

MOVING FORWARD

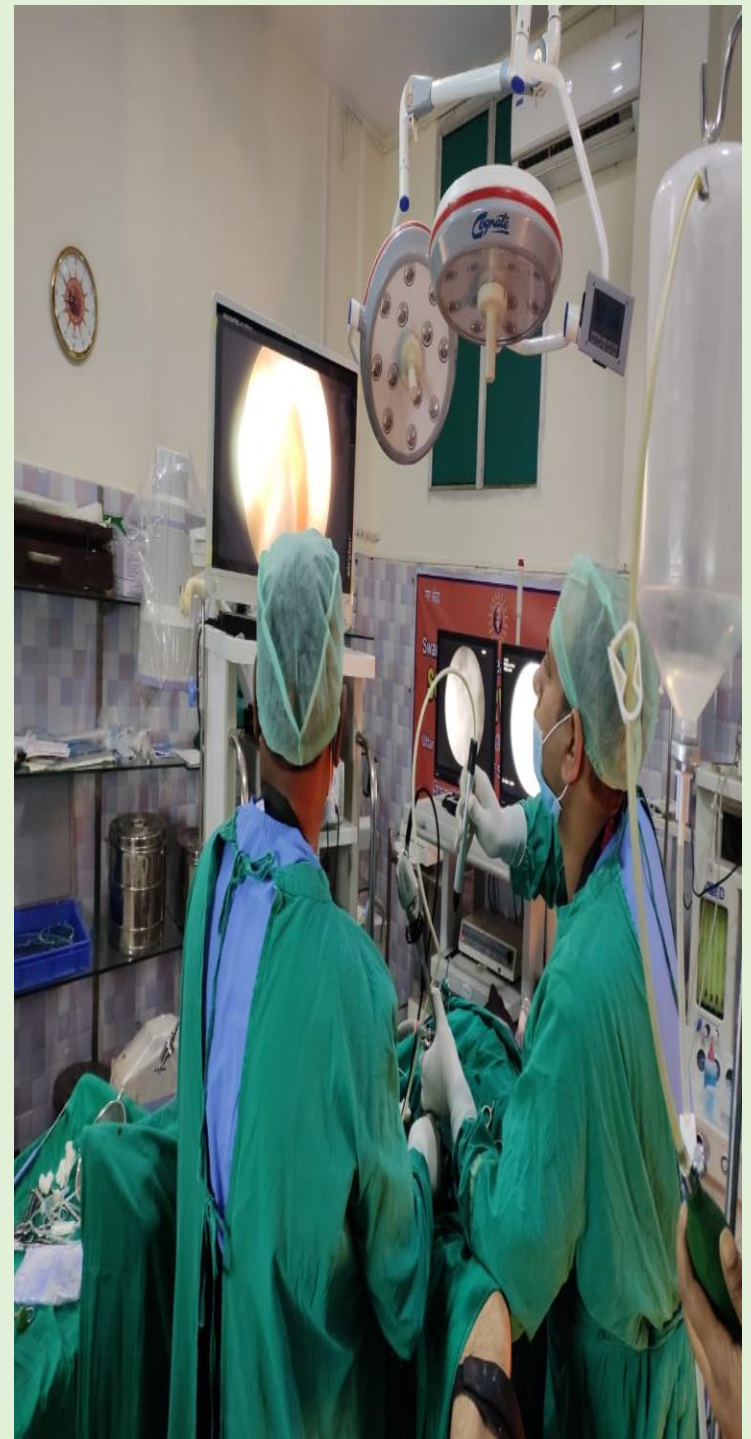
In Public Health

ANNUAL REPORT 2019-2020

HIGHLIGHTS



*Swami Vivekanand Health Mission Society,
Uttarakhand.*



Swami Vivekanand Health Mission Society, Uttarakhand

About:

A group of doctors and few likeminded people inspired from Swami Vivekanand, formed a charitable society called Swami Vivekanand Health Mission in September 2012 and started its activities in Uttarakhand. Gradually, the society has spread their wings for the “Char Dham” project with hospitals and mobile medical units running in each Dham with following:

Mission:

“To worship the motherland by serving the neglected and exploited brethren in the backward, rural and tribal areas rendering them medical and other social aids”.

