



Swami Vivekanand Health Mission Society, Uttarakhand

MONTHLY NEWSLETTER JANUARY 2022



on the occasion of
159th Swami Vivekanand Jayanti

SVHM Launches its First Annual Calendar

COVID Scenario: 3rd Wave

The Omicron variant of COVID which caused the 3rd wave was less in severity though was more transmissible. Also it failed to affect the normal lifestyle of the community. Yet again rising to the occasion, all the Society hospitals kept fully functional their entire spectrum of services and were treating the patients in OPD and IPD, also diagnostics and surgeries continued as before. The Society made mandatory wearing of double masks and adherence to COVID appropriate behaviour.

Another marked development was commencement of free Rapid Antigen Testing (RAT) facility at Society's Dharmawala hospital thus minimizing the difficulties faced by the suspected patients for getting tested for COVID.

Celebrations

73rd Republic Day



Dharmawala

celebrated at SVHM Hospitals with patriotic fervour and pride



Barkot



Narayankoti



Haridwar



Pipalkoti



Maneri

Petshal

159th Swami Vivekanand Jayanti



Dharmawala



Haridwar



Petshal



Narayankoti



Barkot



Maneri



Pipalkoti

On this auspicious occasion, the Society published its first yearly calendar for 2022, thus marking a new chapter in the charitable journey of Swami Vivekanand Health Mission Society. The 13 page picturesque calendar has photographs of all of the Society hospitals as well as of the religious pilgrimages where these hospitals are located or are en route. The facilities available at our hospitals also find mention in this calendar thus making it more informative and useful. Also the calendar is adorned with inspirational quotes of Swami Vivekanand.

Your Rs. 1100/calendar can transform the life of someone. Please click on the link below to know more and to donate and receive a copy

To View <https://svhmuk.in/svhm-societys-calendar/>

Special Events



10th Jan: Health Education Session at Seva Prakalp Sansthan, Vikasnagar
 Seva Prakalp Sansthan is a NGO working for tribals in areas of education, sports, health, self-reliance activities etc.

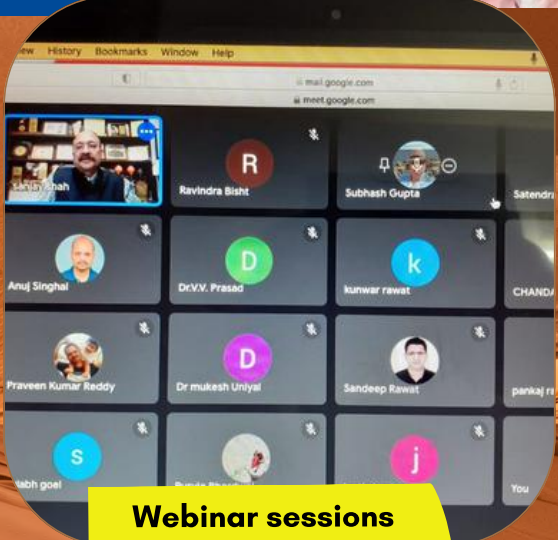
An orientation session on **Menstrual Hygiene and Breast and Cervical Cancer awareness** was taken by **Dr. Tarashree Singhal (Sr. Sonologist, Dharmawala Hospital)** for the Seva Prakalp Sansthan Teachers.

These community level teachers impart basic education, promote sports and fraternity among the kids in their localities as well as teach moral values. Another important task done by these teachers is providing first aid and health education in the community.



