

Swami Vivekanand Health Mission Society



Quarterly Newsletter October - December 2023



From editor's desk:

The quarter was a medley of accomplishments, new initiatives, fruition, celebrations and festivities.

The quarter began with the roll out of the next phase of the Society run Anaemia Prevention, Control and Treatment Programme with the support of UJVN limited. The high point and a huge encouragement for us was the presence of the top brass of UJVN limited including their MD Shri Sandeep Singhal in the inauguration event held on 9th of October at Dharmawala hospital. It is noteworthy that Society ran the first phase of this program as a pilot project which was successful and inspired by this, the next phase was started.

The quarter saw curtain down for the season of Society's three Dham hospitals which yet again achieved new highs and served more than 1.6 lakh pilgrims. The teams departed with a resolute commitment to return again next year and keep the flag of SVHM Society flying high.

Another proud moment was when our Shri Badrinath Dham hospital was identified to remain in alert mode as an authorized facility (safe house) during the visit of Her Excellency the President of India, Smt Droupadi Murmu to Shri Badrinath Dham temple. Again, during the visit of Chairman and Managing Director of Reliance Industries Limited Shri Mukesh Ambani's to Shri Kedarnath Dham and Shri Badrinath Dham shrines, our hospitals were identified and requested by the Company to remain prepared for any kind of medical emergency etc.

In another noteworthy development, Society expanded the spectrum of services by starting a Physiotherapy facility at Barkot Hospital. Another significant development was related to Society run Pipalkoti hospital, where the process of up-gradation to a 50 bedded secondary care level facility was formalised with land being acquired for the same near the existing building. Similarly, the process of up gradation of Shri Badrinath Dham hospital is underway with kind support of Seth Mansingka Trust.

Another achievement was the inauguration of the Soft Tissue Laser Machine in the Dental Department of Dharmawala Hospital.

November month saw the elite team of The Spine Foundation Mumbai led by Dr Shekhar Y Bhojraj descend down at Dharmawala hospital for conducting the biannual Spine Surgery camp with generous support from HOPE foundation, Dehradun. Similarly, the fortnightly urology camps at Dharmawala Hospital continued providing advanced surgery facilities to the community, notably in one such camp, a very complex, expensive and advanced surgery named Lap Ureteric Re-implantation was performed completely free of cost.

Society hospitals celebrated all the festivals of the quarter with traditional enthusiasm, fervour and gaiety with every staff indulging in festivities and jollity. The coming quarter will be filled with more achievements and accomplishments and with the blessings of Bhagwan Shri Ram, the Society will continue to follow its path of 'Nar Sewa Narayan Sewa.'

सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामया। सर्वे भद्राणि पश्यन्तु मा कश्चित् दुःखभाग् भवेत्।। **0 3**SOCIETY'S CHARITABLE
HOSPITALS

04-08

HIGHLIGHTS OF THE QUARTER

09-10

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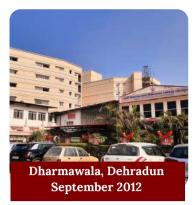
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Society's Charitable Hospitals

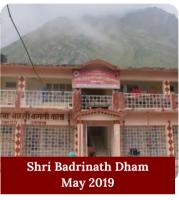
























Founded in the year 2012 by a group of young Doctors and some philanthropists, Swami Vivekanand Health Mission Society is continuing its mission of providing high quality charitable health care to mankind. The Society started its journey by establishing their first charitable project in the form of a small dispensary at Dharmawala, a tribal dominated village, situated 40 km from Dehradun, Uttarakhand and bordering the states of Himachal Pradesh and Uttar Pradesh.

The self-belief of the Society to provide quality health care to the deprived, tribes, pilgrims and needy along with strong willed approach led to establishment of more hospitals in phases as well as the up gradation of the small dispensary of Dharmawala to a full-fledged multi-specialty hospital.

