

Landmark Achievement



Spine Surgeries



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Content



The quarter witnessed a deluge of patients in our hospitals with seasonal illnesses and diseases displaying a big upsurge and overstretching the entire healthcare system. Such situations always bring out the best of the SVHM Society's team of dedicated and devoted professionals who worked relentlessly and tirelessly to cater and serve the community and provide them with utmost care and solace.

Achievements yet again took the centre stage in this quarter with the Spine department of Dharmawala hospital reaching the remarkable landmark of completing 100 surgeries since inception. Another watershed moment which also incidentally is the first for the State of Uttarakhand was equipping Shri Kedarnath Dham hospital with a unique Handheld Battery Operated X ray System. This Handheld X ray Device, weighing a mere 2.4 kg, functions as a DSLR camera and facilitates easy and quick X ray of the patients who cannot be moved / mobilized /are bedridden etc. Also the results can be viewed immediately on the spot.

The commencement of Ultrasonography facility in Uttarkashi hospital was another grandeur accomplishment which fulfilled a long standing unmet need of the local populace. True to their genre, Society responded promptly to attend to the flood affected victims of Delhi by holding free medical camps in their areas and sites. The Society provided medical check-up, medicaments and much needed relief to the needy and distraught folk residing in the makeshift camps. Another such intervention was serving the devotees of "Kanwar Yatra", an annual pilgrimage of devotees of Shiva during the Shravan month of Hindu calendar. The Society provided quality healthcare with mobile medical units as well as by organising camps on the routes of the Yatra.

Voluntary Doctors kept on providing their charitable services to the Char Dham hospitals in this quarter too and the Society left no stone unturned in ensuring the best of health care services to the pilgrims.

Society celebrations basket of the quarter included foundation day celebrations of Dharmawala, Petshal and Barkot, festivals of Guru Purnima, Guru Dakshina and Raksha Bandhan and Independence Day. All the celebrations were awashed with joy, ebullience and gaiety.

Dr V V Prasad, Sr Ayurved Consultant, Dharmawala Hospital was accorded with lifetime achievement award, conferred by Maganbhai Adenwala Medical University, Nadiad, Gujarat.

As we head towards another quarter, achievements will keep rolling and the motto of the Society will continue to bloom unabated.



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Editorial and Designing Team

Dr Tarashree Singhal Dr Deepak Sinha Mrs Swati Nair

Our Footprints





form of a small dispensary at Dharmawala, a tribal Society, out of which 11 are in Uttarakhand and one is in Delhi. dominated village, situated 40 km from Dehradun, Uttarakhand and bordering the states of Himachal Pradesh The Society apart from its charitable hospitals is also involved and Uttar Pradesh.

The self-belief of the Society to provide quality health care to the deprived, tribes, pilgrims and needy along with strong willed approach led to establishment of more hospitals in phases as well as the up gradation of the small dispensary of Dharmawala to a full-fledged multi-specialty hospital.

The Society with its vision and mission as the guiding principles also established charitable hospitals in three of the Char Dham's of the state of Uttarakhand. These are at Programme. Shri Badrinath Dham, Shri Kedarnath Dham and Gangotri Dham and are fully equipped with ICU facilities with staff The vast number of pilgrims visiting these shrines

Founded in the year 2012 by a group of young Doctors and from all over the world used to suffer because of non-some philanthropists, Swami Vivekanand Health Mission availability of quality health care and the morbidity and Society is continuing its mission of providing high quality mortality at these shrines was worrying, the establishment of charitable health care to mankind. The Society started its Society's hospital at these Dham's brought down the rates by journey by establishing their first charitable project in the 90%. Presently, 12 charitable hospitals are being run by the

> in other philanthropic activities like conducting community medical camps in remote, hilly and difficult to reach areas (during COVID wave also), education activities, making community self-reliant via Swavalamban Abhiyaan and community health programmes which encompass programmes in itself (Anaemia Prevention, Control Treatment Programme, Breast and Cervical Cancer Awareness and Screening Programme, Menstrual Hygiene Programme, Community Mental Health Programme and Oral, Head and Neck Cancer Awareness, Screening and

The "Nar Sewa Narayan Sewa" motto of the Society has been trained in dealing with the health problems of high altitude. and will always remain the essence of all our endeavours to serve humanity.