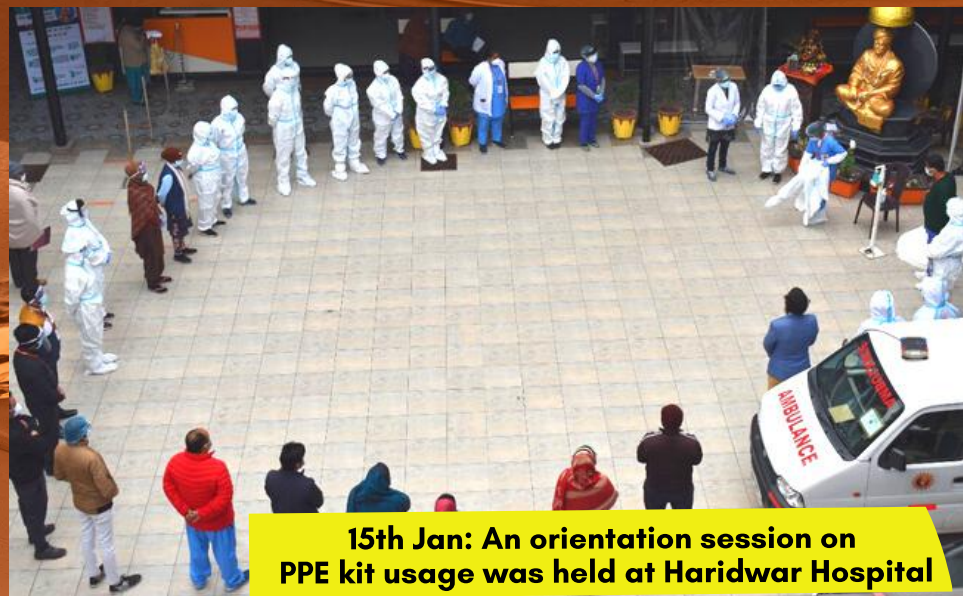
Number participants: 287

Women Health Education Session



Webinar sessions

10th & 21st Jan:
 Two informative webinar sessions for SVHM Doctors on the topics of **"Diabetes Mellitus"** & **"How to approach a case of fever?"** were taken by **Dr. Sanjay Shah, Senior Physician at Haridwar Hospital.**



15th Jan: An orientation session on PPE kit usage was held at Haridwar Hospital

23rd Jan: Annual Day Celebrations, Haridwar Hospital.

The festivities began with a ceremonial havan followed by dignitaries paying rich tributes to Swami Vivekanand by garlanding his statue. A documentary showcasing the one year journey, achievements and accomplishments of the hospital was then shown followed by speeches by the distinguished guests. Everyone lauded the quality health care and facilities being offered by the hospital.



Chief guest: Swami Kailashanand Giri ji Maharaj.
Distinguished guest: Shri Yudhveer Singh Ji (Prant Pracharak, RSS Uttarakhand).
Special guest: Shri Vakil Sharma Ji (Sanghchalak, RSS Haridwar)

First Annual Day Celebrations

A documentary was launched on the annual day
 to view the documentary <https://youtu.be/gen6JOvokiw>
 To view recording of the annual day event https://fb.watch/aY_Snf7AcT/

Special Event

Community Interaction Drive

Barkot

Dates of Visit:

1st, 2nd, 3rd and 6th Jan

Villages covered:

10

Families contacted:

695

Feedback about the hospital facilities:

Very Good: 185 (27%)

Good: 338 (49%)

Average: 148 (21%)

Unsatisfactory: 24 (3%)

Knew about the hospital:

695 (100%)



1st Jan: Gaul Village



1st Jan: Syalab Village



1st Jan: Kursil Village



2nd Jan: Upradi Village



6th Jan: Danda Village

Maneri

Dates of Visit:

1st, 2nd, 3rd, 4th, 7th, 8th & 9th

Villages covered:

10

Families contacted:

456

Feedback about the hospital facilities:

Very Good: 236(52%)

Good: 162 (36%)

Average: 58 (13%)

Unsatisfactory: NIL (0)

Knew about the hospital:

