



SWAMI VIVEKANAND HEALTH MISSION SOCIETY, UTTARAKHAND

Monthly Newsletter - June 2021



COMMUNITY MEDICAL CAMPS

Total 20 camps catering to 29 villages were conducted with 1055 beneficiaries

These camps are providing a huge relief to the villagers reeling under the seasonal health problems and illnesses and scared to venture out due to the ongoing COVID 19 pandemic. Our medical camps have been offering much needed medical facilities to these remote villages and sites.

The services offered in these camps consist of general health checkup including measurement of BP, temperature, sugar, SPO2 along with nebulization and ECG facility as per the patient's requirement and illness. As always, all the medicines prescribed and treatment given were free of cost.

Pipalkoti Hospital (Badrinath Marg)

Total 6 camps catering to 18 villages were conducted with 720 beneficiaries



10-06-2021: Registration Queue, Lasi Village

Pipalkoti hospital organized 6 community medical camps in Kisan Nagar, Dwig, Sonla, Sartoli, Lasi And Bacher villages of block Dasholi of Chamoli District situated at distances ranging from a nearest of 200 m to farthest of 38 km from our hospital. These camps were held on 1st, 2nd, 4th, 7th, 10th and 14th of June.

The medicines and other camp logistics had to be carried on Mules for a distance of approximately 3 km and 1 km respectively for Dwing and Sonla villages. The nearest PHC is 27 km far and nearest CHC is 51 km far respectively.

Braving the odds:

Medical camp held in COVID Micro – Containment Zone. Kisan Nagar village of Agthala ward situated at a distance of 200 m from Pipalkoti Hospital, was converted into a micro containment zone after 17 persons tested COVID positive. The Pipalkoti hospital team, despite knowing about the situation, upheld their “Nar Sewa Narayan Sewa” motto and visited this village for conducting medical camp. The team provided their services to all the COVID affected patients at a time when it was most needed with no other health services being available.



01-06-2021: Patient undergoing screening, Kisan Nagar Village

Petshal Hospital (Jageshwar Dham Marg, Almora)

Total 2 camps catering to 2 villages were conducted with 113 beneficiaries

Petshal hospital organized 2 community medical camps in Supai village of block Bhaisiya Chhana and Kanal Bunga village of block Hawalbag of Almora district. These villages are situated at a distance of approximately 15 km and 45 km from our hospital. These camps were held on 28th and 30th of June. The nearest PHC and the CHC are at a distance of 10 km and 25 km respectively. In these camps procedures like dressing of wounds and POP application was also done by our staff.



30-06-2021: Vitals monitoring at registration Kanal Bunga village



28-06-2021: POP application underway, Supai Village

Haridwar Hospital

Total 12 camps catering to 9 sites were conducted with 222 beneficiaries



09-06-2021 & 12-06-2021: Patient undergoing examination, Jagannathdham Ashram Bheemgoda and Ravidas Basti

Haridwar hospital organized a total of 12 community medical camps in sites of Jwalapur Punjabi Dharamshala, Maa Vaishno Devi School, Jagannath Dham Ashram Bhimgoda, Sheetla Mata Mandir, Bairagi Camp, Sooratgiri Bangla, Valmiki Basti, Ravidas Basti and Hari Krishna Dham Bhimgoda of block Jwalapur, Kankhal and Bhoopatwala in Haridwar district situated at a distance ranging from a nearest of 5 km to farthest of 38 km from our hospital. These camps were held on 8th, 9th, 10th, 11th, 12th, 15th and 16th of June.



Common diseases/illnesses diagnosed and treated in the camp included: Covid like illness, Fever /Cold/Cough, Osteoarthritis and other Orthopaedic problems, Hypertension, Diabetes, Gastritis, Muscular pain and bodyache, Skin diseases, Vision defects etc.