100+ Spine Surgeries - Removing Myths of Spine Surgery Dharmawala

An amazing landmark which even beats the bigger centres dealing in spine ailments!

Surgeries: 100 + and counting

Patients Treated: 1500 + and counting

Spine has always been the backbone of a healthy human body, an indispensable and multi functional pillar of stability. Spinal injuries and disorders can be a crippling and painful source of disability often affecting young breadwinners who get laid off work for days on end, causing distress to the entire family. An early and accurate diagnosis coupled with prompt and precise treatment can prevent much agony and preempt loss of many man hours.

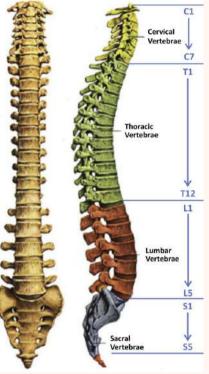
Diagnostic and treatment modalities of spinal ailments are technology and implant driven, involve high costs thus becoming unaffordable to a large section of society.



Spine department began functioning from Feb 2022 onwards at Dharmawala hospital under Dr Tejasvi Agarwal and first spinal surgery was performed on 26th of Feb 2022. Any Spine surgery usually costs a minimum of Rs 1-1.5 lakhs and above, ironically which is unaffordable to the majority of our country. Remarkably the average cost of one spine surgery at Dharmawala hospital is approximately Rs 30,000 only which makes the facility affordable and accessible.



In the year 2022, the Society also partnered with "The Spine Foundation of Mumbai under the leadership of Dr Shekhar Y Bhojraj. The Spine Foundation is a pioneer in providing rural spine care throughout India, which makes our hospital also a Rural Spine Care Centre.







The Spine Foundation in coordination with HOPE Foundation Dehradun has been conducting free camps at SVCH Dharmawala and benefitted poor and underprivileged persons.

To make it more accessible to the unaffordable population the health workers of the Society hospitals were taught about all the "red flags" related to spinal ailments which made a huge difference in the outlook. Also these healthcare workers helped in spreading awareness about spinal care and removing myths related to spinal treatment which has been prevalent in the community since long.

Health for the people is the health of the nation and with this belief we hope that we will be able to provide quality spine care to all, especially the unaffordable.





National Doctor's Day Celebrations





The chief guests of the occasion were an elite senior Doctors team of Dr Ganga Ram, Dr R R Sukul and Dr B K Singh who after their voluntary services in Shri Badrinath Dham hospital had a brief stopover on their way back. From Dharmawala hospital, Dr V V Prasad and Dr Tarashree Singhal welcomed the visiting dignitaries and felicitated them with Memento.

5th Foundation Day Celebrations



The event was graced by Dr. R. C. Pant, CMO, Almora along with Shri Pramod Kumar Pant, Principal of Govt. Inter College Petshal and Shri Inder Mohan Ji, Vibhag Pracharak, RSS. Also present were the village Pradhans of the area along with several other dignitaries and staff of the facility.

Sensor Based Fully Automatic Dental Chair



An advanced and latest sensor based fully automatic Dental Chair of Gnatus company was installed with traditional rituals at the Dental department of Dharmawala hospital.

The Chair will further enhance the spectrum of dental procedures.

Along with the Chair a portable handheld X- Ray unit was also set up. Equipped with latest technology the department is providing a complete range of dental procedures.



