

# Swami Vivekanand Health Mission Society, Uttarakhand (April-June'2020) Report

With the sole motto  
"Service to Humanity is Service to God"

## QUARTERLY REPORT (April-June'2020)

Swami Vivekanand Health Mission hospitals and health systems across Uttarakhand have stepped up their services in heroic and unprecedented ways to meet the challenges of COVID-19. We appreciate the opportunity to introduce our services to all.

Ensuring that members of society are healthy and reaching their full potential requires the prevention of disease and injury; the promotion of health and well-being; the assurance of conditions in which people can be healthy; and the provision of timely, effective, and coordinated health care. SVHM staff is making sure that they are providing essential medical services to all the patients by following a strict precautionary guideline of COVID 19.

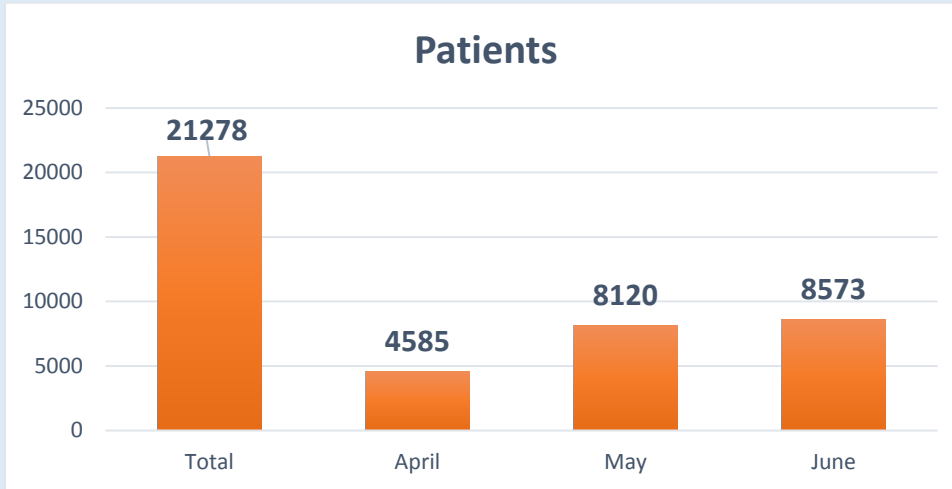


*Swami Vivekanand Health Mission Society, Uttarakhand*

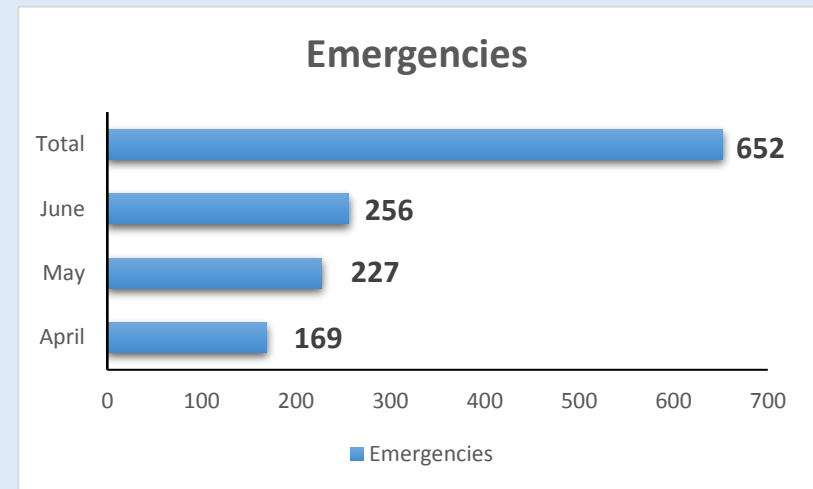


# Swami Vivekanand Health Mission Society, Uttarakhand (April-June'2020) Report

## **STATISTICS** (SVCH Dharmawala, Maneri, Narayankoti, Barkot, Pipalkoti, Badrinath & Petshal)



*Graph (I)*



*Graph (II)*



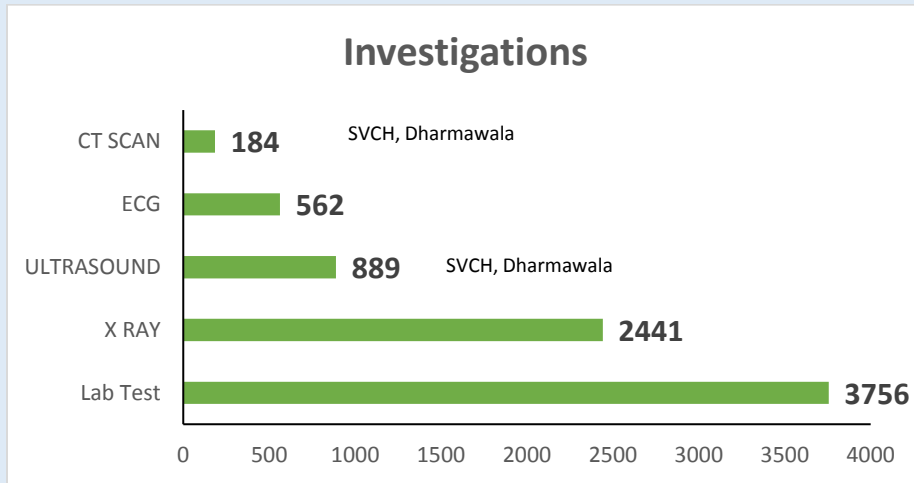
**Out Patient Department**



**Emergency Department**

# Swami Vivekanand Health Mission Society, Uttarakhand (April-June'2020) Report

## STATISTICS



Graph (III)



Allopathic  
Clinic

Medical, Dental, Gynae,  
Ophthalmic, ENT,  
Psychiatric, Ortho, Renal,  
Skin, Surgical &  
Obstetrics