Vision:

“Total and all round development of the tribes, poors, socially deprived and other backward people of Uttarakhand”.

History:

Uttarakhand (UK) was formed in year 2000 by bifurcating Uttar Pradesh. Its total population is around 11 million. It has mainly hilly terrain. UK is also called as Devbhoomi as our main Pilgrims – Yamunotri, Gangotri, Kedarnath and Badrinath are situated here. Millions of devotees from all over the world visit these shrines every year. Most of the people reside in small villages en route to these shrines and dependent on the yatra season. State also has tribal population of approximately 3.5 lakhs. But now many people are migrating from the hills to the plains as there is no proper facility for the education, health and other basic infrastructure. There are no opportunities for the employment also.

Swami Vivekanand Health Mission Society works in the area of health, education and employment. It runs charitable hospitals, dispensaries, Mobile medical vans, community health volunteer project and tuition centers. After doing a survey, mission started its activities and made its base at Dharmawala, a small village situated near the boundaries of Uttarakhand, Uttar Pradesh and Himachal Pradesh on Yamunotri road in tribal populated area of Dehradun. It is 45 Kms from Dehradun city. There are two major tribes in this area Jaunsari which reside in two blocks Chakrata and Kalsi (around 350 villages) and has population of around 90 thousand and Buxa tribe which has around 15 thousand population, residing in around 70 villages. Hospital is also providing employment opportunities with a complete training process to the villagers. 50% of the hospital staff are from tribal communities. Keeping in view of the raising mortality of pilgrims who visit chardham, majority at Badrinath & Kedarnath because of high altitude and extreme weather conditions SVHM society has started a critical care hospital at Badrinath Dham and Kedarnath Dham itself. Currently, we have been running eight charitable hospitals at Dharmawala (Shimla by pass road, Dehradun), Barkot (Yamunotri marg, Uttarkashi), Maneri (Gangotri marg, Uttarkashi), Narayankoti (Kedarnath marg, Rudraprayag), Pipalkoti (Badrinath marg, Chamoli), Badrinath Dham (Badrinath), Petshal (Jageshwar dham road, Almora) and at Kedarnath Dham (Kedarnath) in the remote and hilly areas of Uttarakhand.