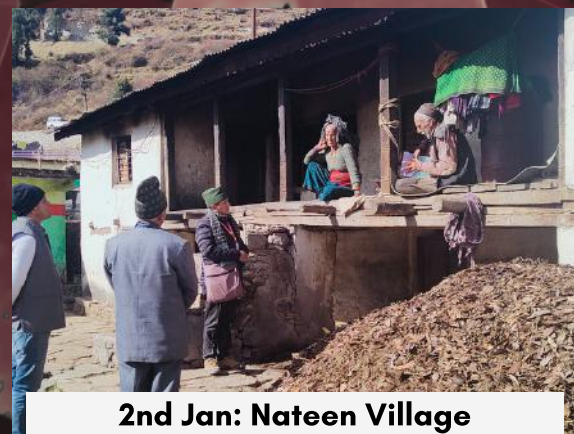
456 (100%)



1st Jan: Barshu Village



2nd Jan: Raithal Village



2nd Jan: Nateen Village



3rd Jan: Gaurshali Village



9th Jan: Netala Village

Special Event

Community Interaction Drive

Pipalkoti

Dates of Visit:
3rd, 4th, 5th, 7th, 10th,
13th and 15th
Villages covered:
12
Families contacted:
650
**Feedback about the
hospital facilities:**
Very Good: 76 (12%)
Good: 328 (50%)
Average: 143 (22%)
Unsatisfactory: 35 (5%)
No View: 68 (10%)
**Knew about the
hospital:**
636 (98%)



3rd Jan: Pankhi Village



3rd Jan: Tandi Village



10th Jan: Raitoli Village



15th Jan: Karcho Village



5th Jan: Sainji Vyara Village

Narayankoti

Dates of Visit:
1st, 2nd, 3rd, 4th, 6th,
7th & 11th
Villages covered:
14
Families contacted:
516
**Feedback about the
hospital facilities:**
Very Good: 258(50%)
Good: 117(23%)
Average: 95(18%)
Unsatisfactory: 11(2%)
No View: 35(7%)
**Knew about the
hospital:**
512(99%)



1st Jan: Triyuginarayan Village



2nd Jan: Rudrapur Village



3rd Jan: Lamgondi Village



4th Jan: Dewali Bhanigram Village



4th Jan: Devar Village

Special Event



Community Interaction Drive

Petshal

Dates of Visit:
1st, 2nd, 3rd, 4th, 5th and 6th

Villages covered:
13

Families contacted:
211

Feedback about the hospital facilities:
Very Good: 85 (40%)
Good: 57 (27%)
Average: 22 (10%)
Unsatisfactory: 2 (1%)
No View: 45 (21%)

Knew about the hospital:
173 (82%)



1st Jan: Kalon Village



2nd Jan: Mehragaon Village



3rd Jan: Bhanoli Village



3rd Jan: Sheraghat Village



2nd Jan: Bamanswal Village

Haridwar

Dates of Visit:
2nd, 3rd and 4th

Villages covered:
10

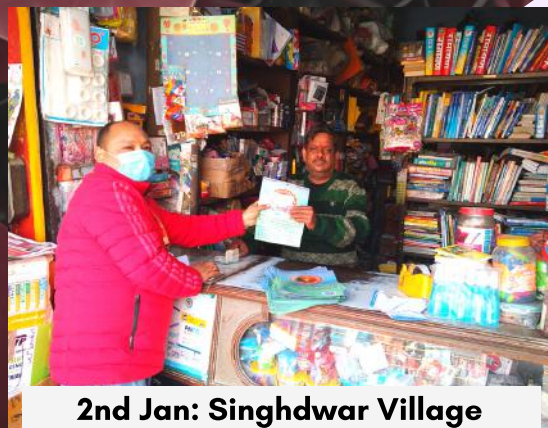
Families contacted:
765

Feedback about the hospital facilities:
Very Good: 188 (25%)
Good: 273 (36%)
Average: 289 (38%)
Unsatisfactory: NIL (0)
No View: 15 (2%)

Knew about the hospital:
731 (96%)