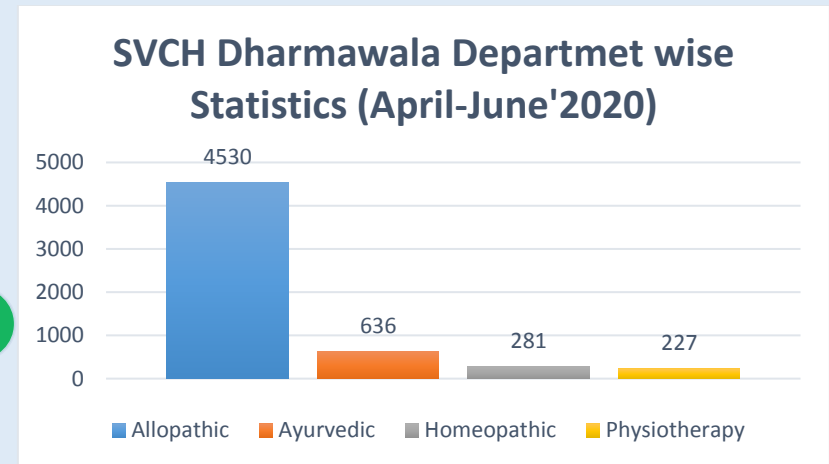
Ayurveda  
Clinic



Homeopathy  
Clinic



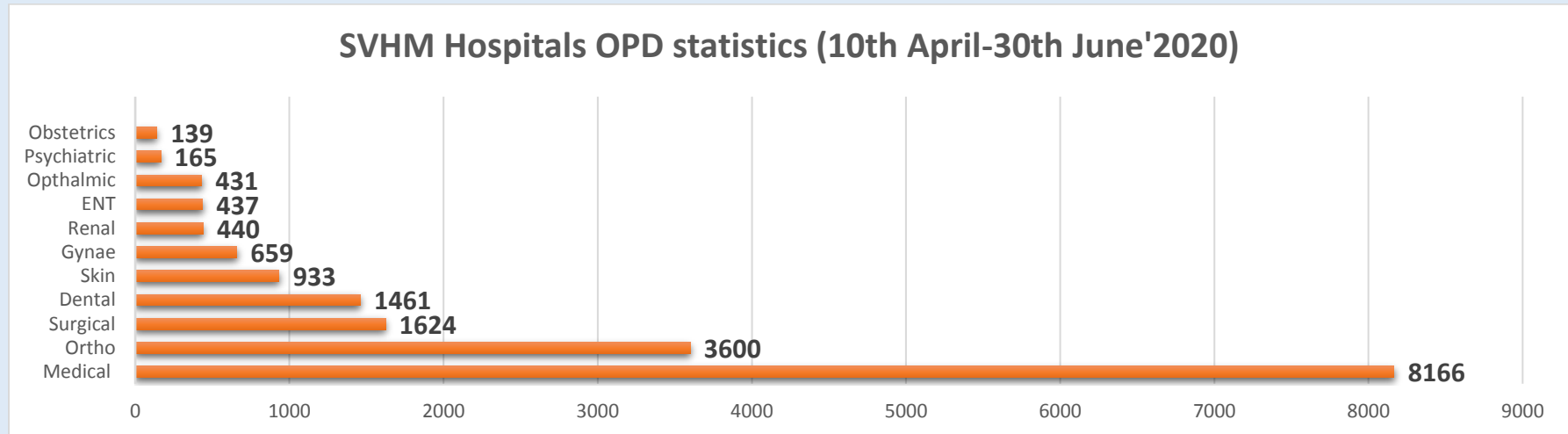
Physiotherapy  
Clinic



Graph (IV)

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## STATISTICS



Graph (V)

Note: The above graphical data belong to following SVHM Hospitals: (Dharmawala, Maneri, Barkot, Narayankoti, Pipalkoti, Petshal) 10<sup>th</sup> April – 30<sup>th</sup> June and (Badrinath) 16<sup>th</sup> June – 30<sup>th</sup> June.



OPD Services



Free Pharmacy

# Swami Vivekanand Health Mission Society, Uttarakhand (April-June'2020) Report

## SPECIAL ACTIVITIES/EVENTS



**15.04.2020:** SVCH, Pipalkoti: Food packets prepared at hospital kitchen distributed to the labourers stranded due to COVID 19



**16 & 17.04.2020:** SVCH, Pipalkoti: Cloth Mask prepared by hospital staff and village women followed by their distribution among hospital staff and locals.