CONTENTS



1
STATISTICS

2
FACILITIES INTRODUCED

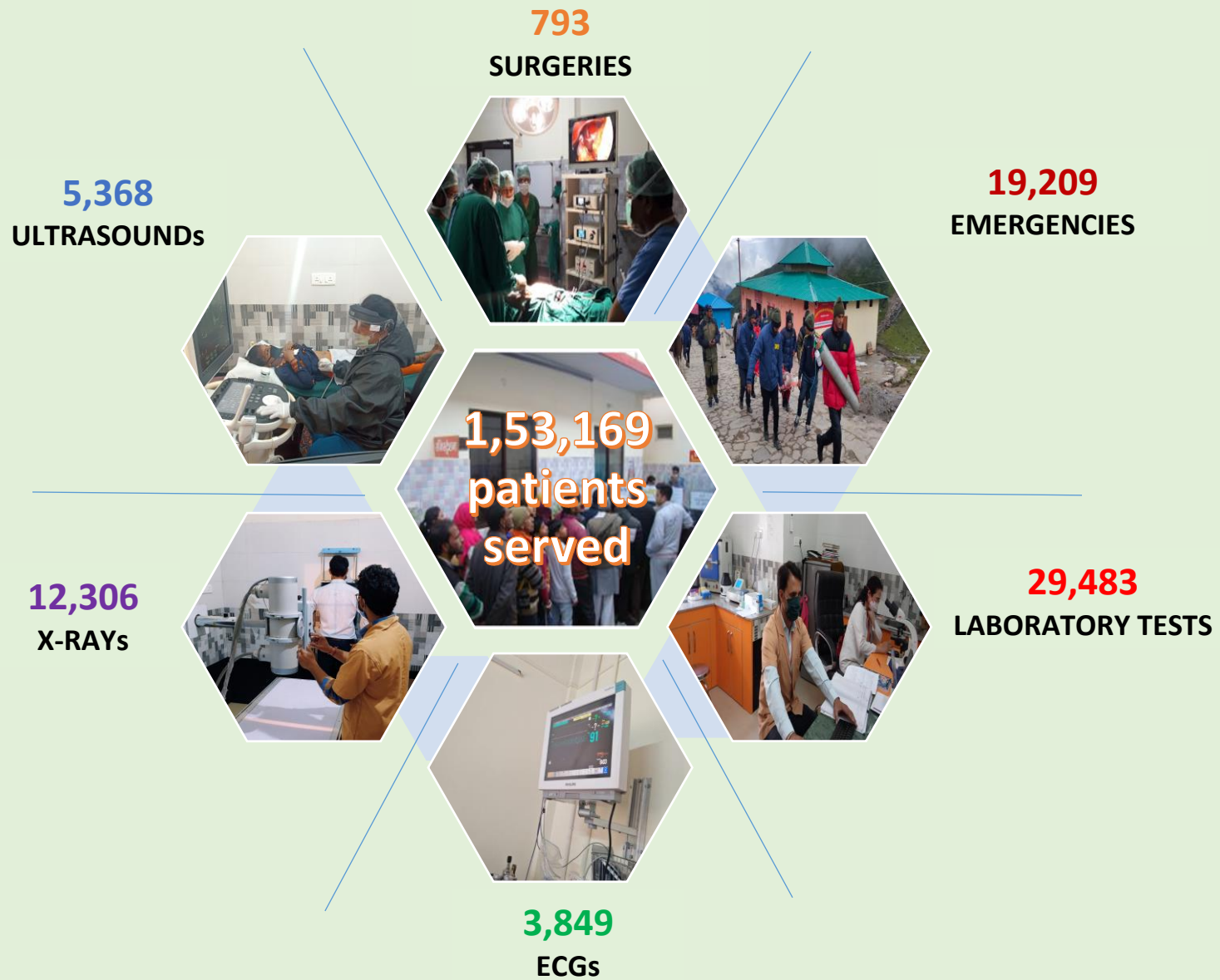
3
SPECIAL EVENTS/ACTIVITIES

4
SPECIAL VISITS

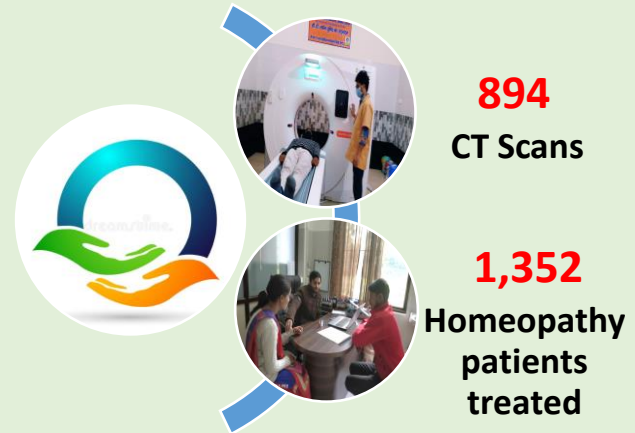
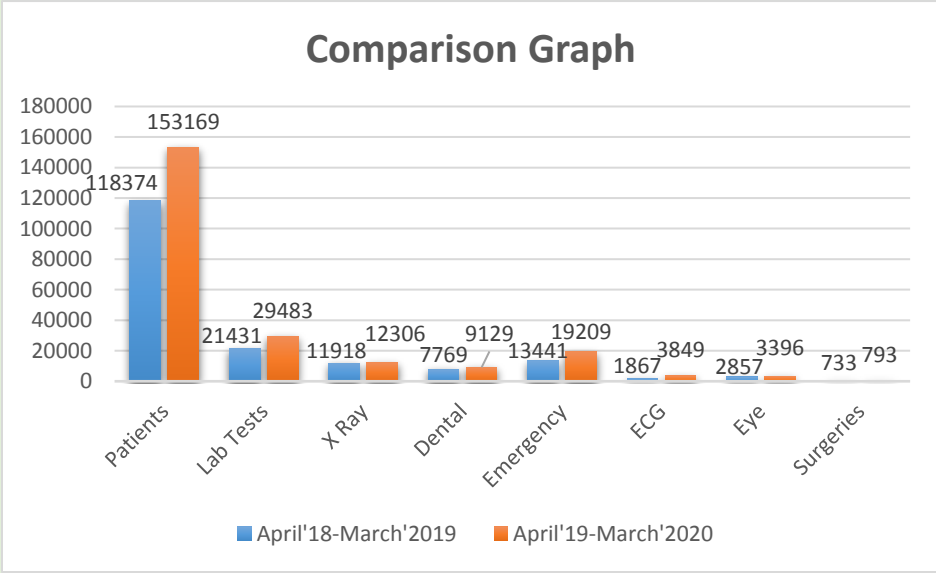