Inauguration of Radio Visio Graphy (RVG) Machine





A new RadioVisioGraphy (RVG) imaging system was inaugurated in the Dental Department of Maharishi Bhrigu Charitable Hospital, Uttarkashi amidst full rituals and observance. The occasion was graced by Pujya Swami Divyanand Ji Maharaj of Sadhu Samaj Uttarkashi and the staff of the hospital.

Inauguration of Bal Gokulam Programme





Bal Gokulam, an initiative of inculcating cultural values by means of fun filled games and storytelling along with practicing Yog in young children was ceremonially inaugurated at Uttarkashi hospital. The event saw children participating with full enthusiasm and excitement in affectionate care of the hospital staff.

Collaboration with Special Centre for Disaster Research, JNU





Society collaborated with Special Centre for Disaster Research (SCDR), JNU, New Delhi under which their 3rd semester Masters students were deputed to Haridwar hospital for 4 weeks internship to study the role of NGOs in making disaster resilient systems. The students presented their study findings in a workshop chaired by Lt Col (Retd) Dr Praveen Kumar Reddy, Director Haridwar Hospital.





Lifetime Achievement Award



Dr V V Prasad, MD & PhD., Ayurvedic Plant Medicine, Senior Ayurved Consultant, Dharmawala Hospital and Ex Director, Rashtriya Ayurveda Vidyapeeth, Ministry of AYUSH, GoI received a prestigious lifetime achievement award in a glittering function. The award was conferred by Maganbhai Adenwala Medical University, Nadiad, Gujarat.

Society's Quarterly Review Meeting

14th - 16th September - Dharmawala



Evaluation is essential for quality improvement of any institution as it helps assess the effectiveness of their efforts, identify potential issues, and modify their plans accordingly. The Society organised the 2nd quarterly meeting of this year at Dharmawala in which the hospital managers actively participated, presented their reports and deliberated and devised measures for furtherance.



A Giant Leap Forward by Society: Handheld Battery Operated X ray System

19th September - Shri Kedarnath Dham





In a major breakthrough and a first for the State of Uttarakhand, Society equipped its Shri Kedarnath Dham Hospital with a unique Handheld Battery Operated X ray System.

This innovative device is proving to be a boon for the Emergency Intensive Care Patients/IPD Patients/ Trauma Cases/ Geriatric patients, immobilized patients etc. who cannot be moved/shifted/ are bedridden for radiological investigations.

The device which weighs a mere 2.4 kg, uses DR technology and functions as a DSLR camera thus facilitating quick and easy X ray of the patients

Importantly the results are available immediately which can be viewed on the spot for the benefit of the treating Doctor.

The simple operating mechanism of the device makes it a feasible and worthy option.

Notably in a short span of just 10 days of the equipment installation, a total of 292 X-rays have been done till 30th of September.



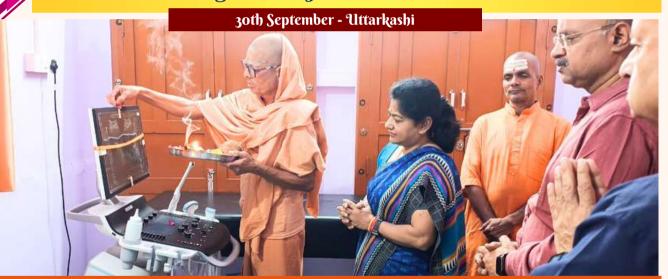
6th Foundation Day Celebrations





The main dignitaries who graced the joyous occasion included Shri Jaipal Singh Ji, Vibhag Sanghchalak, RSS, Dr Pramod Sharma, CTVS Surgeon, Dharmawala hospital and his wife Mrs. Manisha Sharma.

Inauguration of Ultrasound Machine



It was another historic moment for Uttarkashi hospital when with the auspicious blessing of "Maa Ganga" an Ultrasonography machine was inaugurated among rituals in the pious presence of Saints, DM of Uttarkashi Shri Abhishek Ruhela Ji, CMO Dr R C S Panwar along with Dr Anuj and Dr Tarashree and several other dignitaries.