**18.05.2020:** SVCH, Barkot: Mask and Sanitizer distributed to all the hospital staff by Mrs. Anupama Rawat (Municipal President)



**24.05.2020:** SVCH, Barkot: PPE Kits distributed to all doctors by Mukesh Tamta Ji (BJP-Board President, Barkot)

## HELPING HANDS



**16.04.2020:** SVCH, Pipalkoti: In recognition of our efforts, THDC (Tehri Hydro Development Corporation Limited) staff members donated a amount of 20,200/- to make necessary food arrangements for labourers stranded/affected due to COVID 19



**17.04.2020:** SVCH, Pipalkoti: In acknowledgement of our sewa activities, Birhi Ganga Project donated an amount of 25,000/- and Commanding Officer of Border Road Organization donated groceries on a personal basis.

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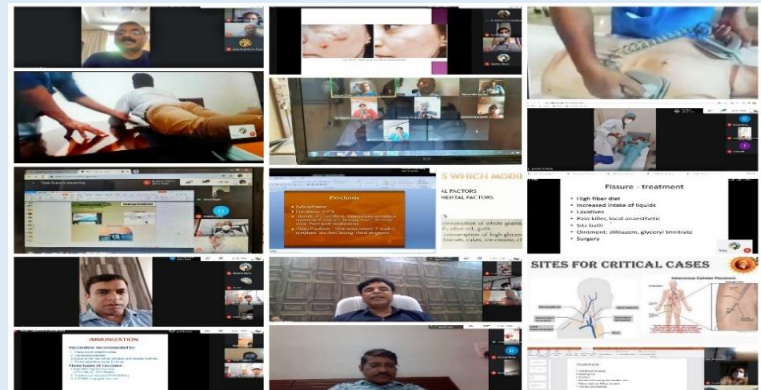
## SPECIAL ACTIVITIES/EVENTS