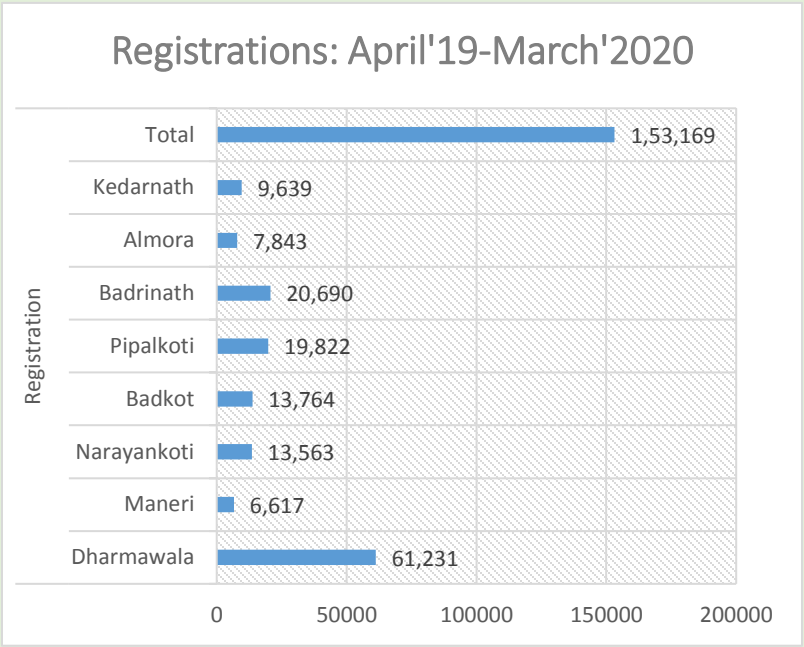
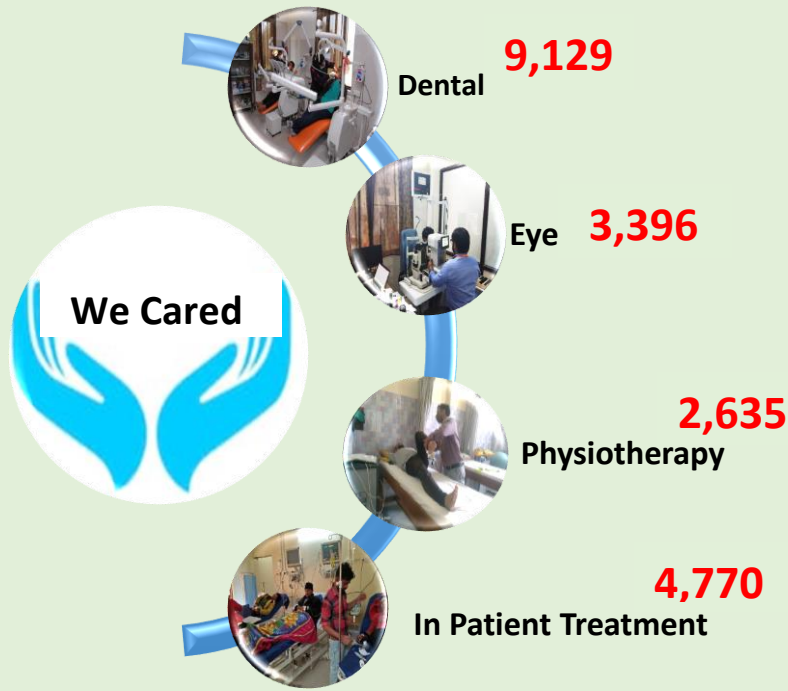
5
COMMUNITY WORK

6
SUCCESS STORIES

STATISTICS



STATISTICS



FACILITIES INTRODUCED

New Hospitals Started



At Badrinath Dham

SVHM, 6th Hospital Inauguration.