The Society with its vision and mission as the guiding principles also established charitable hospitals in three of the Char Dham's of the state of Uttarakhand. These are at Shri Badrinath Dham, Shri Kedarnath Dham and Gangotri Dham and are fully equipped with ICU facilities with staff trained in dealing with the health problems of high altitude. The vast number of (3) pilgrims visiting these shrines

from all over the world used to suffer because of nonavailability of quality health care and the morbidity and at these shrines was worrying, establishment of Society's hospital at these Dham's brought down the rates by 90%. Presently, 12 charitable hospitals are being run by the Society, out of which 11 are in Uttarakhand and one is in Delhi.

The Society apart from its charitable hospitals is also involved in other philanthropic activities like conducting community medical camps in remote, hilly and difficult to reach areas (during COVID wave also), education activities, making community self-reliant via Swavalamban Abhiyaan and community programmes which encompass five programmes in itself Anaemia Prevention, Control and **Treatment** Programme, Breast and Cervical Cancer Awareness and Screening Programme, Menstrual Hygiene Programme, Community Mental Health Programme and Oral, Head and Neck Cancer Awareness, Screening and Treatment Programme.

The "Nar Sewa Narayan Sewa" motto of the Society has been and will always remain the essence of all our endeavours to serve humanity.



Highlights of the Quarter

Roll Out of Anaemia Prevention, Control and Treatment Programme



Lamp Lighting by Shri Sandeep Singhal, Managing Director, UJVN Limited



Shri Sandeep Singhal addressing the audience

- The inauguration was attended by the gram Pradhans of the selected 6-gram panchayats, ASHA and Anganwadi workers and supervisors, Vanvasi Kalyan Ashram functionaries and Doctors and staff of Dharmawala hospital.
- Addressing the gathering, Shri Sandeep Singhal, extended his best wishes for the success of the programme and expressed hope for more such cooperation in future. Words will fall short to describe the stature of Shri Sandeep Singhal Ji, a multifaceted personality decorated with Uttarakhand Ratna and many more such achievements. The presence of such a dignitary increased our enthusiasm manifold.
- Chairperson of the event Dr. Pramod Sharma thanked & expressed his gratitude to all the guests. All the guests were then welcomed and felicitated by the doctors of the hospital. The function ended with a vote of thanks addressed by Dr Tarashree.

- SVHM Society with the support from UJVN Limited rolled out Anaemia Prevention, Control and Treatment Programme under their social outreach intervention.
- A formal inauguration was held on the 9th of October in the esteemed presence of the Managing Director UJVNL Shri Sandeep Singhal; Director Operations Shri Puroshottam Singh; General Manager Shri Vivek Atreya; Medical Director Dharmawala hospital Dr. Pramod Sharma and Secretary, SVHM Society Dr. Anuj Singhal.
- The programme being implemented in tribal dominated villages aims to reach about 20,000 beneficiaries. Under this programme, free haemoglobin test of all children aged between 6 months to 5 years and women of all age groups will be done by house-to-house visits along with iron and vitamin C supplementation to Anaemic beneficiaries free of cost. Deworming with Albendazole will also be done along with focussed individual / group counselling related to nutrition and hygiene.



Vote of thanks by Dr Tarashree Singhal



Highlights of the Quarter

Anaemia Prevention, Control and Treatment Programme



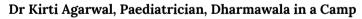


16th October, Village: Tiparpur

17th October, Village: Shahpur

Paediatric Camp for Anaemia Programme Beneficiaries







Programme Beneficiaries



Awareness Session



Haemoglobin Test Underway



Highlights of the Quarter

Ultrasound Camp at Uttarkashi Hospital

Total Ultrasound: 199





Camp Snippets

Monthly Free Eye Camp at Pipalkoti Hospital





Post Op-Care at Haridwar

- A total of 61 beneficiaries were examined in these free eye camps, out of which 23 were found to be suffering from cataract and needed surgery.
- It is noteworthy that along with the free surgery of all these 23 patients, the onward and return travel from Pipalkoti to Haridwar, stay and food arrangements were also completely free.

Surgery Camps at Narayankoti and Pipalkoti Hospitals Total Surgery: 22





Dr. Hamidi, Dr. Kapil Tyagi, and Dr. Rahul from Yatharth Hospital, Noida provided their voluntary services.



