SPECIALTY CAMPS

Dharmawala, Haridwar and Petshal

TOTAL 9 MULTI AND SUPER SPECIALTY CAMPS CONDUCTED AT DHARMAWALA (4), HARIDWAR (4) AND PETSHAL (1) WITH 1854 BENEFICIARIES



Registration Queue - Haridwar



04-07-2021: Haridwar: Dr. Sharad Pandey (Neuro Surgeon), Ram Manohar Lohia Hospital, New Delhi



11-07-2021: Haridwar: Dr. Sandeep Kumar Bansal (MS, Gen & Laparoscopic Surgeon), Faridabad



11-07-2021: Haridwar: Dr. Avinash Kumar (General Physician), New Delhi.



04-07-2021: Haridwar: Dr. Priyank Aggarwal (Orthopedic Surgeon), LLRM Medical College, Meerut



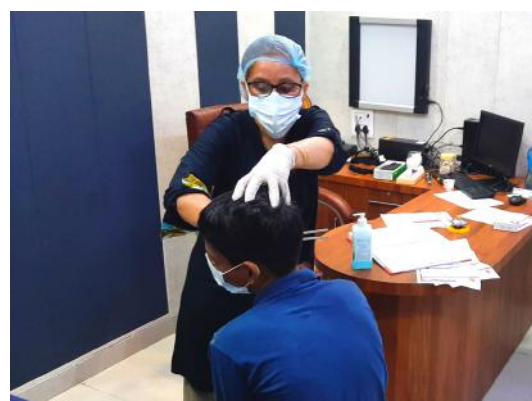
11-07-2021: Haridwar: Dr. Sandeep Kumar Bansal (MS, Gen & Laparoscopic Surgeon), Faridabad



04-07-2021: Haridwar: Dr. Neetu (Psychiatrist), LLRM Medical College, Meerut



18-07-2021: Haridwar: Dr. Anil Sharma (Eye Surgeon), Ambala



18-07-2021: Haridwar: Dr. Shruti Ogra, ENT Specialist, New Delhi

25-07-2021: Haridwar: Dr. Naveen Agrohi (Orthopedic Surgeon), Roorkee

MULTI AND SUPER SPECIALTY CAMPS (CONTINUED)

Other Doctors who provided their voluntary services at SVHM Haridwar Hospital:

- 04-07-2021: Dr. Vikas Kumar Bansal (Urologist), Indraprastha Apollo Hospital, New Delhi
- 04-07-2021: Dr. Raj Kumar Gupta (Ophthalmologist), Bareilly
- 11-07-2021: Dr. Ram Subhag Saini (ENT Specialist), Roorkee
- 11-07-2021: Dr. L. Kant (Radiologist), Roorkee
- 18-07-2021: Dr. Rahul Chandola (Heart and Lung Transplant Surgeon), Max Hospital, Saket, Delhi
- 18-07-2021: Dr. Santosh Kumar (Cardiologist), Max Hospital, Saket, Delhi
- 25-07-2021: Dr. Pushendra Rao (Maxillo-Facial Surgeon), Nainital



Registration Queue - Dharmawala



18-07-2021: Haridwar: Dr. Prashant Jain (Urologist & Andrologist), Apollo Spectra Hospital, New Delhi



25-07-2021: Dharmawala: Prof. Dr. Prashant Lavania (Urologist), S.N. Medical College, Agra



25-07-2021: Haridwar: Dr. Atul Khandelwal (Urologist), Sonipat



25-07-2021: Haridwar: Dr. Vikas Dhillon (ENT Specialist), Karnal



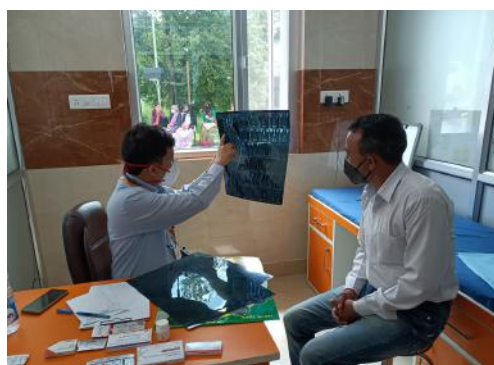
25-07-2021: Dharmawala: Dr. Sandesh Katiyar (Senior Surgeon), Kanpur