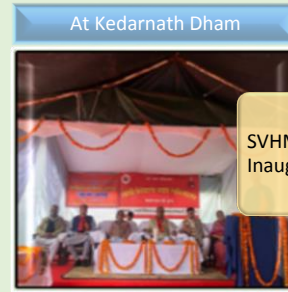
11.05.2018 Hospital Inauguration Ceremony by Honbl'e Governor of Uttarakhand Smt. Baby Rani Maurya in the presence of Poojniya Mata Mangla ji (Founder, The Hans Foundation), Poojniya Vjay Kaushal Ji Maharaj and Dr. Krishna Gopal Ji (Seh Sar Karyavah, RSS).



At Petshal, Almora

SVHM, 7th Hospital Inauguration.

21.07.2019 Hospital Inauguration Ceremony by Shri. Gajendra Singh ji (Prant Sangh Chalak, RSS), Shri. Jagdish Ji Bhai Sahab (Kshetriya Pracharak Pramukh, RSS) and President of Almora Ram Krishna Kutir, Pujya Swami ji Dhruveshanand ji Maharaj.



At Kedarnath Dham

SVHM, 8th Hospital Inauguration.

2.09.2019 Hospital Inauguration Ceremony by Honbl'e Governor of Uttarakhand Smt. Baby Rani Maurya, Honorable Chief Minister Shri. Trivendra Singh Rawat, Poojniya Mata Mangla ji (Founder, The Hans Foundation) and Bhole ji Maharaj, Shri. Dinesh Ji and Dr. Krishna Gopal Ji (Seh Sar Karyavah, RSS)

Other Facilities Started



At SVCH, Dharmawala

CT scan machine, Siemens 32 Slice.

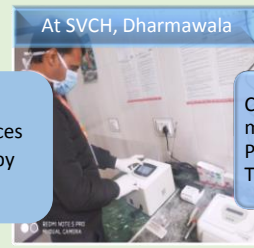
9.06.2019 Inaugurated by BPCL Official members and other dignitaries.



For 5 SVCH hospitals.

Five Ambulances donated by ONGC.

8.08.2019 Handing over Ceremony by Shri Jayant Walia (GM HR Corporate CSR Delhi), Shri Ram Raj Dwivedi (GM HR In charge CSR Dehradun) and Shri Munna Singh Chauhan (MLA, Vikasnagar).



At SVCH, Dharmawala

CBNAAT machine with PCR Technology.

12.11.2019



At SVCH, Dharmawala

5-Storey Building construction started.

13.12.2019



At SVCH, Dharmawala

Full-time Ayurveda Clinic with Panchkarma Treatment.

26.12.2019



At SVCH, Dharmawala

Digital Colposcopy Unit.

27.09.2019



At Madhav Chikitsalaya, Pipalkoti

ABG (Arterial Blood Gas) testing machine.

22.11.2019

SPECIAL EVENTS/ACTIVITIES

16-02-2020 “देवभूमि चिकित्सा सेवा के सात वर्ष” at Ambedkar International Center New Delhi



Chief dignitaries : Dr. Harsh Vardhan Ji (Minister of Health and Family Welfare), Shree Mata Mangla Devi Ji (Founder-The Hans Foundation), Shri Vijay Kaushal Maharaj Ji, Honorable Chief Minister, Uttarakhand - Trivendra Singh Rawat Ji, Honorable Governor, Uttarakhand - Shreemati Baby Rani Maurya Ji, Suresh Soni Ji & Dr. Krishna Gopal Ji (RSS Joint General Secretaries).



SVHM Documentary.



This program was attended by Philanthropic Doctors & people giving their contribution in this sewa yagya.



Lamp Lightning.



A coffee table book was also unveiled by all guests.



Folk Dance by the ladies of Mana Village, Badrinath.

Photo Exhibition.