The USG Machine has been donated by the team effort of friends of SVHM Society from Gorakhpur under the leadership of Dr Vikrant Agarwal and overall motivation of Swami Bodhanand Ji Maharaj.







The celebration commenced with "Hawan" replete with Mantras and Shlokas which reverberated in the premises



Other festivities included cultural events like Solo and Group Songs and Garhwali Folk Dance performance



Dr Anuj Singhal, Society's Secretary presented 11 years journey of Society & Dharmawala hospital





Dr Tejasvi Agarwal, Spine Surgeon was felicitated for the remarkable feat of having conducted 103 Spine Surgeries in a span of just one and half years



Vote of Thanks by Mr. Arvind Dhiman



Bal Gokulam children chanted Deep Jyoti Mantra and received "Prasadam" from Swami Prem Vivekanand Ji Maharaj



Mr. Rohit Agarwal, Accounts Head received the "Best Employee Award"

Char Dham Services



6th July Shri Badrinath Dham



Shri Rajkumar Mathale Ji, Akhil Bharatiya Seh Sewa Pramukh; Shri Jagsish Ji, Kshetra Pracharak Pramukh, RSS and Shri Rahul Ji, Jila Pracaharak, RSS

10th Sept. Shri Badrinath Dham



Shri Venkata Koteswara Rao Ji, All India Joint General Secretary and Shri Sohan Solanki, Kshetra Sangathan Mantri, VHP

Statistics

O smotostos					
July - September 2023	Total Registration	Y Pay		Total Lab Test	
Shri Kedarnath Dham	37,942	6583	401	1,462	
Shri Badrinath Dham	12,669	626	265	4,960	
Gangotri Dham	5,186	639	108	672	
TOTAL	55,797	7,848	774	7,094	

Other Free Services

Thousands of pilgrims were served free biscuits and hot tea

1655 Blankets

The platter of free services at our Dham hospitals apart from critical healthcare services includes provision of blankets, providing warmth by means of heaters and bonfires, raincoats, slippers as well as hot tea and biscuits.







Char Dham Services



"Voluntary Services of Doctors at Shri Badrinath Dham"

The zeal to serve humanity and to realize their philanthropic goals brought these wonderful human beings to our Dham hospitals bereft of any ambition for purse or fame. These noble souls served the devotees with full dedication, expertise and adroitness and left with the yearning desire to return again next year to serve and be a flag bearer of our motto of "Nar Sewa Narayan Sewa"



A compassionate appeal in public domains by the SVHM Society for imparting voluntary services in our Char Dham hospitals was met with tremendous response with abundance of Doctors lining up to realize the philanthropist in them. The Society is buoyed by this response and hopes to repeat this feat next year too.



Dr Shalu Gupta, MD-Paediatrics Director & Prof. LHMC, Delhi (1st - 14th July)



Dr Avinash Sunthalia, MD-Medicine MoHFW, Delhi (1st - 14th July)



Dr Gaurav Rajwanshi, MD-Emergency Medicine AIIMS, Delhi (13th - 20th July)



Dr Satyendra Singh Meena, MD-Emergency Medicine AIIMS Delhi, (13th - 20th July)



Dr Saurabh Mangla, MBBS Army Hospital, Vadodara, (16th - 29th July)



Dr Veena Agrawal, DOMS - Ophthalmologist District Hospital Korba, C.G., (16th - 29th July)



Dr Abhishek Yadav, MD-Radiation Oncology Maulana Azad Medical College, Delhi (25th July - 8th August)



Dr Rahul Bhaskar, MBBS Dr. Ram Manohar Lohia Hospital, Delhi (11th - 26th August)

Char Dham Hospitals



Success Stories (Few of them)



An elderly couple from Pune was brought to Shri Kedarnath Dham hospital in an injured condition. The injuries were due to a fall en route to Shri Kedarnath Dham. The couple were treated for injuries and then stabilized. Overwhelmed by the treatment and affectionate care provided by the hospital, the couple became emotional and were in tears while thanking and praising the services.