2nd Jan: Jagjeetpur Village



2nd Jan: Singhdwar Village



2nd Jan: Khannager Village



3rd Jan: Panjanheri Village



4th Jan: Ranimajra Village

Community Health Projects

COMMUNITY MEDICAL CAMPS

Pipalkoti

Camps: 4
Beneficiaries: 393

Venturing into the hard to reach areas



4th Jan: Pakhi Village

15th Jan: Karcho Village



13th Jan: Lanjhi, Pokhni and Hyuda Villages



Providing

medical care to the needy and underprivileged population

Braving the odds of treacherous hilly terrain, slippery roads covered with snow and obstacles at multiple places, our team of dedicated professionals carrying the logistics and medicines, literally endangered their lives in reaching the venue.

19th Jan: Cheenka Village



Community Health Projects

Narayankoti

Camp: 1

Beneficiaries: 75

COMMUNITY MEDICAL CAMPS



5th Jan: Augustmuni Village



COMMUNITY WOMEN HEALTH PROJECT

- **House Visits: 225**
- **Person contacted: 396**
- **Total enrolled beneficiaries: 880**

★ Anaemia Prevention and Control Program ★

● Regular Follow Up

- Number of persons contacted : 275
- Taking medicines
 - Regular: 226 (82.2%)
 - Not Regular: 47 (17.1%)
 - Drop Out: 2 (0.7%)
- Follow Up after 5 months of treatment
 - Number of beneficiaries contacted : 111
 - Blood Hb Test done: 111
 - Hb: Reached Normal level: 64
 - Same as before: 38
 - Decreased: 9 (Referred)



FOLLOW UP VISIT AND COUNSELLING



REPEAT HB FOLLOW UP

MY PAD BENEFICIARY



BREAST AND CERVICAL CANCER PROGRAM - FOLLOW UP VISIT

★ My Pad (Menstrual Hygiene Program) ★

- Total number of females contacted: 103
- Number of females undergone repeat counselling sessions: 103
- Number of beneficiaries: 12
- Pads distributed: 24

★ Breast and Cervical Cancer awareness and screening program ★

- Contacted: 53
- Number of females undergone repeat counselling sessions: 53
- Screening done: 5

COMMUNITY MENTAL HEALTH PROJECT

- **House Visits: 176**
- **Person contacted: 495**
- **Suspected Patients: 60**
- **Confirmed Patients : 11**

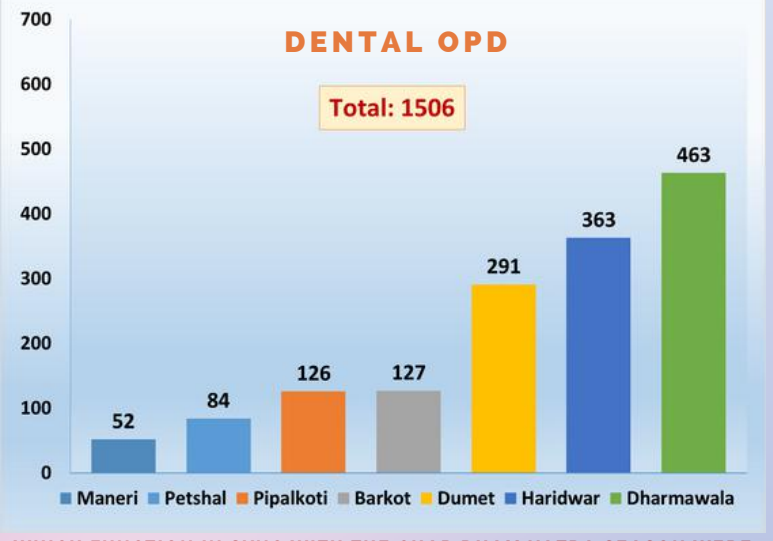
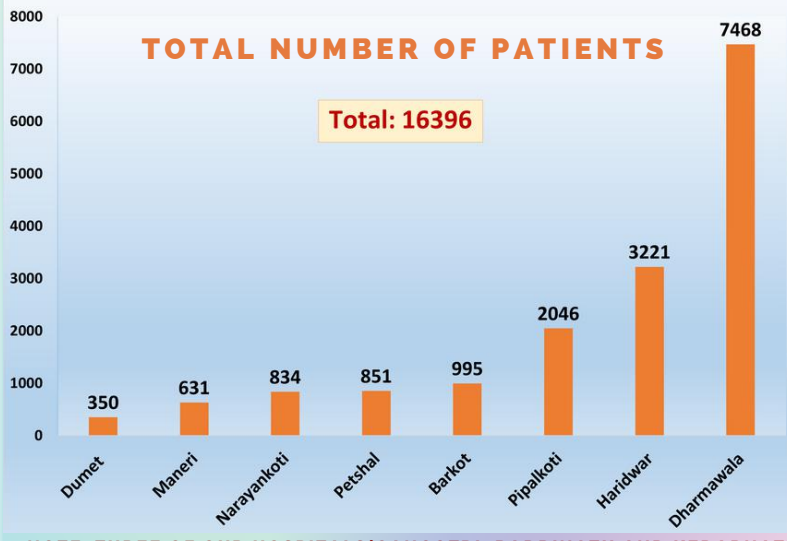
Psychiatry OPD (Tele Consultation)