COVID CARE

Dharmawala, Haridwar, Narayankoti and Pipalkoti



Physiotherapy sessions for COVID patients at Dharmawala



Patient under COVID care - Dharmawala



Patient under COVID care - Pipalkoti



Patient under COVID care Haridwar



Patient under COVID care - Narayankoti

PLASTER (POP) APPLIED: 443 SVHM hospitals

Plaster (POP) application underway:



Dharmawala



Petshal



Haridwar

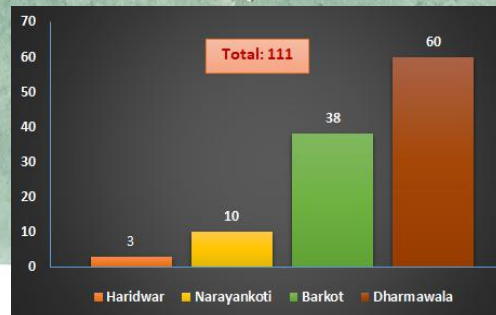


Barkot



Narayankoti

SURGERIES 111 (49 Major and 62 Minor) Dharmawala, Barkot, Narayankoti and Haridwar



Major Surgeries resumed at Dharmawala and Haridwar hospitals from 1st of June 2021 onward.



Haridwar: Dr. N. S. Chauhan (Gen. Surgeon) and Dr. C.B. Verma (Anaesthetist) along with the OT team performing Laparoscopic Cholecystectomy.



Dharmawala: Dr. Shreya Agarwal (ENT Surgeon) and Dr. Nimish Gupta (Oral and Maxillo Facial Surgeon) along with the OT Team performing Hemithyroidectomy

SUCCESS STORIES (FEW OF THEM)

Management of Avulsed/Broken tooth in anterior tooth region by Reimplantation: Haridwar

A 22 year old male patient reported to the dental OPD of Swami Ramprakash Charitable Hospital with complaint of broken tooth in upper front tooth region due to a blunt injury. He brought his avulsed/ broken tooth which was kept in ice box hoping that it can be implanted back.

After due examination decision was taken to reimplant the avulsed/broken tooth back into the socket.

Following all the steps including cleaning and antibiotic coverage, the avulsed/broken tooth using mild digital pressure was successfully secured back with the help of sutures into socket followed by root canal treatment of tooth.



Before reimplant

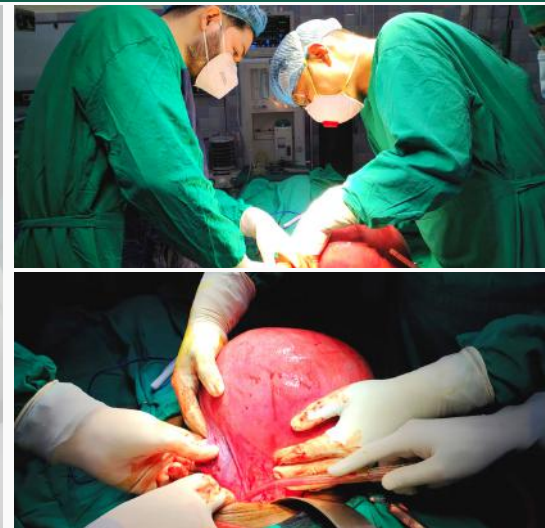
The Avulsed Tooth

After reimplant

Large Uterine Fibroid Removed : Dharmawala

A 32-year-old unmarried female patient from Kalsi presented in our OPD with complaints of gradual swelling in abdomen since last one year and menstrual irregularities since last one and half a month. Also, she had additional complaints of severe weakness and fatigue. She was detected as severe anaemic with the haemoglobin level as 2.6 gm% and her USG finding revealed large sized uterine fibroid. Removal of the uterine growth by surgery seemed to be the best possible treatment for this patient. Hailing from a very poor socioeconomic background, she was unable to afford treatment at any other private facility. She was admitted and 6 units of blood, arranged by our hospital was transfused as to raise her haemoglobin sufficient enough to undergo any surgical procedure.