Highlights of the Quarter

Inauguration of Soft Tissue Laser Machine in Dental Department



Inauguration by Pujya Swami Prem Vivekanand Ji

- 27th October, Dharmawala: This modern and latest dental equipment, sponsored by Sadhana Kendra Ashram, Dumet, was inaugurated with holy rituals by Pujya Swami Prem Vivekanand Ji, Sadhana Kendra Ashram, Dumet.
- This soft tissue laser machine will help in reducing bleeding in several dental procedures.
- Pujya Swamiji extended his good wishes and blessings on the occasion as well as enlightened us with his wisdom that if we will give due respect to our equipment, then even they will also help and support us always.

"Vanyatra" of Agra City Committee Members of Akhil Bharatiya Vanvasi Kalyan Ashram

- 18th November, Dharmawala: A 22-member delegation of the Agra City Committee of Akhil Bharatiya Vanvasi Kalyan Ashram visited Dharmawala hospital as part of their "Vanyatra" tour program. While welcoming the guests, Dr. Anuj and Dr. Tarashree briefed them about the charitable work being done by the Society.
- The delegation then for a night stay, headed towards the tribal village of Jhadowala, where they were welcomed according to the traditional customs & rituals of the Bauxa community.



Committee Members

Anorectal Camp by Padma Shri Prof. Dr Manoranjan Sahu & Dr Vinod Gupta



- 16, 17 December, Dharmawala: A special Anorectal diseases camp was held at Dharmawala hospital which had the invaluable services of Padma Shri Prof Dr. Manoranjan Sahu, former Dean, Ayurveda Faculty, IMS - BHU, Varanasi and former Director, AIIA, New Delhi and who is known for his contributions to the field of Shalya Tantra.
- Renowned Ayurveda Surgeon (anorectal diseases) Dr. Vinod Gupta who has been giving his indispensable services for last 5 years at Dharmawala on a regular basis also contributed in making this camp a success.
- Complex surgeries like fistula, piles, fissure, post-delivery piles in women, anal stricture etc. were conducted in this camp.



Highlights of the Quarter

"Dr Anuj and Dr Tarashree felicitated by Himalayan Sanskriti Sabhyata and Sanatani Samagam festival



- Dr. Anuj Singhal, Secretary SVHM Society and Dr. Tarashree Singhal, Senior Sonologist of Dharmawala Hospital were felicitated in a Himalayan Sanskriti Sabhyata and Sanatani Samagam Utsav programme organised by Indian Institute of Development and Education, Kaliram Foundation and Society for Mission 4G Plus (Cow, Ganga, Village and Gayatri) at Dehradun.
 - Presenting the award, the Secretary of the Society, famous Gau Katha reciter Sant Shri Gopal Mani Ji lauded them for their invaluable contributions in the field of health.

"Inauguration of Eye and Physiotherapy Department at Barkot Hospital"



- The Society always strives to expand the services in its hospitals and under this, the Society started a new chapter by providing the facility of physiotherapy and starting eye OPD in its Barkot Hospital located on Yamunotri Road.
- Physiotherapy facility will be available on the first week of every month and eye camp will be held on the first and third Thursday of every month. With the introduction of both these facilities, it has become extremely convenient for the local folk as they no longer have to travel far for this.



"Ambulance donated by Rotary Club to Delhi Hospital"



Rotary Club Members handing the keys of Ambulance to our staff

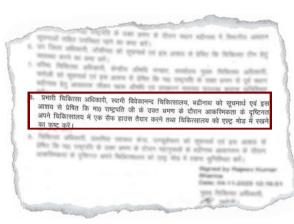
- 19th November, Delhi: As part of their charitable service, the Rotary Club donated an ambulance to the Society's hospital in Karol Bagh, Delhi.
- On this occasion, Rotary Club President Shri Rajiv Gupta and other Rotary Club members were present and handed over the keys of the ambulance to our Delhi Hospital Manager Shri Rajiv Pathak.



Medical Camp



Char Dham Services







Shri Badrinath Dham Hospital

A moment of privilege; Shri Badrinath hospital was identified & remained in an alert mode in view of any emergency as a SAFE HOUSE during the visit of Hon'ble President of India Smt. Droupadi Murmu to Shri Badrinath Dham shrine.