18-07-2021: Haridwar: Dr. Pawan Kumar (Skin Specialist), Roorkee



25-07-2021: Dharmawala: Dr. Nakul Upadhyay (Senior Skin Specialist), Bulandshahr



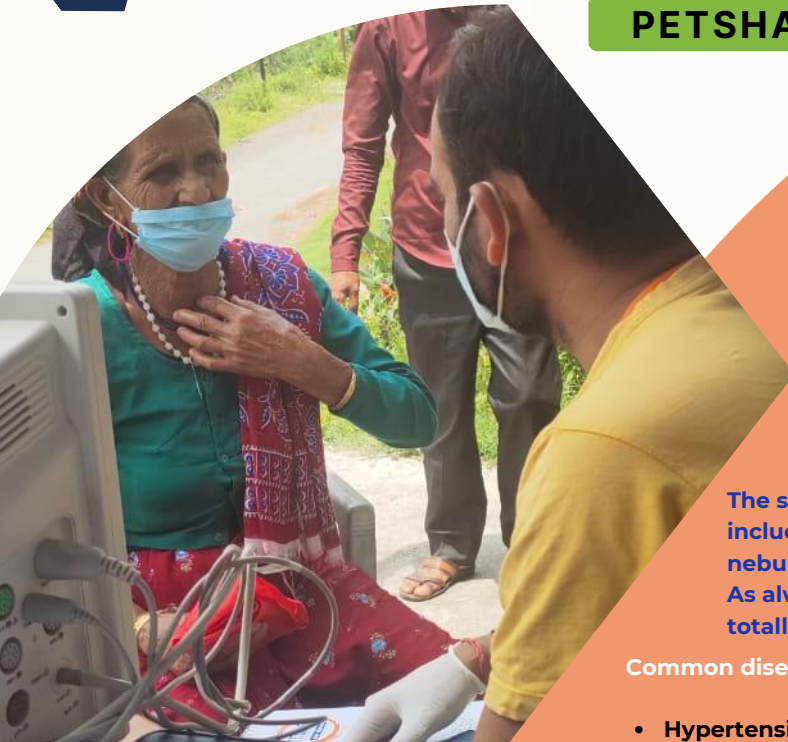
24-07-2021: Petshal: Dr. Sharad Pandey (Senior Neurosurgeon) Ram Manohar Lohia Hospital, New Delhi



25-07-2021: Dharmawala: General Surgeons: Dr. Shivam Sharma and Dr. Gopal Krishna Dwivedi, S N Medical College, Agra

TOTAL 5 COMMUNITY MEDICAL CAMPS CATERING TO 5 VILLAGES WERE CONDUCTED BENEFITTING 192 PERSONS

PETSHAL



Petshal hospital organized 5 community medical camps in Gunaditya, Khakri, Khola, Naini Jageshwar and Chami villages of block Dhaula Devi and Bhaisiya Chhana of Almora District. These villages are situated at a minimum distance of approximately 30 km to a maximum of 52 km from our hospital. These camps were held on 2nd, 9th, 10th, 28th and 30th of July.

These camps are providing huge relief to the villagers reeling under the seasonal health problems and illnesses. Our medical camps have been offering much needed medical facilities to these remote villages and sites.

The services offered in this camp consisted of general health check-up including measurement of BP, Temperature, Sugar, SPO2 along with nebulization and ECG facility as per the patient's requirement and illness. As always, all the facilities including medicines prescribed were given totally free of cost.

Common diseases/illnesses diagnosed and treated in the camp included:

- Hypertension
- Diabetes
- Osteoarthritis
- Fever/Cold/Cough
- Fungal infections
- Scabies
- Infected wounds
- Abdominal pain
- Cataract
- COPD
- Bodyache and generalized weakness



09-07-2021: Naini Jageshwar Village patient under consultation

09-07-2021: Naini Jageshwar Village
A senior citizen narrating her medical problem at vitals monitoring desk



10-07-2021: Chami Village- Ongoing Camp Activities



28-07-2021: Gunaditya Village- Vitals monitoring and Registration Queue



30-07-2021: Khakri Village- Dressing underway

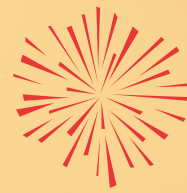


30-07-2021: Khakri Village, patient under consultation



09-07-2021: Naini Jageshwar Village - Dressing underway

CELEBRATIONS



Guru Purnima (24-07-2021)

Guru Purnima is one of the most significant festivals celebrated in India to commemorate one's Guru or Teacher. On this auspicious day one pays obeisance to the Guru or teacher, thanking them for all the knowledge and life-lessons.