After undergoing the routine pre-operative investigation including haemoglobin and COVID 19 test and found to be fit, she was operated by the surgeon team of Dr. N. S. Chauhan and Dr. Vaibhav Pratap Singh with anaesthesia by Dr. C. B. Verma. The entire procedure took more than two hours and the uterine fibroid weighing 5.5 kg was successfully removed from her abdomen. The patient was doing well post operatively and yet again a precious life was saved. The entire treatment including surgery was done at negligible cost.



General Surgeons: Dr. Narendra Singh Chauhan, Dr. Vaibhav Pratap Singh and Anaesthetist Dr. C.B. Verma along with the OT team performing surgery

Ruptured Ectopic pregnancy : Narayankoti



A 34 yrs old female presented in the hospital with complaints of severe pain in abdomen and dribbling of urine. On examination her BP was found to be 90/70 mmHg and pulse rate was 125/min with severe tenderness in lower abdomen. The patient who had undergone tubal ligation few years back was giving a history of 5 month amenorrhea. Her urine for pregnancy test was immediately done which came out positive. The provisional diagnosis went in favour of ruptured ectopic pregnancy. She was put on intravenous fluids to begin with and then other supportive treatment.

After stabilizing, the patient was referred to AIIMS Rishikesh (under collaboration with SVHM society) for further management. All the relevant details and information about the patient was shared beforehand with AIIMS so as to quicken the admission process and the management to begin soon on arrival at the facility. The USG done at AIIMS Rishikesh revealed ruptured ectopic pregnancy thus proving the Narayankoti hospital diagnosis correct. The patient underwent surgery and is on her road to recovery. A timely intervention saved a precious life yet again.

OPD waiting area - Narayankoti Hospital

NOTABLE EVENTS

HARIDWAR

Inauguration of Post Covid Care Unit:

On 5th June 2021, a Post Covid Care Unit was inaugurated at Swami Ramprakash Charitable Hospital, Haridwar. The programme was virtually attended by Mahamandaleshwar Swami Rupendra Prakash Maharaj ji (Mahant Prachin Avadhoot Mandal Ashram and Shri Panchayati Akhara Bada Udasin).

On this occasion, SIDCUL Industrial Association, Haridwar donated four oxygen concentrators and four state-of-the-art ECG monitors to Swami Ramprakash Hospital. These modern equipment will prove beneficial in the rehabilitation therapy and treatment of patients suffering from post covid health problems.

Post Covid Lung Fibrosis and Heart Disease Camp:

A post Covid lung fibrosis and heart disease camp was organized by Swami Ramprakash Charitable Hospital, Haridwar on 20th June 2021 in which Dr. Rahul Chandola, Heart and Lung Transplant Surgeon of Max Hospital Delhi provided his voluntary services.

A **total of 66 patients** underwent consultation and treatment in the camp.



Sidcul Industrial Association, Haridwar members with the donation material.



Post Covid Lung Fibrosis and Heart Disease Camp Highlights



Clinical Meeting on Management of avulsed / broken tooth



Ongoing consultation of patient by Dr. Rahul Chandola Heart and Lung Transplant Surgeon, Max Hospital, New Delhi

Clinical Meeting on Management of avulsed / broken tooth:

A clinical meeting was conducted in Swami Ramprakash Charitable Hospital, Haridwar where a presentation was shared by Dr. Monika on management of avulsed / broken tooth.



NOTABLE EVENTS DHARMAWALA

Sunday Super and Multi Specialty Camps:

04 camps conducted with overall 802 beneficiaries



Registration Queue



Ongoing Urosurgery



Dr. Ashutosh Mishra (Cardiologist) doing ECHO Test

Covid vaccination and testing:

Dharmawala continued to function as a COVID **Vaccination** Center with session being conducted by PHC Kunjagrang team with our support: Total vaccinations done in the month : **1,068**

COVID **Testing** was conducted by SDH Vikasnagar team at Dharmawala for patients and staff on 24th June: Total **RTPCR** and **RAT** done = **125**



Covid Vaccination (Covishield) underway



Covid testing underway (RTPCR and RAT)



Dharmawala: Seva International, New Delhi donated 8 Ventilators.