### 22 Erudite Webinar Sessions on common ailments and diseases (21<sup>st</sup> May – 8<sup>th</sup> July 2020)



|                               | Specialty  | Place  | Topic  | Lecture<br>S |
|-------------------------------|--|--|--|--------------|
| Prof. Dr. Pushendra Malik     | Surgeon  | BPS Medical College, Sonipat                     | Acute Abdomen  | 1            |
| Dr. Siddharth Maheshwari      | DM, Neurologist  | IHABS, New Delhi                                 | Headache, Seizure Disorders  | 2            |
| Dr. Aarti Luthra              | Senior Gynaecologist                                   | Luthra Nursing Home, Dehradun                    | Bleeding P/V   | 1            |
| Dr. Rakesh Tyagi              | MD Anesthesia,<br>Director of critical care department | Synergy Plus Hospital, Agra                      | CPR (cardiopulmonary resuscitation)  | 1            |
| Dr. Kapil Tyagi               | Orthopaedician and Managing Director                   | Yatharth Super specialty Hospital, Noida         | Backache, Joint Pain   | 2            |
| Dr. Nakul Upadhyay            | Dermatologist  | Bulandshahar                                     | Common skin infections / diseases (3), Acne Vulgaris, Urticaria and Angioedema | 5            |
| Prof. Dr. Sanjeev Verma       | Medical Oncologist                                     | HIMS, Jolly Grant, Dehradun                      | Hypertension   | 1            |
| Dr. Vimal Gupta               | Diabetologist  | Fortis, New Delhi                                | Diabetes Diagnosis and Management  | 1            |
| Assoc. Prof. Dr. Ashutosh Rai | ENT Specialist   | MLN Medical College and SRN hospital, Allahabad  | Tinnitus   | 1            |
| Prof. Dr. Sagar Lavania       | Psychiatrist and HOD                                   | Medical College, Mathura                         | Common Psychiatric Illness and their management                                | 2            |
| Dr. Palak Agarwal             | Pathologist  | Swami Vivekanand Charitable Hospital, Dharmawala | Blood Collection and Preservation  | 1            |
| Dr. Nikhil Aggarwal           | Gastroenterologist, Principal Consultant and Head      | MAX Super specialty Hospital, New Delhi          | PR Bleed (Bleeding per rectum)   | 1            |
| Dr. Sanjay Sharma             | Sr. Gastroenterologist                                 | Synergy Plus Hospital, Agra                      | Acid Peptic Disease  | 1            |
| Dr. Mudit Kumar Aggarwal      | Pediatrician & Neonatologist                           | Swami Vivekanand Charitable Hospital, Dharmawala | Typhoid Illness  | 1            |
| Dr. Pradeep Chowdhary         | Sr. Physiotherapist                                    | Yatharth Super specialty Hospital, Noida         | Exercises for Joint pains  | 1            |

Swami Vivekanand Health Mission Society, Uttarakhand would like to acknowledge the efforts of all the subject experts who have bestowed their vast experiential knowledge to the doctor's team of Swami Vivekanand Charitable Hospitals as a part of continuing medical education (CMEs) in the form of Webinars. These webinars in the mode of lectures, PowerPoint presentation and practical demonstrations have immensely benefitted the Doctors of the SVHM hospitals and has updated their skills as well as armed them with latest disease management modalities. These CMEs in the form of webinars were equipped with great presentation style, with lots of opportunities to ask questions and discuss about real life scenarios which all made for a really enjoyable and informative sessions. These have been very well designed, practical and valuable for anyone who wants to enhance their medical education. The SVHM society expressed their heartfelt gratitude and is highly obliged to these masters of their respective domains and hope to extract more from their rich knowledge and expertise in times to come.