Guru Purnima is celebrated on the full moon day, known as Purnima as per the Hindu calendar of Ashadha month.

Guru Purnima was observed in 4 SVHM hospitals where the staff worshipped the 'Bhagwa Dhwaj' (Saffron Flag) as our 'Guru' following their tradition.



Tribute to Swami Vivekanand (04-07-2021)

Swami Vivekanand attained Mahasamadhi on July 4, 1902, fulfilling the prophecies of himself and his Guru Sri Ramakrishna Paramahansa.

On this day, SVHM Dharmawala team arranged a program to pay tribute to India's finest spiritual leader and intellect



National Doctor's Day (01-07-2021)

National Doctor's Day is celebrated on July 1st every year to thank the Doctors for their relentless service to the humanity.

The day was celebrated at SVHM Dharmawala in which doctors were honored by the staff members. Later all the doctors one by one narrated their one of the best life saving experiences.

SUCCESS STORIES (FEW OF THEM)

NARAYANKOTI

01-07-2021: A 42 yrs old male resident of Nepal engaged in a construction work at Kedarnath Dham suffered a cut injury while operating some machinery, over his thigh leading to profuse bleeding as the injury was deep and had cut his tendon as well. Patient was first taken to nearest government hospital of Sonprayag and then to Phata, both the hospitals expressed their inability to treat and referred the case to our SVHM Narayankoti hospital around 8 pm. As the cut was deep enough and needed special attention, the patient's wound was then thoroughly cleaned and taking full aseptic precautions tendon repair done along with suturing of flesh wound which needed 22 stitches.

The patient and his family members were very happy with the emergency treatment provided by the hospital and thanked the hospital administration wholeheartedly.



NARAYANKOTI

03-07-2021: A male patient aged 24 years from Khumera village was brought to our hospital at 5 pm. He had met with a serious road traffic accident while driving a two-wheeler. The accident was so serious that the patient went into a state of unconsciousness. Along with the head injury, there were multiple wounds over his face. X-Ray was done which revealed blunt trauma of chest as well. All the necessary treatments were carried out and around 40 sutures were applied over the wounds of head and face.

The patient was then referred for CT scan of head to a higher center. On follow up it was found that the patient's condition has improved and was stable. The patient later thanked our hospital team for saving his life and providing such medical first aid facilities in hilly and remote terrains.



PIPALKOTI



Radiography of fully horizontal and undercut mandibular third molar

12-07-2021: A male patient hailing from Niti Valley border area arrived with complaints of pain in lower jaw since 7 days. He was found to be suffering from pericoronitis and post detailed examination was advised surgical extraction. The surgical extraction took place successfully and he was relieved of his problem.

Coming from a border area and a very low socio economic background, the patient was unable to afford the cost of surgery in any of the other private hospitals. He was very thankful to our society for conducting his surgery free of cost.



SUCCESS STORIES (FEW OF THEM)

DHARMAWALA

A 28 yrs old female arrived with a complaint of firm swelling inside her mouth on the right side since 4 yrs. Initially the swelling was small in size which later increased to the present level, leading to pain and discomfort during eating and chewing.

Hailing from a poor tribal background, she was unable to afford the cost of the procedure at any other private hospital and was in agony since last few months. The patient was successfully operated free of cost and cured of her suffering. She was full of praise for the SVHM team for providing her quality treatment at no cost.



A male child aged 9 months had tongue tie since birth and was having difficulty in sticking out his tongue. Also the problem was affecting his way of eating, speaking and swallowing.

He was referred at our dental department through one of our patients. The surgical procedure, frenotomy was conducted successfully and the child was relieved of his birth defect.