To listen

Patient's experience

https://www.youtube.com/watch?v=fjjxkkHf9fU

Shri Kedarnath Dham

A 27 year old female pilgrim from Assam en route to the shrine fell unconscious about 1 km before reaching the temple. As soon as the Shri Kedarnath Dham hospital team heard the incident, they rushed to the site with necessary equipment. The pilgrim was fully drenched and her oxygen level was 45 – 50%, sensing the need for immediate attention, hospital staff Mr. Dhanveer carried the patient on his back for about 100 – 150 meters to the hospital. The patient was speedily attended to and necessary treatment was done. Due to the blessing of Baba Kedarnath, the patient fully recovered and was discharged



Shri Kedarnath Dham



A 49 years old local resident of Shri Badrinath Dham presented in our hospital with severe pain and inability to move his right shoulder. X ray revealed dislocation of right shoulder, which was reduced under local anaesthesia and then immobilized. The patient was then discharged.

To listen

Patient's experience

https://www.youtube.com/watch?v=VAkO1olrGVc

Shri Badrinath Dham

A 57 years old male pilgrim injured his right shoulder as a result of a fall sustained while enroute to the Gangotri Dham. He was brought in great pain and discomfort to our Gangotri Dham hospital, where his X-ray revealed a fracture of the neck of right humerus. The patient was then stabilized, given a POP slab and discharged with advice to consult an Orthopaedician.

To listen

Patient's experience

https://www.youtube.com/watch?v=qE5vsEuhztc



Gangotri Dham

Special Visits



Dr Shailendra Ji, Prant Pracharak, Uttarakhand, RSS and other functionaries along with Doctors of Dharmawala hospital



CSR visit: New India Assurance, Dehradun team of Shri Dharam Vir Jund Ji (Chief Regional Manager) with team members Shri Rajveer Ji and Shri Ankur Ji



Shri Rajkumar Ji, Akhil Bhartiya Sah Sewa Pramukh and Shri Jagdish Ji, Kshetra Pracharak Pramukh, RSS



Dr Venkatesh, CEO Fortis Hospital, Chennai; Dr Saraswathy Thangarajoo, Head of Nursing, University Malaysia Sarawak, Malaysia and team.



Professors Dr K.P.S. Kushwaha, Dr L B Yadav and Dr Arun, Plant Pathology Dept & Mushroom Farming Specialists, Govind Ballabh Pant University, Pantnagar



Shri Venkata Koteswara Rao Ji, All India Joint General Secretary and Shri Sohan Solanki, Kshetra Sangathan Mantri, Vishwa Hindu Parishad



Shri Vijay Rao Ji, Prant Pracharak, Sewa Bharti, Gujarat

26th & 27th Aug.

Urology Camp

Dharmawala



CARES programme by NZUSI (North Zone Urological Society Of India) in association with UKUS (Uttarakhand Urological Society) and collaboration with SVHM Society









The camp was inaugurated in the presence of Dr Amlesh Seth, Head of Urology Dept., AIIMS Delhi by Dr Vijay Bora, President, NZUSI; Dr Kamaljeet Singh, Hon'ble Secretary, NZUSI; Dr Shailendra Goel, Hon'ble Treasurer, NZUSI and Dr Sanjay Goyal, Founder President, UKUS. Other distinguished guests were Dr Pankaj Gaur and Dr Atul Khandelwal, Urologists. Also during the programme a monetary contribution along with OT equipment received by Dr C B Verma, Sr. Anesthetist, Dharmawala as donation was presented to the SVHM Society.