Pipalkoti: Agaaz foundation, Pipalkoti donated a Oxygen Concentrator



Dharmawala: Shri Sehdev Singh Pundir (BJP MLA, Sahaspur Vidhan Sabha, Dist. Dehradun) donated 10 patient beds (with set of 10 I V stands, bed sheets and pillow covers).



Pipalkoti: Chatrapati Shivaji Maharaj Day celebrated

International Yog Day celebrated at all SVHM hospitals



Haridwar

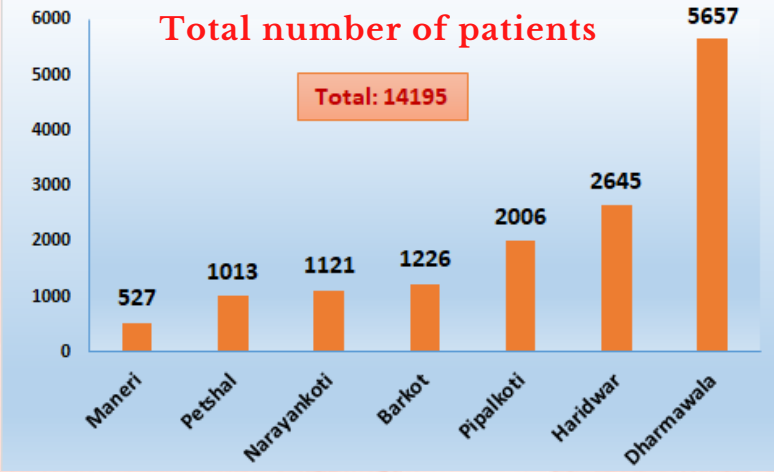


Pipalkoti

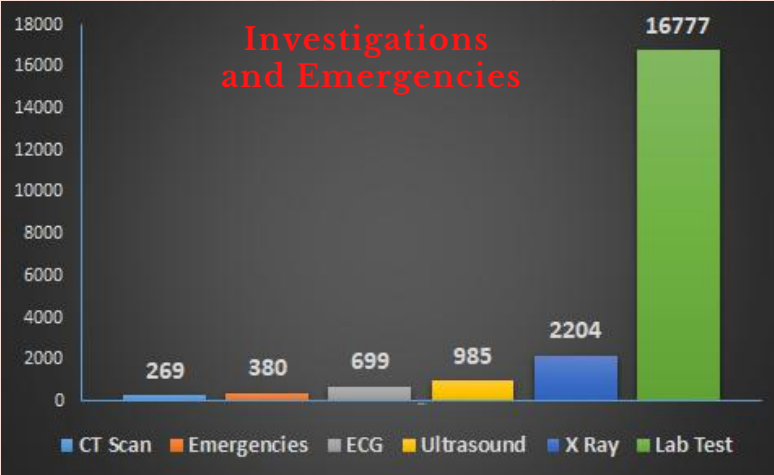


Petshal

STATISTICS

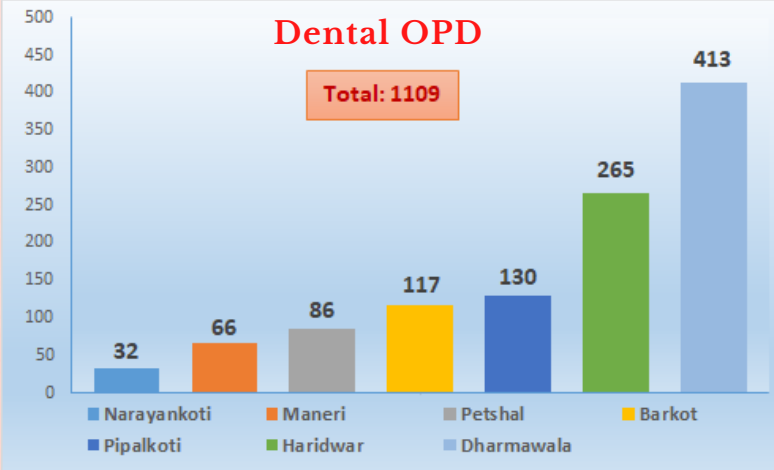


Registration - Dharmawala



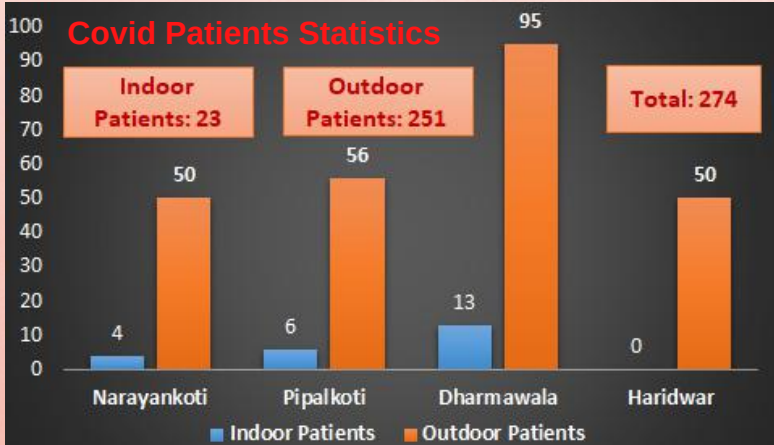
ECG underway - Barkot

CT Scan facility is available only at Dharmawala hospital.
 Ultrasound facility is available at Dharmawala and Haridwar hospitals.



Dental OPD - Narayankoti

Dental OPD facility is available at our hospitals of Dharmawala, Barkot, Pipalkoti, Petshal, Maneri and Narayankoti. The dental OPD of Haridwar was suspended temporarily as it was converted into a Covid hospital.