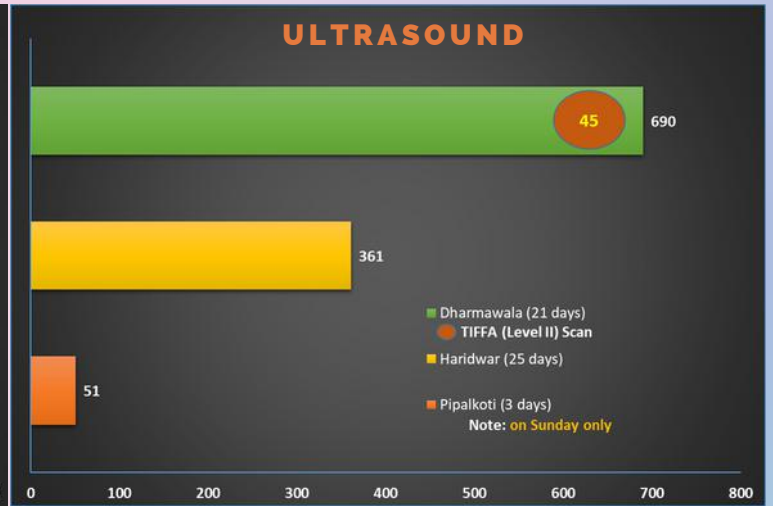
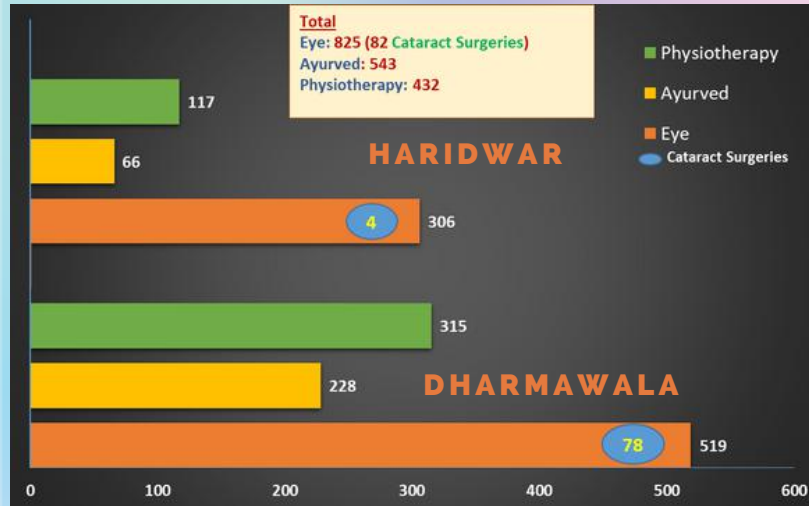
Psychiatry patients seen in daily OPD (Video consultation): **67**

ONGOING VIDEO CONSULTATION IN IPD WITH PROF. DR. SAGAR LAVANIA, SR. PSYCHIATRIST, AGRA COORDINATED BY OUR PSYCHOLOGIST DR. SHALINI.