Stalls promoting Organic Products.



Presentations of all Hospitals and other Sewa work.



AIIMS, Rishikesh Director Dr. Ravikant and the doctor's team were also felicitated for providing their continuous voluntary services in SVHM Hospitals.

Website Inauguration.



Doctors & staff (including fourth class employees) of all hospitals & projects were felicitated by honorable guests. Doctors & social workers from all over country who give their voluntary services in this Sewa work were also felicitated.

SPECIAL EVENTS/ACTIVITIES



MOU signed with AIIMS RISHIKESH regarding high altitude medicine certificate course for doctors and nurses.



27-01-2020
"MOU Signed"



SVHM Team visited Gangotri Dham for the opening of its 9th Hospital.



17 & 18-03-2020
"Survey of SVHM's, 9th Hospital"



People served: **12,648**

"Anna Danam"
During Sunday Camps Free food service provided at SVCH, Dharmawala to all patients and attendants.



At Narayankoti and Pipalkoti Hospitals,
Surgery camps: **10** Surgeries: **121**



"Surgery Camps" Oct'19-Feb'2020.
Dr. Hamidi, Dr. Kapil Tyagi, Dr. Rahul Singh, Dr. C. B. Verma and Team providing their voluntary services in these surgery camps.



At Dharmawala, Petshal, Narayankoti and Pipalkoti Hospitals,
Camps: **91** Beneficiaries: **27,877**



"Sunday Multidisciplinary Camps".
Doctors from AIIMS, Rishikesh providing their regular voluntary services at Narayankoti and Pipalkoti Hospital.

SPECIAL EVENTS/ACTIVITIES

- Training and Sessions



6-02-2020
Fire Mock Drill Training by Firefighter Officer at SVCH, Petshal.

18 & 19-12-2019
Lecture and Demo Class on Hand Hygiene and Biomedical Waste Management by Dr. Yogendra Chauhan (Almora) at SVCH, Petshal.

23-03-2020
Awareness Sessions on COVID-19 given to the staff members and patients at all SVHM Hospitals.

SPECIAL VISITS

27 & 28-07; 15-09-2019
Dr. P.K. Singh (Skin Specialist) gave his voluntary services at Dr. Nityanand Chikitsalaya, Maneri and SVCH Barkot.



During May 2019
Dr. Pawan Garg, a well-known Orthopedic Specialist from Agra gave his voluntary services at SVCH, Barkot.



25-05-2019
Mr. Mukesh Ambani visited Shri Badrinath Dham hospital and praised our work. He was surprised at the fact that the hospital with such advanced facilities could be set up in such a short span of time. He said he would send his people to make a story on this hospital.

COMMUNITY WORK



Breast and Cervical Cancer Awareness sessions.



Breast and Cervical cancer screening camps.



Community Medical Camps.



Home Visit by doctor during Community Medical Camp.



Community Mental Health sessions.



Village Household Survey and Random House Visits.



Yoga Sessions.



Menstrual Hygiene Sessions and "MY PAD" program.



ANC Sessions.



Dental Hygiene Camps.

136 Community Medical Camps conducted through SVHM Hospitals in **52** Villages with **8,040** Beneficiaries.

490 Yoga Sessions with **624** participants.

Dental Hygiene Camps with **240** Beneficiaries.

12 Breast and Cervical Cancer awareness Sessions. **9** Breast and Cervical Cancer Screening Camps with **1,064** beneficiaries.

6,121 Village Household members Survey and **1,836** random health check house visits done.

108 Menstrual Hygiene Sessions. **3,854** IFA tablets and **1,408** Calcium tablets distributed at free of cost. **1,460** Adolescent Girls filled My Pad Questionnaire with **1,890** Pads distributed.

64 Awareness and Check Up Sessions with **195** pregnant ladies enrolled getting free Iron Folic acid tablets. **1,539** House Visits with **718** Mental Health patients identified and **330** treated in our Dharmawala hospital.

SUCCESS STORIES (few of them)



27.08.2019: Pilgrims of Maharashtra were going from Kedarnath Dham to Badrinath Dham. Few of them got ill in between journey. They came to our Madhav Chikitsalaya Narayankoti and given treatment free of cost. The pilgrims were very happy with the hospital facilities and hospitality.