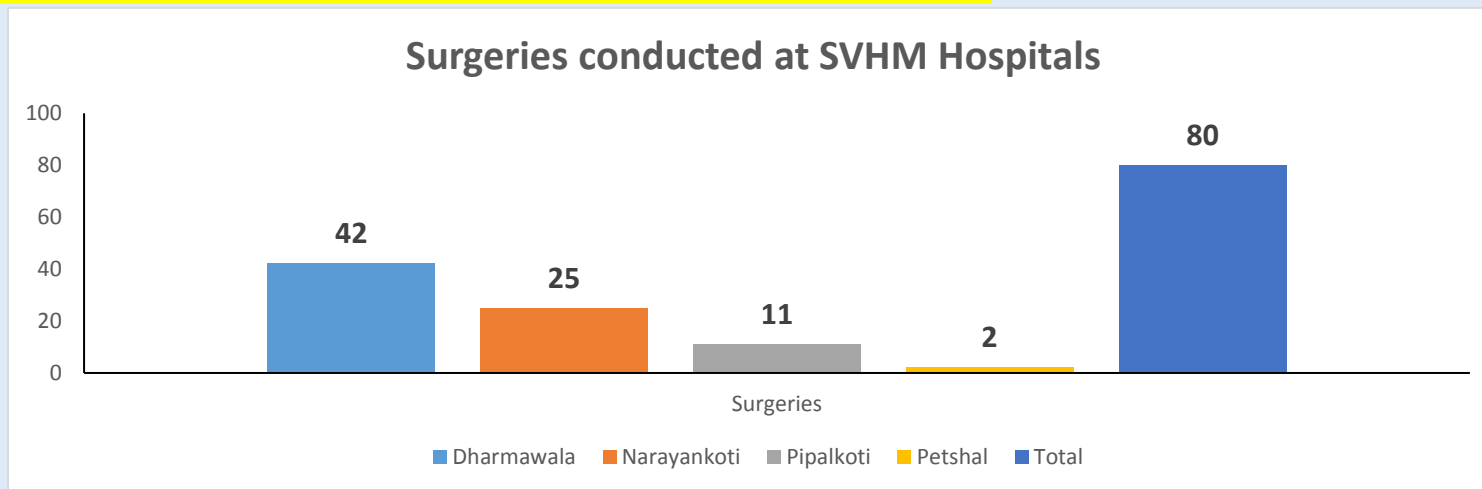
# Swami Vivekanand Health Mission Society, Uttarakhand (April-June'2020) Report

## Coronavirus Pandemic Special Precautions – OT equipped with all necessary equipment for conducting Surgeries



- Personal Protective Equipment (PPE) KIT.
- Face Shield.
- Surgical
  - o Gloves.
  - o Face Mask.
  - o Cap.

COVID-19 test performed for all patients prior to Surgery.



Graph (VI)

# Swami Vivekanand Health Mission Society, Uttarakhand (April-June'2020) Report

## SPECIAL ACTIVITIES / EVENTS

**16-06-2020 "SVHM Badrinath Hospital Reopening"**

**Puja done by Shri Badrinath Dham Dharmadhikari**



**The first and only hospital at Badrinath with ICU and Ventilator support.**

People living in remote villages in and around Badrinath Dham such as Mana and Bamini have been facing immense problems due to COVID-19 pandemic. Villagers used to avail high quality and cost effective medical services from our hospital. Though the pilgrimage has not yet started but as per the request put forth by Mana and Bamini village people and Shri Badrinath Dham Dharmadhikari Shri Uniyal Bhuwan Chandra Ji the SVHM society reopened the hospital on 16-06-2020.



**21-06-2020 – "Tulsi Mala for Badri Narayan"**

**A meeting was organized by SVHM Badrinath team with an effort to resolve the financial crisis faced by the people of Bamini Village.**



Due to prevailing Covid-19 situation pilgrimage hasn't resumed to Badrinath & rest all Dhams as well. There are 105 families of Bamini village (adjoining to Badrinath) who brings Holy Tulsi from nearby jungles and makes Garlands for Bhagawan Badrivishal and pilgrims offer the same to the Lord. All such families, especially ladies who used to earn meagre amounts by selling these Garlands to Pilgrims are offering the same to the lord with selflessness. SVHM Society initiated a drive to support these families by donations so that they can earn a bit livelihood and do the Seva to the Lord Badrivishal on our behalf as well.

**21-06-2020 : 1<sup>st</sup> Surgery performed successfully at Swami Vivekanand Charitable Hospital Petshal, Almora**



A patient named Rakesh Nath age 30, visited the routine OPD of SVCH Petshal during first week of June and was diagnosed as inguinal hernia requiring surgery. Rakesh Nath, a cook by profession was working in Archaeological Survey of India, Jageshwar Dham and was not in a position to bear the cost of the surgery and the nearest facility which provided the same was 100 km away.

The SVCH Petshal though equipped with an OT and latest facilities had never conducted any surgery. The facility Doctors took notice of the situation of the patient and requested **Dr. Ajay Agarwal, a renowned surgeon and Dr. Manoranjan Pant, senior Anesthesiologist from Rudrapur** who have been visiting regularly SVCH Petshal on every Sunday during multidisciplinary camps for providing their services and performing the surgery on this patient. .