Statistics

Header	Registration		Emergency		X Ray		Lab Test	
Duration	Total Patients seen in this Quarter	Total patients seen in this entire Yatra season		Total Emergencies in this entire Yatra season	Ouarter	Total X Ray done in this entire Yatra season	Total Lab Test done in this Quarter	Total Lab Test done in this entire Yatra season
Shri Kedarnath Dham (Till 15th November)	22,496	1,16,181	4,809	20,663	719	1,376	510	3,481
Shri Badrinath Dham (Till 9th November)	4,931	29,507	353	1,705	92	755	939	9,264
Gangotri Dham (Till 10th November)	2,178	15,031	276	2,098	87	281	311	1,621
Total	29,605	1,60,719	5,438	24,466	898	2,412	1,760	14,366

Other Free Services





The platter of free services at our Dham hospitals apart from critical healthcare services includes provision of blankets, providing warmth by means of heaters and bonfires, raincoats, slippers as well as hot tea and biscuits. In this quarter a total of 342 blankets and 286 pairs of slippers were distributed.



Char Dham Services

Success Stories (Few of them)



· Sanjay, a resident of Pune, who was on a visit to Shri Kedarnath Dham, brought his son who was suffering from shortness of breath. His son was immediately attended, provided treatment and was stabilized.

Overwhelmed by the prompt treatment and affectionate care, Mr. Sanjay praised the hospital and the facilities, expressed gratitude and was also surprised to experience quality health care at such a high altitude.

https://voutu.be/UnmmoQgvvC8?si=kX-XhDtbjYxtsfvk

Shri Kedarnath Dham hospital

- Ms. Meena, a resident of Kolkata was brought to Shri Kedarnath Dham hospital in an injured condition by her friend. She fractured her right hand as a result of a fall during the journey.
- She was given a plaster slab after consultation with an Orthopaedician and was discharged after stabilizing.
- While narrating her plight and touched by the treatment given, Ms. Meena became emotional and wept while praising the services provided by the hospital.

https://voutu.be/5G2WAMEeh88

To listen





Shri Kedarnath Dham hospital

- Mr. Prakash, a resident of Coimbatore came to our Shri Kedarnath Dham hospital in an injured condition. He fractured his left hand as a result of a fall during the journey.
- He was given a plaster slab after consultation with an Orthopaedician and was discharged after stabilizing.
- Mr. Prakash was also overwhelmed by the treatment & care and heaped praises for the hospital and facilities.



To listen Patient's Feedback

- Mr. Babu Singh, 72, a resident of Surat, suddenly developed health problems due to extreme cold conditions and was brought to our hospital by his son.
- Mr. Singh was immediately attended, treated and stabilized.
- Having lost hope of completing the Chardham Yatra, Mr Singh resumed his pilgrimage and gave full credit and praise to our hospital and staff for his recovery and wellness.

https://youtu.be/HxzQ67Zx9Sk

To listen Patient's Feedback



<u> https://youtu.be/qcju9q0CEeY?si=_rMyh3j6BdXjyZnV</u>

Gangotri Dham hospital



Special Visits



2 October, Pipalkoti: Shri Govind Mahant Ji, Akhil Bharatiya Sangathan Mantri, Vidya Bharati; Shri Bhuvan Ji, Prantiya Sangathan Mantri, Vidya Bharati; Shri Vinod Ji, Seh Prant Nirikshak, Uttarakhand and Shri Murlidhar Chandola Ji, Sam Bhag Nirikshak, Chamoli appreciated the facilities of the hospital.