23.07.2019: A difficult tooth surgical extraction was done by our senior dentist Dr. Vikas at SVCH, Pipalkoti. It was indeed a difficult and a costly process done at free of cost at our hospital.



27.09.2019: A Heart Attack patient was treated successfully at our Shri Kedarnath Dham hospital and after getting stabilized, he was airlifted to AIIMS Rishikesh.



27.09.2019: A lady patient from LITHUVANIA, Europe treated successfully in ICU at our Shri Kedarnath Dham hospital.



13.10.2019: A jawan posted at GREF (General Reserve Engineer Force), Joshimath was brought to our Pipalkoti hospital with condition of severe chest pain. He was diagnosed Heart Attack and was treated successfully. Thereafter he was shifted to Himalayan Hospital, Jolly Grant. The patient got fully recovered and was extremely thankful to our SVHM team. Later Officer Commanding of GREF also visited our hospital and were quite impressed with all the available facilities.

SUCCESS STORIES (few of them)



A localite boy, age 22 from Rudraprayag, a mule walker. Accidentally mule kicked him and he was injured. He was brought to our Shri Kedarnath Dham hospital and doctor diagnosed that his intestines were ruptured. An initial treatment was given to him due to which patient was stabilized and then he was airlifted to AIIMS, Rishikesh. Though he did not have any attender nor he has any money but at AIIMS, Rishikesh he was operated within 2 hours and he recovered fully. We requested AIIMS, Rishikesh Director & Dean Dr. Ravikant, he was kind enough to pass on directions to his team for conducting his surgery and treatment at free of cost. The patient has conveyed his thanksgiving to the entire SVHM team and said that otherwise his life would have not been saved.

21.05.2019: Mr. Sudhir, a 53 year old male was brought to our Shri Badrinath Dham Hospital in unconscious state with history of chest pain since 1 hr. He had history of similar chest pain since last 2 days but he kept ignoring it. He was given treatment within golden hour and then immediately he was referred to AIIMS, Rishikesh for further management. If he would not have been treated within that golden hour duration, then his life was in a critical state.

Mr. Sudhir is an employee at Mandir samiti at Badrinath. When he came to us, a lot of other employees and pandits accompanied him. Initially they didn't understand the seriousness of the situation. But when treatment continued, they were surprised that something like this can be done at Badrinath where they had been living for years and had seen people dying because of Heart Attack. After a few days while walking towards the temple, a man came up to us and touched our feet and had tears in his eyes. He said you saved my life and today I am back here at my base and my home because of you. He was with few other men at that time, they too held our hands and said SVHM, Badrinath is a blessing for everyone here. That man was none other than the patients himself, Mr. Sudhir.

3-10-2019: A 35 year old man from Bengaluru was brought to our Shri Kedarnath Dham hospital with history of chest pain and uneasiness. He was diagnosed Heart Attack. Patient was successfully given an initial treatment and kept under observation in ICU. Next day morning he was shifted to Dehradun Max Hospital where it was found to be 100% block in one artery. Doctors of Max hospital were surprised to know that such level of treatment which is provided by hospitals such as Max and Synergy was given to the patient even at Kedarnath Dham.

His wife reply came saying that: If not SVHM, I think I would have lost my husband. Doctor at Max hospital told me how critical his condition was. Thanks to the whole team.



Swami Vivekanand Charitable Hospital, Dharmawala



Dr. Nityanand Chikitsalaya, Maneri



Swami Vivekanand Charitable Hospital, Barkot



Shree Madhav Chikitsalaya, Narayankoti



Swami Vivekanand Charitable Hospital, Pipalkoti



Swami Vivekanand Charitable Hospital, Shri Badrinath Dham



Swami Vivekanand Charitable Hospital,
Petshal



Swami Vivekanand Charitable Hospital,
Shri Kedarnath Dham



Brij Bhoomi 108 Village Swasthya Sewa
Prakalp, Vrindavan

Website: svhmuk.in

Facebook page: [Swami Vivekanand Health Mission Uttarakhand.](#)

Email: svhmuk@gmail.com anuidrs@gmail.com