Petshal

Surgery Camps

Surgeries: 8







Dr Ajay Agarwal, Laparoscopic Surgeon and Dr Manoranjan Pant, Anaesthetist along with the Petshal hospital team

Doctors who offered their voluntary services in our



Sunday's Multidisciplinary Camps (Dharmawala & Haridwar)

Heart & Lung Transplant Surgeon

• Dr Rahul Chandola

Cardiologist

• Dr Mahendra Kumar

Urologist

- Dr Prashant Jain
- Dr Prashant Lavania
- Dr Pradeep Deb
- Dr Vikas Bansal
- Dr Devpriya Mitra
- Dr Ashutosh Kumar Singh

Oncologist

• Dr Anshika Arora

Dharmawala Dr S P Singh

Neurosurgeon

- Dr Arvind Mamgain
- Dr Mayank Agarwal
- Dr Sachin Goel
- Dr Gaurav Dhakre

Neurologist

- Dr Aditya Varshney
- Dr Mukesh Kumar Jha
- Dr Sorabh Gupta

Orthopaedic Surgeon

- Dr A K Jain
- Dr Naveen Agrohi
- Dr Priyank Aggarwal

ENT Surgeon

- Dr Deepti Dogra
- Dr S P Singh

General Surgeon

- Dr Sandeep Bansal
- Dr Abhay Kumar

Dentist

- Dr Manish Kumar
- Dr Usha Bisht

Dermatologist

- Dr Yatinder Nagyan
- Dr Ashok Kumar Sharma
- Dr Rahul Ahar

Ophthalmologist

• Dr Veena Agrawal

Psychiatrist

- Dr J P Narayan
- Dr Sagar Lavania

General Physician

• Dr S K Bakshi

Ayurvedic Physician

• Dr Ashok Kumar Sharma

Camps: 5

Surgeries: 73 (Uro)

Beneficiaries: 3067

Camps: 9

Beneficiaries: 1,794



Delhi

Multidisciplinary Camps



Camps: 13



Dr Sarvesh Pandey, Orthopaedic Surgeon, RML, Delhi



Dr Mansi N Deshmukh, Dermatologist, Apollo, Delhi



Dr Nilesh R Jadhav, Neurologist, Max Saket, Delhi



Dr Gunjan Malhotra, Gynaecologist, Army Hospital (R&R), Delhi



Dr Yash Dixit, Orthopaedic Surgeon, RML Delhi



Dr Motilal Negi, General Physician, RML Delhi



Dr Kailash Tamariya, Paediatrician, AIIMS Delhi



Dr Manoj Gaur, Cardiologist, Max Saket, Delhi



Dr Shivani Tripathi, Gynaecologist, Safdarjung Hospital, Delhi



Dr Abhijeet Saha, Paediatrician, Kalawati Saran Children's Hospital, Delhi



Community Medical Camps

State of the state

Kanwar Sewa Camps at

Delhi & Haridwar

4,181 Beneficiaries

26 Camps

Serving the pilgrims is embedded in the Mission statement of the SVHM Society. The Society abiding to the same came forward and held medical camps on the routes of the auspicious and arduous "Kanwar Yatra". The lakhs of devotees, who trek long distances largely barefooted often require support for their medical needs. Society contributed by providing medical treatment, medicaments and other healthcare facilities.

The Kanwar Yatra is an annual pilgrimage, during which of lakhs of devotees of Shiva, known as" Kanvarias" carry sacred water from the holy river Ganga and other holy rivers on their shoulders for hundreds of miles to offer it in their local Shiva shrines, or specific temples during the Hindu Shravan month





Community Programmes



Community Health Projects

My Pad - Menstrual Hygiene Programme

Villages Reached: 176

(80% of our beneficiaries hail from Bauxa and Jaunsari tribes)

Total	Since Start	This Quarter	
Beneficiaries	5,545	1,253	
Packets distributed	32,148	6,481	

With our intervention approximately 2500 females are regularly using Sanitary Pads and are following menstrual hygienic practices.



Follow Up Visits and **Counselling Sessions**

10th Aug.