STATISTICS



NOTE: THREE OF OUR HOSPITALS(GANGOTRI, BADRINATH AND KEDARNATH), WHICH FUNCTION IN SYNC WITH THE CHAR DHAM YATRA SEASON WERE FUNCTIONAL FOR OCTOBER AND NOVEMBER MONTHS ONLY AS THE CHAR DHAM YATRA WAS SUSPENDED



FACILITIES AVAILABLE ONLY AT DHARMAWALA AND HARIDWAR

USG FACILITY IS AVAILABLE AT DHARMAWALA, HARIDWAR AND PIPALKOTI HOSPITALS ONLY. TIFFA (LEVEL II) SCAN AVAILABLE ONLY AT DHARMAWALA HOSPITAL.

Hospital	Surgeries (121)	
	Major	Minor
Dharmawala	63	26
Narayankoti	0	7
Barkot	0	16
Haridwar	7	2
Total	70	51

SURGERIES INCLUDE: GENERAL, URO, ENT, ORTHO, MAXILLO-FACIAL AND EYE

CT Scan	234
Endoscopy	27
ECHO	25
Uroflowmetry	21
Audiometry	9
Panchkarm (Ayurved)	4
Psychological Counselling	654
Lifestyle diseases	363
Mental Health (Screening, Counselling & Psychotherapeutic sessions)	135
Pre & Post Operative	156

NOTE: THE ABOVE MENTIONED FACILITIES ARE AVAILABLE ONLY AT DHARMAWALA HOSPITAL

Hospital	Lab Test	Emergency	X Ray	ECG	Plaster
Dharmawala	6245	180	945	316	51
Maneri	64	1	19	0	2
Narayankoti	852	52	173	94	14
Barkot	503	5	249	0	49
Pipalkoti	702	45	129	69	17
Petshal	482	25	104	2	19
Haridwar	2106	94	220	144	22
Total	10954	402	1839	625	174



SWAMI VIVEKANAND HEALTH MISSION SOCIETY, UTTARAKHAND

For Domestic Donations

Account details:

Swami Vivekanand Health Mission Society

A/C No: 32584491256

IFSC Code: SBIN0010626

Branch Name: CST Herbertpur, Dehradun



to serve more



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All donations are tax-exempted under section 80G of the Income Tax Act, 1961.



Dharmawala, Dehradun



Maneri, Gangotri Marg



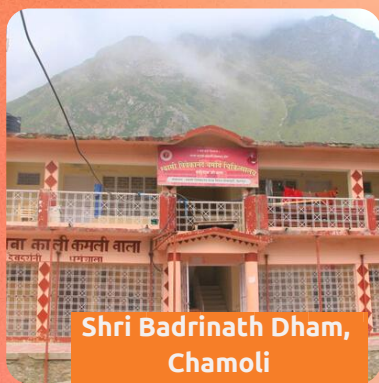
Narayankoti, Kedarnath Marg



Barkot, Yamunotri Marg



Pipalkoti, Badrinath Marg



Shri Badrinath Dham, Chamoli



Petshal, Jageshwar Dham Marg



Shri Kedarnath Dham, Rudraprayag



Haridwar



Gangotri Dham, Uttarkashi



Sadhana Kendra Ashram, Dumet, Dehradun

“Do not lower your goals to the level of your abilities. Instead, raise your abilities to the height of your goals.”
-Swami Vivekanand.