ANAEMIA PROGRAM

- Number of beneficiaries contacted : 188
- Blood Hb Test done: 183
- Found Anaemic: 107
- Under Treatment: 97

BREAST AND CERVICAL CANCER AWARENESS AND SCREENING PROGRAM

- Number of females contacted for Breast and Cervical Cancer Awareness and Screening Program : 35
- Number of females screened at SVHM Hospital Dharmawala : 23



Breast and Cervical Cancer awareness session

MY PAD (MENSTRUAL HYGIENE) PROGRAM

- Number of adolescent girls and menstruating females attended individual counselling session regarding menstrual hygiene program : 80
- Number of My Pad (Reusable cloth pads) beneficiaries : 44
- Total number of cloth pads distributed : 102



My Pad (Menstrual Hygiene) awareness session



The Smile: My Pad beneficiaries



Hb test and Counselling



Weight measurement



Age: 34
Before Treatment:
 Hb: 10.8 ; Sign and Symptoms : weakness, dizziness and loss of appetite
At Present:
 Hb: 14 ; less dizziness, no other symptoms now
Treatment : 2 months
Follow Up Visits : 4



Age: 28
Before Treatment:
 Hb: 7 ; Sign and Symptoms : Eating raw rice, face covered with jhaian (melasma), dizziness and weakness.
At Present:
 Hb: 12.7 ; Stopped eating raw rice, jhaian cleared, energetic
Treatment : 4 months
Follow Up Visits : 12



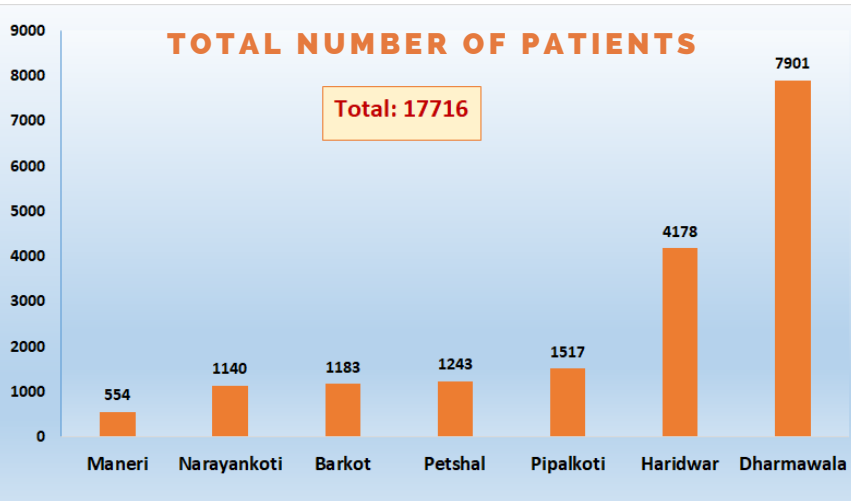
Age: 22, ANC - 4 months
Before Treatment:
 Hb: 8.7; Sign and Symptoms : dizziness , shortness of breath and headache
At present:
 Hb: 12.7 ; No symptoms now
Treatment : 4 months
Follow Up Visits : 12



Age: 17
Before Treatment :
 Hb: 7.7 ; Sign and Symptoms : eating raw rice, loss of appetite and irritability
At Present :
 Hb: 11.2 ; Stopped eating raw rice, appetite increased, active and feeling energetic
Treatment : 3 months
Follow Up Visits : 10

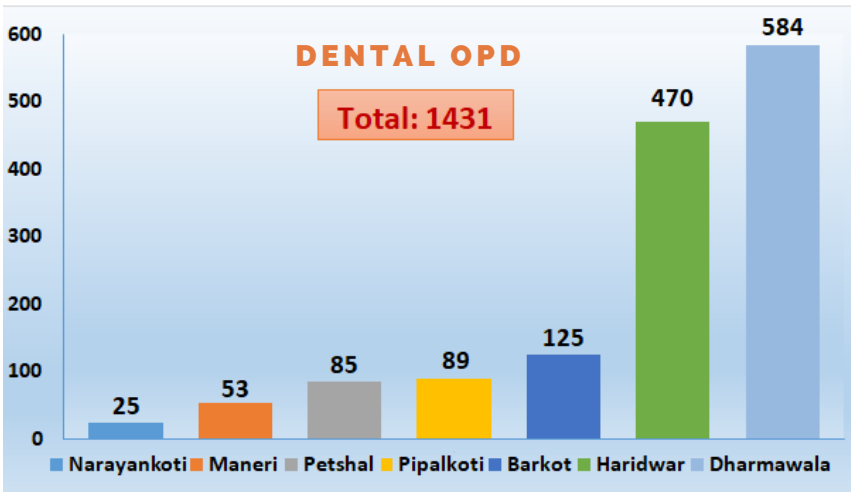


STATISTICS



SVHM Hospital	Laboratory Test	Emergency	X Ray	ECG	Plaster
Dharmawala	8265	166	986	272	33
Maneri	89	00	35	00	08
Narayankoti	2458	70	331	165	44
Barkot	845	12	319	40	73
Pipalkoti	726	29	154	83	22
Petshal	753	47	132	16	12
Haridwar	4712	25	378	215	22
TOTAL	17848	349	2335	791	214