Breast & Cervical Cancer Awareness Session

Society regularly conducts awareness sessions on Menstrual Hygiene and **Breast and Cervical Cancer Screening and Prevention** which are taken by Dr Tarashree Singhal (Dharmawala Hospital).

Participants: 40 Free Suraksha Sanitary Pad Packets distributed to all

Kunja



Free Pad Packets Distribution



Society regularly organizes Bal Gokulam which is an initiative to inculcate cultural and moral values among children from villages in and around the vicinity of the SVHM hospitals. These activities include fun filled games, reciting Shloks from Srimad Bhagavad Gita, storytelling from Panchtantr, and Yog.









Celebrations





Mini Marathon organised to mark "Akhand Bharat Sankalp Diwas"



A mini marathon was organised at Dharmawala hospital on 11th August 2023 as a prelude to the 77th Independence Day celebrations. The race which was divided in two categories of age less than 40 years and more than 40 years and having 38 participants brought out the sporting face of the hospital's staff and Doctors.



















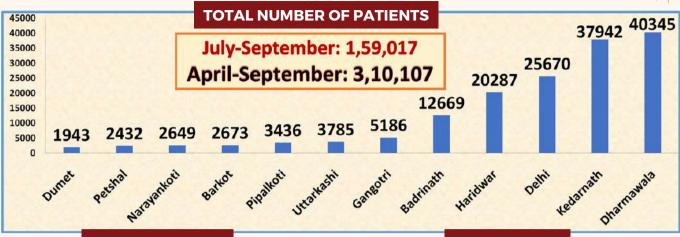


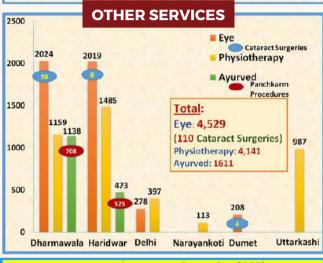


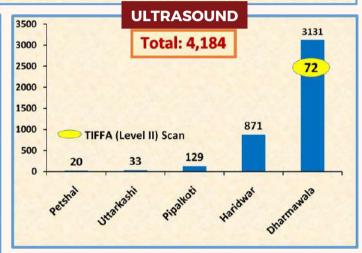


Statistics









Surgeries (465)		
Major	Minor	
260	122	
0	22	
0	7	
7	6	
19	20	
0	2	
286	179	
	260 0 0 7 19	

SURGERIES INCLUDE: GENERAL, GYNAE, URO, SPINE, ENT,
ORTHO, EYE AND MAXILLO-FACIAL

Facilities	Dharmawala	Haridwar	1029
CT Scan	1029	NA	
Uroflowmetry	138	10	148
Endoscopy	156	NA	156
Audiometry	39	NA	39
Spirometry	80	54	134
ECHO	89	NA	89

Hospital	Lab Test	Emergency	X Ray	ECG	Dental
Dharmawala	41831	2110	3891	1278	1394
Uttarkashi	1457	13	284	21	275
Narayankoti	3051	216	501	224	NA
Barkot	2509	95	835	76	323
Pipalkoti	1955	229	271	65	273
Badrinath	4960	626	265	284	NA
Petshal	2261	60	353	45	297
Kedarnath	1462	6583	401	691	NA
Haridwar	15008	579	953	686	2009
Gangotri	672	639	108	17	1058
Delhi	176	NA	129	11	566
Total	76,993	11,150	7,991	3,398	6,195





SWAMI VIVEKANAND HEALTH MISSION SOCIETY

For Domestic Donations

Account details:

Swami Vivekanand Health Mission Society

A/C No: 32584491256 IFSC Code: SBIN0010626

For Foreign Donations

Account details:

Swami Vivekanand Health Mission Society

A/c No. - 00000040181017724 IFSC Code-SBIN0000691 MICR - 110002087

Swift Code-SBININBB104

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सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामयाः

























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