Patient undergoing Covid care - Narayankoti

Covid treatment was provided at our 3 hospitals: Dharmawala, Narayankoti and Pipalkoti. At Haridwar hospital as there were no fresh patients hence the COVID ward was closed from 01.06.2021.



SWAMI VIVEKANAND HEALTH MISSION SOCIETY UTTARAKHAND

MONTHLY NEWSLETTER

JUNE 2021

Donate us to serve more:
Swami Vivekanand Health Mission Society

A/C No: 32584491256

IFSC Code: SBIN0010626

Branch Name: CST Herbertpur, Dehradun

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svhmuk@gmail.com; anujdrs@gmail.com

All donations are tax-exempted under section 80G of the Income Tax Act, 1961.

Dharmawala, Dehradun



Maneri, Gangotri Marg



Narayankoti, Kedarnath Marg



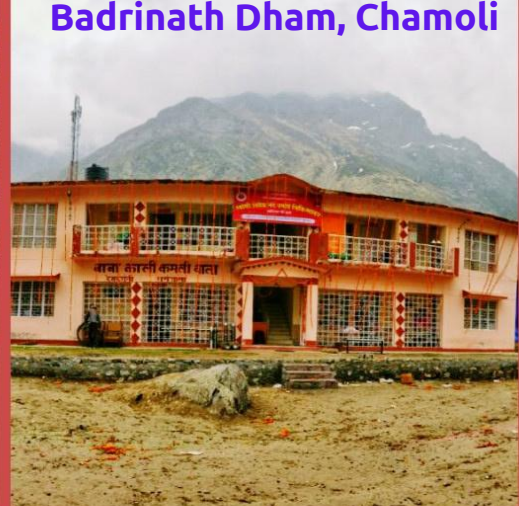
Barkot, Yamunotri Marg



Pipalkoti, Badrinath Marg



Badrinath Dham, Chamoli



Petshal, Jageshwar Dham Marg



Kedarnath Dham, Rudraprayag



Haridwar