3 October, Shri Badrinath Dham: Shri A Gopal Krishna Ji (Akhil Bharatiya Sanjyojak, Seema Jagran Manch)



10 October, Dharmawala: Pujya Shri Atul Krishna Bhardwaj Ji (Ram Katha Vachak)



12 October, Shri Badrinath Dham; 13 October, Pipalkoti: Shri Dinesh Semwal Ji (Prant Karyawah, RSS)



19 December, Petshal: Shri Narendra Ji (Seh Prant Baudhik Pramukh, RSS)



Spine Surgery Camp
"Spine Surgery Camp in collaboration with The Spine Foundation (Mumbai) and HOPE Foundation (Dehradun)"



Programme Inauguration with Lamp Lighting Ceremony



Dr Shekhar Y. Bhojraj being felicitated by Dr V V Prasad



Dr Satish Agarwal, President, HOPE Foundation addressing the audience

18 November, Dharmawala: A total of 7 complex spine surgeries were performed in the camp by Dr. Shekhar Y. Bhoiraj, Sr. Spine Surgeon and Trustee of The Spine Foundation and his team. HOPE Foundation contributed for the camp through their philanthropic gesture



- Out of 7 surgeries done, one was of a Scoliosis patient, which happened to be the first surgery of its kind in Uttarakhand.
- For this surgery, a special type of neuro-monitoring equipment was needed which had to be outsourced specially for this procedure.
- Normally, the cost of such surgery amounts to 10 to 15 lakh rupees, which was done totally free in our hospital with support of HOPE Foundation, Dehradun.



Fortnightly Urology Camps





Dharmawala: A total of 51 surgeries were successfully performed during the quarter by the dedicated team of Urologists. In one such camp a complex surgery called "Lap Ureteric Re-implantation Surgery", in which a cut ureter (a tubular structure transporting urine from the kidney to the urinary bladder) was connected to the urinary bladder was done. Such complex and highly expensive surgery which is available only in tertiary care hospitals was done totally free of cost at Dharmawala hospital. (12)



Doctors who offered their voluntary services in

Sunday's Multidisciplinary Camps of Dharmawala & Haridwar

Plastic Surgeon

• Dr Swaroop Singh Gambhir

Oncologist

• Dr Anshika Arora

Urologist

- Dr Prashant Jain
- Dr Prashant Lavania
- Dr Vikas Bansal
- Dr Devpriya Mitra
- Dr Arvind Tiwari
- Dr Ashutosh Kumar
- Dr Kunwar Vishal Singh

Nephrologist

Dr Anil Bhatt

Neurosurgeon

- Dr Aditya Varshney
- Dr Sharad Pandey
- Dr Gaurav Dhakre
- Dr Tarunesh Sharma

Spine Surgeon

- Dr Shekhar Y. Bhojraj
- Dr Tarush Rustagi
- Dr Tausif Ahmed Shikalgar
- Dr Rahul Awasthi
- Dr Shashi Bhushan

Orthopaedic Surgeon

- Dr A K Jain
- Dr Sarvesh Pandey
- Dr Naveen Agrohi

General Physician

- Dr S K Bakshi
- Dr Ashok Sharma
- Dr Harish Reddy

Neurologist

• Dr Mukesh Kumar Jha

Dentist

- Dr Manish Kumar
- Dr Usha Bisht
- Dr Pramalpreet Kaur

Dermatologist

• Dr Rahul Ahar

ENT Surgeon

• Dr S P Singh

Psychiatrist

• Dr Taniya Garg

Ayurvedic Physician

 Dr Ashok Kumar Sharma

Dharmawala¹

5 Camps 2279 51 Beneficiaries Surgery (Uro)



8 Camps 1165 3 Beneficiaries Surgery



Haridwar



Multidisciplinary Camps (Uttarkashi) Beneficiaries: 368



Dr Aditya Kotha, Nephrologist, Kanpur



Dr C. P. S. Chauhan, Radiologist, Delhi



Dr Kiran Rawat, Physiotherapist, Rishikesh



Dr Anil Bhatt, Nephrologist, Noida



Dr Deepak Kumar Jain, Cardiologist, Noida



Dr Shipra Prajapati, Nephrologist, Delhi



Dr Nakul Kumar Upadhyay, Dermatologist, Bulandshahr



Dr Krishna Dev Shakya, General Physician, Delhi



Dr Abhijeet Singh, Orthopaedic Surgeon, Ghaziabad



Dr Vandana, ENT Surgeon, Ghaziabad

Multidisciplinary Camps (Delhi) Camps: 19 Beneficiaries: 330



Dr Sarvesh Pandey, Orthopaedic Surgeon, RML, Delhi



Dr Sharad Pandey, Neurosurgeon, RML, Delhi



Dr Nilesh R Jadhav, Neurologist, Max Saket, Delhi



Dr Gunjan Malhotra, Gynaecologist, Army Hospital, Delhi



Dr Abhinav Pandey, Orthopaedic Surgeon, RML, Delhi



Dr Shalu Gupta, Paediatrician, Lady Hardinge Medical College, Delhi Lady Hardinge Medical College, Delhi