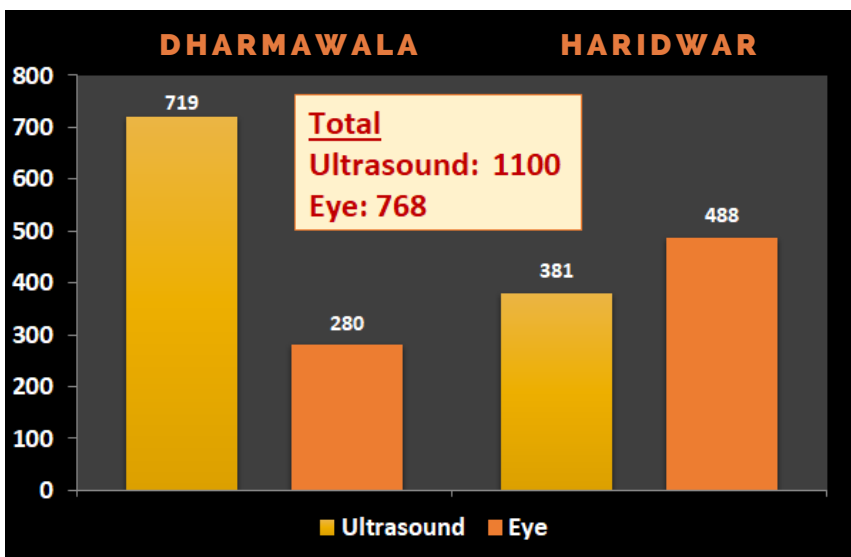
SURGERIES INCLUDE: GENERAL, ENT, ORTHO, MAXILLO-FACIAL DENTAL AND EYE



SVHM Hospital	Surgeries
Dharmawala	150
Barkot	19
Petshal	4
Haridwar	8
Total	181

FACILITIES AVAILABLE ONLY AT DHARMAWALA AND HARIDWAR HOSPITALS

FACILITIES AVAILABLE ONLY AT DHARMAWALA HOSPITAL



Ayurved	328
Panchkarm	91
Homeopathy	80
Physiotherapy	453
CT Scan	232
Endoscopy	33
Uroflowmetry	21

17716

181

349

2335

1100

17848

Registrations Surgeries Emergencies X Ray Ultrasound Lab Tests



SWAMI VIVEKANAND HEALTH MISSION SOCIETY UTTARAKHAND

MONTHLY NEWSLETTER JULY 2021

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Swami Vivekanand Health Mission Society

A/C No: 32584491256

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svhmuk@gmail.com; anujdrs@gmail.com

All donations are tax-exempted under section 80G of the Income Tax Act, 1961.

Dharmawala, Dehradun



Maneri, Gangotri Marg



Narayankoti, Kedarnath Marg



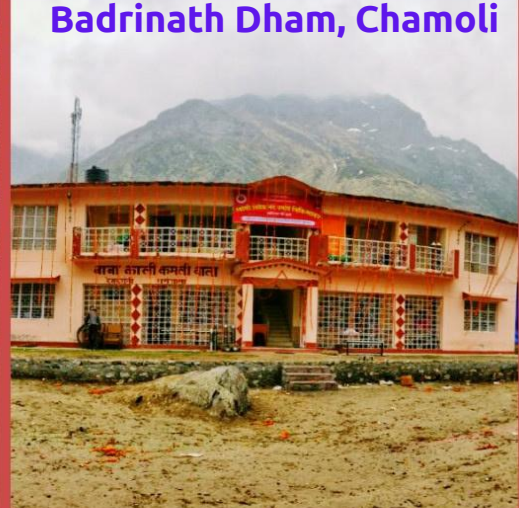
Barkot, Yamunotri Marg



Pipalkoti, Badrinath Marg



Badrinath Dham, Chamoli



Petshal, Jageshwar Dham Marg



Kedarnath Dham, Rudraprayag



Haridwar