Both the Doctors who have been associated with the SVHM society for long readily agreed despite the ongoing COVID 19 pandemic scenario and asked the facility to get the preoperative tests done. The duo along with their teams and equipment travelled almost 140 km and more than 4 hours to reach Petshal and performed the surgery (herniorrhaphy) on 22nd June 2020 thus marking a historic day for the facility. The surgery done relieved the patient of the pains he would have endured including financial burden and reflects the ever-serving attitude of the SVHM society, their associates and members. The patient is now recovering and expressed his sincere gratitude to the Doctors of Rudrapur and the SVCH Petshal team.



# Swami Vivekanand Health Mission Society, Uttarakhand (April-June'2020) Report

## Highlights of Emergency Care Services

Swami Vivekanand  
Charitable Hospital,  
Pipalkoti, Dist. Chamoli



**27.05.2020:** External fixator removal from upper limb under the guidance of Dr. Pawan Garg (Orthopaedic Surgeon, Agra)

This girl is 12 years old, who underwent orthopedic surgery at AIIMS Rishikesh three months ago, and was treated with an external fixator. This patient was supposed to go at AIIMS Rishikesh again to get it removed, but was unable to do so due to COVID-19 pandemic. They also could not get it removed in the District Hospital and Srinagar Medical College as these hospitals were converted into COVID care centers. When this patient visited our OPD, after understanding the overall problem and with full precautions the fixator was removed. In our hospital such procedure has happened for the first time and by the grace of god we were successful. The patient and his parents were extremely happy and grateful towards the hospital.

A local boy, Nirmal 5 years old underwent an orthopedic surgery for left elbow joint 3 months ago at one of the private hospitals of Dehradun. In the joint K wires were fixed as treatment measure. His K-wire also needed removal at the same hospital at Dehradun. The patient could not travel as no transportation was available due to COVID-19 pandemic. When they got to know our hospital facilities from one of their relative, they immediately came seeking for the help. We successfully removed all 3 K-wires. Patient's parents were in a state of relief. They said we are from a poor family, this procedure could have costed us around 10,000/-. Without any job we were supposed to take loan but this hospital has turned out to be a God's blessing for us by providing the treatment at free of cost.

Swami Vivekanand  
Charitable Hospital,  
Barkot, Dist. Uttarkashi



**21.05.2020:** K-Wire removal from left elbow joint under the guidance of Dr. Pawan Garg (Orthopaedic Surgeon, Agra)

Swami Vivekanand  
Charitable Hospital,  
Petshal, Dist. Almora



**19.04.2020:** A critical Road Traffic Accident case with leg bone fracture and several injuries treated successfully at free of cost.

# Swami Vivekanand Health Mission Society, Uttarakhand (April-June'2020) Report

## Highlights of Emergency Care Services

Swami Vivekanand Charitable Hospital, Narayankoti, Dist. Rudraprayag.



**19.06.2020:** Routine tracheostomy tube replacement procedure done successfully at Narayankoti Hospital.

Swami Vivekanand Charitable Hospital, Petshal, Dist. Almora



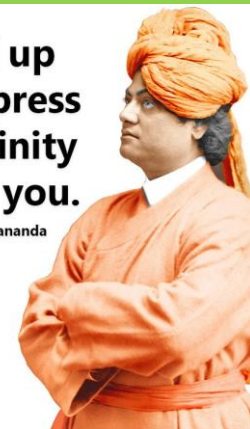
**19.06.2020:** Orthopedic operative management (Closed reduction-internal fixation) done. Buddy strapping is applied between index & middle finger for a 5 yr. old child with history of blunt trauma of index finger.



## END OF THE REPORT

Stand up  
and express  
the divinity  
within you.

~ Swami Vivekananda



# Swami Vivekanand Health Mission Society, Uttarakhand (April-June'2020) Report



Swami Vivekanand Charitable Hospital, Dharmawala



Dr. Nityanand Chikitsalaya, Maneri



Swami Vivekanand Charitable Hospital, Barkot



Shree Madhav Chikitsalaya, Narayankoti



Swami Vivekanand Charitable Hospital, Pipalkoti



Swami Vivekanand Charitable Hospital, Shri  
Badrinath Dham



Swami Vivekanand Charitable Hospital,  
Petshal



Swami Vivekanand Charitable Hospital,  
Shri Kedarnath Dham



Brij Bhoomi 108 Village Swasthya Sewa  
Prakalp, Vrindavan

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