Dr Motilal Negi, General Physician,



Dr Manasi N Deshmukh, Dermatologist, Apollo, Delhi



Dr Manoj Gaur, Cardiologist, Max Saket, Delhi



Dr Abhishek Rastogi, Orthopaedic Surgeon, RML, Delhi



Dr Abhijit Saha, Paediatrician, Kalawati Saran Children's Hospital, Delhi



Community Medical Camps Conducted By Society Hospitals

6,278 Beneficiaries





350 Sewa Basti, Delhi



Kalgoth, Pipalkoti



Palla, Pipalkoti



Nagthat, Dharmawala



Srikalkhal, Uttarkashi



Fegu, Narayankoti



Bhagirathi School, Haridwar



Chamuva, Petshal



Dental Awareness Camp Tunalka, Barkot



Community Programmes Community Health Projects

Community Health Projects My Pad (Menstrual Hygiene) Programme

Villages Reached: 176 (80% of our beneficiaries hail from Bauxa and Jaunsari tribes)

Total	Since the Beginning	This Quarter
Beneficiaries	8,265	2,720
Packets Distributed (6 pads in a packet)	39,348 (2,36,088)	7,200

With our intervention approximately 3500 females are regularly using Sanitary Pads and are following menstrual hygienic practices.



Follow Up Visits and Counselling Sessions

"Anaemia Prevention, Control and Treatment Programme"



- Total House Visits: 2105
 - Haemoglobin test: 1686
 - Found Anaemic: 1058 (63%)
 - Under Treatment: 890 (84%)
 - Follow up Visits: 1932



Weekly Bal Gokulam in SVHM Hospitals (Inculcating Hindu Sanskar)



Uttarkashi



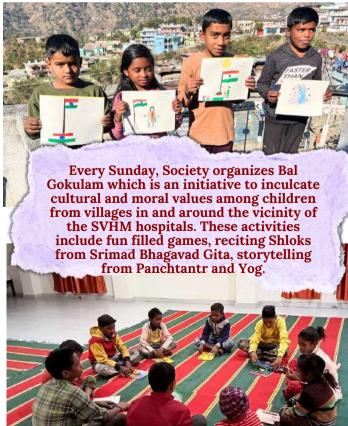
Haridwar



Narayankoti



Dharmawala





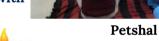


"Vijayadashami"



• Vijayadashami festival was celebrated with full joy, gaiety and rituals in all hospitals of the Society.

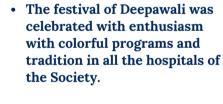
• The programme began with the veneration of sacred "Bhagwa Dwaj" followed by Shastr Puja, Ekal Geet and Amrit Vachan. The programme concluded with delectable refreshments and Prasad distribution.

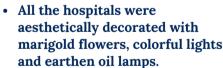


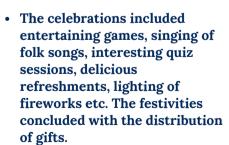


"Deepawali"

Uttarkashi









Petshal



Haridwar



(18)

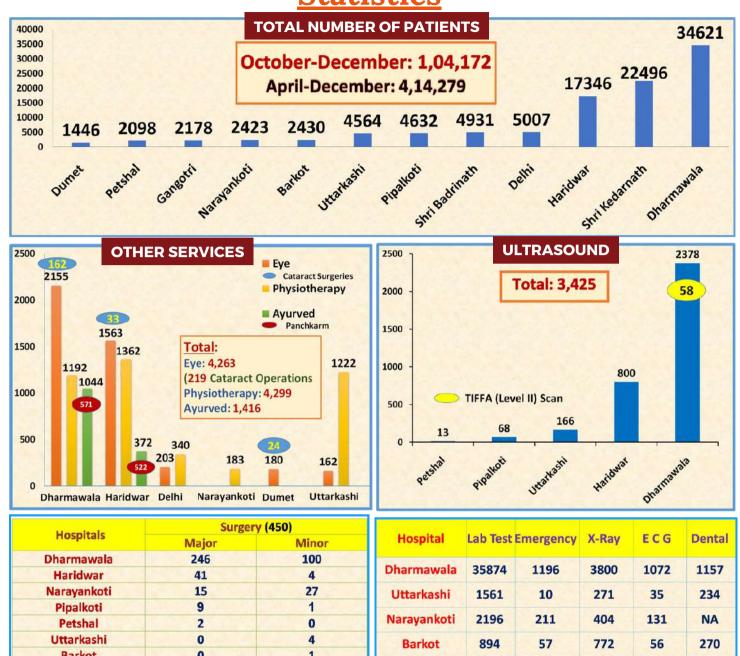
Dharmawala

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Gangotri Dham Delhi Shri Badrinath Dham



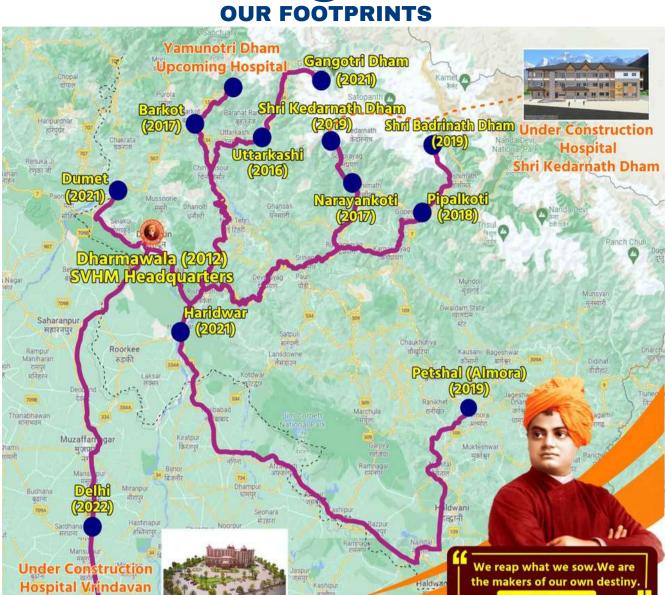


	SURGERIES INCLUDI	E: GENERAL, GYNAE,	URO, SPINE, ENT,
	Total	313	137
L	Darkot	U	1

Facilities	Dharmawala	Haridwar	Tota
C T Scan	952	NA	952
Uroflowmetry	128	22	150
Endoscopy	78	NA	78
Audiometry	17	NA	17
Spirometry	76	36	112
ЕСНО	127	NA	127

Hospital	Lab Test	Emergency	X-Ray	ECG	Dental
Dharmawala	35874	1196	3800	1072	1157
Uttarkashi	1561	10	271	35	234
Narayankoti	2196	211	404	131	NA
Barkot	894	57	772	56	270
Pipalkoti	2563	176	260	77	68
Shri Badrinath	939	353	92	62	NA
Petshal	1145	72	259	26	309
Shri Kedarnath	510	4809	719	379	NA
Haridwar	11340	357	697	636	2010
Gangotri	311	276	87	12	NA
Delhi	1696	103	142	32	443
Dumet	703	NA	NA	NA	1013
Total	59,732	7,620	7,503	2,518	5,504

1,04,172 450 7,620 7,503 3,425 59,732 Registration Surgery Emergency X Ray Ultrasound Lab Test



सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामयाः

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Domestic Donations

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Mission Society

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IFSC Code: SBIN0010626

Foreign Donations

Swami Vivekanand Health

Mission Society

A/c No. - 00000040181017724

IFSC Code-SBIN0000691

MICR - 110002087

Swift Code-SBININBB104

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-Swami Vivekanand



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